

1993 CLASS L CHAMPIONS

PINKERTON ACADEMY

BOYS INDOOR TRACK



PINKERTON ACADEMY
ALL-TIME INDOOR TRACK RECORDS

<u>EVENT</u>		<u>ATHLETE</u>	<u>MARK</u>	<u>YEAR</u>	<u>YEAR</u>	
55M DASH	School Record	Shane McGuinness	6.6	1993	SR	*
		Ralph Fast	6.6	1992	SR	
		Joe Segreti	6.6	1985	JR	
		Shane McGuinness	6.6	1992	JR	
		Jack Lafleur	6.6	1992	JR	
		Matt Jordan	6.7		SO	
		R. Lord	7.0		FR	
55M HH	School Record	Andy Cignoni	7.6	1992	SR	
		Andy Cignoni	7.7		JR	
		Fareed Rice	8.0		SO	*
		Pat Dixon	8.0		SO	
		Andy Cignoni	8.7		FR	
300M DASH	School Record	Ralph Fast	36.9	1992	SR	
		Matt Jordan	37.4		JR	*
		Pat Dixon	39.6		SO	
		R. Gross	41.5		FR	
600M DASH	School Record	Rick Eaton	1:27.3		SR	
		John Stanley	1:26.6	1993	JR	*
		Bryce Hillman	1:29.8		SO	
		Dave Beattie	1:34.5		FR	*
1000M RUN	School Record	Todd Elliott	2:38.1		SR	
		Todd Elliott	2:35.0	1988	JR	
		Todd Elliott	2:39.2		SO	
		Joel Kress	2:52.3		FR	
1500M RUN	School Record	Gregg Wipf	4:12.3		SR	
		John Stanley	4:09.4	1993	JR	*
		Matt Downin	4:17.5		SO	*
		Mark Blanchard	4:29.9		FR	

TOTAL POINTS 1992-93 CHAMPIONSHIP SEASON

Shane McGuinness	59.8
Jack Lafleur	44.5
Jason Alexander	34.8
John Stanley	111.5
Matt Jordan	99.3
Matt Worster	8
Aaron Smith	63.3
Joe Goss	11.5
Hank Herring	14.5
Bryce Hillman	48.5
Adam Rice	9.75
Matt Downin	68.75
Mark Blanchard	29.5
Joel Kress	23.5
Bill McCarthy	4
Kevin Pinard	3
Jon Alizio	31
Fareed Rice	33.5
Brian Deleon	1
Tom Brown	15
Mike Rabe	34.5
Jim Keefer	11
Chris Graham	0.0
Courtney Harding-Smith	6
Erik Cassily	9
Gorey Heider	5
Matt Folia	1
Don Kirkland	1
Matt Briggs	2

ALL-TIME RECORDS (cont)

<u>EVENT</u>		<u>ATHLETE</u>	<u>MARK</u>	<u>YEAR</u>		
4 X 400M RELAY	School Record	Matt Jordan Adam Rice Bryce Hillman	3:41.8	1993	*	
4 X 160M RELAY	School Record	Matt Jordan Shane McGuinness Jack Lafleur Mike Rabe	1:14.5	1993	*	
4 X 800M RELAY	School Record	Joel Kress Jon Alizio Matt Downin John Stanley	8:24.6	1993	*	
HIGH JUMP	School Record	Peter O'Connell	6'2"	1979	SR	
		David Ham	6'2"	1979	SR	
		Andy Cignoni	6'2"	1992	SR	
		Andy Cignoni	6'2"	1991	JR	
		Aaron Smith	6'2"	1993	JR	*
		Andy Cignoni	5'10"		SO	
		Shawn Thrasher	5'6"		FR	
LONG JUMP	School Record	Brandon Tsestelis	22' 3/4"	1989	SR	
		Matt Jordan	20'5"		JR	
		Matt Jordan	20'3 1/4"		SO	
		Paul Hoitt	16'11 3/4"		FR	
SHOT PUT	State Record	Ryan Mihalko	58'7 1/4"	1987	SR	
		Ryan Mihalko	52'8"		JR	
		Steve Pendak	43'3 1/2"		SO	
		Brian Deleon	39'8 1/2"		FR	

BOYS

654321

N.H. INDOOR TRACK LEAGUE RESULTS

Meet Ex, OR, Pink, Sal, Sp, Timb, West

Date 12/26/92

3000 METERS

1.	Downing, Matt	Pink	9:07.9
2.	Northrup, Mike	OR	9:21.9
3.	Russell, Patrick	OR	9:24.8
4.	Blanchard, Mark	Pink	9:33.8
5.	Ringer, Richard	Sp	9:52.7
6.	Brown, Tom	Pink	9:53.8

55 METER HIGH HURDLES

1.	Lavoie, Mike	Sal	8.1
2.	Smith, Aaron	Pink	8.3
3.	Rice, Faced	Pink	8.4
4.	Stuart, Tom	West	8.5
5.	Libster, Matt	Pink	9.0
6.	Darmicker, George	Sal	9.9

55 METER DASH

1.	Connelly, Curt	Sp	6.7
2.	Jordan, Matt	Pink	6.7
3.	Rice, Mike	Pink	6.8
4.	LaFleur, Jack	Pink	7.0
5.	Kennel, [unclear]	Sp	7.0
6.	Pennett, Debra	Sp	7.1

1500 METERS

1.	Stanley, John	Pink	4:09.4
2.	Sirais, Jason	Sal	4:13.4
3.	Downing, Matt	Pink	4:24.7
4.	Russell, Patrick	OR	4:29.1
5.	Blanchard, Mark	Pink	4:32.9
6.	Alzio, Jan	Pink	4:34.1

1000 METERS

1.	Sirais, Jason	Sal	2:40.0
2.	Kree, Joel	Pink	2:49.8
3.	Wilbur, Randy	Sp	2:50.6
4.	Nazzaro, Phil	OR	2:50.7
5.	Cassidy, Justin	Sal	2:52.2
6.	Keefe, Tim	Pink	2:53.2

600 METERS

1.	Hillman, Bryce	Pink	1:30.8
2.	Goss, Tom	Pink	1:31.1
3.	Sciaccia, Shannon	Timb	1:31.4
3.5	Bourque, Ryan	Sp	1:31.4
5.	Sweetser, Josh	EX	1:32.4
6.	Ringer, Richard	Sp	1:33.7

4 X 160m RELAY

1.	Spaulding	1:18.1
2.	West	1:22.1
3.	Exeter	1:22.4
4.	Salem	1:23.3
5.		
6.		

300 METERS

1.	Connelly, Curt	Sp	37.5
2.	Hill, Geoff	Newm	38.5
3.	McGuinness, Shane	Pink	38.7
4.	Jordan, Matt	Pink	38.8
5.	Roy, Scott	Timb	39.4
6.	LaVeie, Mike	Sal	39.5

4 X 400m RELAY

1.	Pinkerton	3:48.4
2.	Spaulding	3:51.3
3.	Timberlane	3:51.5
4.	Salem	3:57.7
5.	Exeter	4:01.9
6.	West	4:05.0

SHOT PUT

1.	Malises, Barry	Sal	43' 7 3/4"
2.	Asbell, Tim	Sp	39' 10 1/2"
3.	Castonguay, Ben	Ex	39' 10 1/2"
4.	Dennis, Adam	Ex	38' 1/2"
5.	Abraham, Steve	Sal	37' 9"
6.	Kenaly, Shawn	Sp	37' 6"

LONG JUMP

1.	Washington, Lance	Sal	20' 8 1/4"
2.	Jordan, Matt	Pink	20' 3 1/2"
3.	LaFleur, Jack	Pink	19' 8 1/4"
4.	Cole, Jeremy	EX	19' 2"
5.	McGuinness, Shane	Pink	18' 10 1/2"
6.	Graham, Chris	Pink	18' 3"

HIGH JUMP

1.	Washington, Lance	Sal	6' 0"
2.	Alexander, Jason	Pink	6' 0"
3.	Cole, Jeremy	EX	6' 0"
4.	Smith, Aaron	Pink	5' 10"
5.	Fournier, Randy	West	5' 8"
6.	Martin, Chris	Sal	5' 2"

TEAM RESULTS

	POINTS	
1.	Pinkerton	96 1/2
2.	Salem	47 1/2
3.	Spaulding	42 1/2
4.	Exeter	22
5.	Center River	15
6.	West	11
7.	Timberlane	9 1/2
8.	Newmarket	5
9.		
10.		

BOYS Results - January 2, 1993

Event	1st Place	2nd Place	3rd Place	4th Place	5th Place	6th Place
3000m Run	Mark Blanchard Pinkerton 9:34.5	Tom Brown Pinkerton 9:39.5	Scott Mahler Monadnock 9:41.4	Court Harding-Smith Pinkerton 10:17.0	Toby Cotter Memorial 10:22.0	Kyle Schneck Concord 10:23.9
55m Hurdles	Aaron Smith Pinkerton 8.1	David Devir Kearsarge 8.7	Fareed Rice Pinkerton 8.7	Matt Worster Pinkerton 8.7	Tim VanRosenburg Monadnock 9.8	N/A
55m Dash	Aaron Tolson Memorial 6.3	Shane Stafford Concord 6.7	Matt Jordan Pinkerton 6.8	Mike Rabe Pinkerton 6.8	John Pelletier Memorial 6.9	N/A
1000m Run	John Stanley Pinkerton 2:37.5	Matt Downir Pinkerton 2:41.8	Marc Martel Memorial 2:45.0	Jim Keefer Pinkerton 2:50.1	Bill McCarthy Pinkerton 2:54.1	Corey Coll Monadnock 2:55.1
600m Run	Bryce Hillman Pinkerton 1:32.2	Jim Gamache Memorial 1:33.9	Glen Connell Memorial 1:34.0	Hank Herring Pinkerton 1:34.3	Kevin Pinard Pinkerton 1:35.5	Fareed Rice Pinkerton 1:36.2
300m Run	Aaron Tolson Memorial 37.2	John Pelletier Memorial 38.3	Josh Wehrwein Monadnock 39.0	Matt Jordan Pinkerton 39.0	Shane McGuinness Pinkerton 39.7	Jack LeFleur Pinkerton 39.7
1500m Run	John Stanley Pinkerton 4:13.8	Jon Alizio Pinkerton 4:27.0	Matt Houghton Memorial 4:28.7	Erik Cassily Pinkerton 4:34.4	Toby Cotter Memorial 4:39.5	Joel Kress Pinkerton 4:40.8
Mile Relay	Pinkerton 3:47.1	Memorial 3:49.2	Concord 4:03.6	Monadnock 4:08.8		
4x200m Relay	Pinkerton 1:36.8	Memorial 1:38.2	Concord 1:42.9	Monadnock 1:47.6		
Shot Put	Waters Concord 49' 8-1/2"	David Stuhkaar Monadnock 44' 3-1/2"	Dave Walker Memorial 42' 3-1/2"	Mike Mitchell Monadnock 41' 0"	T J Digentamaso Memorial 40' 7"	Baskar Marimutha Concord 39' 10"
Long Jump	Matt Jordan Pinkerton 18' 5-1/2"	Aaron Tolson Memorial 18' 2-1/4"	Jack LeFleur Pinkerton 18' 1-1/4"	Shane McGuinness Pinkerton 18' 1/4"	Shane Stafford Concord 17' 6-3/4"	Lee Stern Memorial 17' 6"
High Jump	David Devir Kearsarge 6' 3"	Aaron Smith Pinkerton 5' 11"	Jay Alexander Pinkerton 5' 5"	Rob Byrnes ** Memorial 5' 5"	Chris Graham ** Pinkerton 5' 5"	Scott Hagland Monadnock 5' 5"

SCORING - 6 - 5 - 4 - 3 - 2 - 1
6 - 4 - 2 - 1 for Relays

** - 4th Place Tie

NH INDOOR TRACK LEAGUE RESULTS

MEET HELD AT PINKERTON ACADEMY

Date: 12 / 17 / 92

Pinkerton Academy Boys / Girls VS. Red/white meet.

✓ 3000 METER [1st running event]

1. John Stanley Red 9:26
2. Tom Brown White 10:37.5
3. Courtney Harding-Smith White 10:39.0
4. _____

4X1 LAP RELAY [8th event]

1. White 1:12.3
2. Red 1:12.4
3. _____
4. _____

✓ 55 METER HIGH HURDLES [2nd event]

1. Aaron Smith White 8.3
2. Fareed Rice Red 8.3
3. Matt Worster White 8.4
4. _____

4X400 METER RELAY [9th event]

1. Red 3:55.7
2. White 3:59.7
3. _____
4. _____

✓ 55 METER DASH [3rd event]

1. Matt Jordan White 6.6
2. Mike Rabe Red 6.9
3. Jack LaFleur White 6.9
4. _____

SHOT PUT [Field event Girls/Boys]

- ✓ 1. Chris Scott White 37'0
2. Brian DeLeon Red 36'6
3. Mike Muise Red 36'4
4. _____

✓ 1000 METER [4th event]

1. Jon Alizio White 2:54.8
2. Joel Kress Red 2:55.4
3. Jim Keefer White 2:58.4
4. _____

LONG JUMP [Field event Boys/Girls]

1. ✓ Matt Jordan White 20'4 1/2"
2. Jack LaFleur White 19'9"
3. Shane McGuinness Red 19'3/4"
4. _____

✓ 600 METER [5th event]

1. Bryce Hillman White 1:35.8
2. Hank Herring Red 1:37
3. Kevin Pinard White 1:39.7
4. _____

✓ HIGH JUMP [Field event Girls/Boys]

1. Aaron Smith White 5'8"
2. Jason Alexander White 5'6"
3. Chris Graham White 5'2"
4. _____

✓ 300 METER [6th event]

1. Shane McGuinness Red 40.8
2. Mike Rabe Red 41.15
3. Adam Rice Red 41.2
4. _____

TEAM RESULTS

1. White 55
2. Red 45
3. _____

1500 METER [7th event]

1. Matt Downin White 4:28.5
2. Mark Blanchard Red 4:34.9
3. Erik Cassily Red 4:51.4
4. _____

6:54 PM - Weight events begin (Girls Shot & High Jump, and Boys' Long Jump first, and then reversed)

7:00 PM - Running events start. Girls to run 1st in all running events.

BOYS

N.H. INDOOR TRACK LEAGUE RESULTS

EX
OR
40 Sat Speed
7:15 West

882-2741

882-1056

Date 12/19/92

Meet BG, Lon, Pink, mv, mem

3000 METERS

1.	Stanley, John	Pink	NR	9:02
2.	Dutton, Paul	Lon		9:32
3.	Blanchard, Mark	Pink		9:42
4.	King, Andy	BG		10:02
5.	Houghton, Matt	Mem		10:05
6.	Cotter, Toby	mem		10:20

300 METERS

1.	Tolson, Aaron	Mem	37.6
2.	Gustavson, Jon	Lon	37.7
3.	Pelletier, John	Mem	38.3
4.	Jordan, Matt	Pink	38.4
5.	Carr, Tom	Lon	38.9
6.	LaFleur, Jack	Pink	39.2

55 METER HIGH HURDLES

1.	Gustavson, Jon	Lon	8.1
2.	Smith, Aaron	Pink	8.2
3.	Fareed, Rice	Pink	8.3
4.	Carr, Tom	Lon	8.5
5.	Di Sousa, Tim	BG	8.7
6.	Worster, Matt	Pink	8.8

4 X 400m RELAY

1.	Londonderry	3:43.6
2.	Pinkerton	3:48.1
3.	Memorial	3:56.1
4.	Bishop Guertin	4:04.1
5.		
6.		

55 METER DASH

1.	Tolson, Aaron	Mem	6.6
2.	Jordan, Matt	Pink	6.7
3.	Dedeus, James	Lon	6.8
4.	Pelletier, John	Mem	6.9
5.	McGuinness, Shane	Pink	7.0
6.	Hawkes, Jeremy	mv	7.0

SHOT PUT

1.	Wheeler, John	Lon	44'8 1/2"
2.	Scanlon, Kevin	Mem	43'9"
3.	DiGiantommas, T.J	Mem	42'0"
4.	LaFoude, Matt	BG	41'8"
5.	Walker, David	Mem	41'7 1/2"
6.	DeLeon, Brian	Pink	37'6"

1500 METERS

1.	Stanley, John	Pink	4:17.1
2.	Downin, Matt	Pink	4:17.5
3.	Dutton, Paul	Lon	4:27.4
4.	Dahlfred, Karl	Lon	4:39.0
5.	Martel, Marc	Mem	4:42.2
6.	Cotter, Toby	Mem	4:42.8

LONG JUMP

1.	Tolson, Aaron	Mem	20'10"
2.	Jordan, Matt	Pink	19'11 1/2"
3.	LaFleur, Jack	Pink	19'9 1/2"
4.	Carr, Tom	Lon	19'9 1/2"
5.	McGuinness, Shane	Pink	19'3 1/2"
6.	Gustavson, Jon	Lon	19'2"

1000 METERS

1.	Rodriguez, Roberto	Lon	2:45.4
2.	Martel, Marc	Mem	2:46.2
3.	Alizio, Jon	Pink	2:48.6
4.	Kress, Joel	Pink	2:50.7
5.	McCarthy, Bill	Pink	2:56.9
6.	Hatch, Dave	Pink	3:01.2

HIGH JUMP

1.	Alexander, Jay	Pink	5'10"
2.	Smith, Aaron	Pink	5'8"
3.	Byrnes, Rob	Mem	5'8"
4.	Donroe, Scott	Lon	5'8"
5.	Shea, Craig	Lon	5'6"
6.	Murphy, Dave	Lon	5'6"

600 METERS

1.	Clark Zach	BG	1:29.2
2.	Wren'tmac, Craig	Lon	1:30.6
3.	Hillman, Bryce	Pink	1:32.0
4.	Gross, Joe	Pink	1:33.3
5.	Herring, Hank	Pink	1:35.1
6.	Pinard, Kevin	Pink	1:35.4

TEAM RESULTS

	POINTS
1.	Pinkerton 96
2.	Londonderry 65
3.	Memorial 59
4.	Bishop Guertin 22
5.	Merrimack Valley 4
6.	
7.	
8.	
9.	
10.	

4 X 160m RELAY

1.	Pinkerton	1:16.3
2.	Bishop Guertin	1:21.9
3.	Memorial	1:22.2
4.	Merrimack Valley	1:23.2
5.		
6.		

NH INDOOR TRACK LEAGUE RESULTS
MEET HELD AT PINKERTON ACADEMY

Date: 1 / 6 / 93

Pinkerton Academy (Boys) / Girls VS. Merrimack

3000 METER [1st running event]

- ✓ 1. Matt Downin PA 9:40.7
2. Tom Brown PA 10:00.2
3. Courtney Harding Smith PA 10:17.0
4. Don Kirkland PA 10:47.9

4X1 LAP RELAY [8th event]

1. Pinkerton 1:10.0
2. Merrimack 1:14.5
3. _____
4. _____

55 METER HIGH HURDLES [2nd event]

- ✓ 1. Claron Smith PA 8.2
2. Farred Rice PA 8.2
3. Surea Morse Merr 8.2
4. _____

4X400 METER RELAY [9th event]

1. Pinkerton 3:50.8
2. Merrimack 3:59.1
3. _____
4. _____

✓ 55 METER DASH [3rd event]

1. Matt Jordan PA 6.7
2. Mike Rabe PA 6.7
3. Shane McGuinness PA 6.8
4. _____

SHOT PUT [Field event Girls/Boys]

1. David Miner Merr 43' 6 1/4"
- ✓ 2. Cory Heider PA 38' 6 1/4"
3. Brian Walsh Merr 36' 9"
4. _____

✓ 1000 METER [4th event]

1. Jon Alizio PA 2:52.2
2. Jim Keefer PA 2:57.8
3. Dan Flynn PA 2:58.2
4. _____

LONG JUMP [Field event Boys/Girls]

- ✓ 1. Matt Jordan PA 20' 6"
2. Shane McGuinness PA 19' 3 3/4"
3. Jack Lafleur PA 19' 3 1/4"
4. _____

✓ 600 METER [5th event]

1. John Stanley Pa 1:29.5
2. Bryce Hillman Pa 1:30.8
3. Sam Epstein Merr 1:32.0
4. _____

HIGH JUMP [Field event Girls/Boys]

1. Jason Alexander PA 6' 0"
2. Aaron Smith PA 5' 10"
3. Chris Graham PA 5' 4"
4. _____

300 METER [6th event]

1. Shane McGuinness PA 39.5
2. Matt Jordan PA 39.5
3. Steve Johnson Merr 41.0
4. _____

TEAM RESULTS

1. Pinkerton 90
2. Merrimack 10
3. _____

1500 METER [7th event]

1. Mark Blanchard PA 4:34.5
2. Eric Cassidy Pa 4:42.2
3. Jim Keefer Pa 4:52.3
4. _____

6:54 PM - Weight events begin (Girls Shot & High Jump, and Boys' Long Jump first, and then reversed)

7:00 PM - Running events start. Girls to run 1st in all running events.

NH INDOOR TRACK LEAGUE RESULTS
MEET HELD AT PINKERTON ACADEMY

Date: 1 / 11 / 93

Pinkerton Academy (Boys / Girls) VS. SALEM AND TIMBERLANE.

✓3000 METER [1st running event]

1.	John Stanley PA	9:09.4
2.	Tom Brown PA	10:07.8
3.	Courtney Harding-Smith PA	10:19.0
4.	Mike Mancuse Salem	10:22.8

4X1 LAP RELAY [8th event]

1.	PA	1:09.7
2.	Salem	1:17.5
3.	Timberlane	
4.		

✓55 METER HIGH HURDLES [2nd event]

1.	Mike Lavioie Salem	8.0
2.	Fareed Rire PA	8.0
3.	Aaron Smith PA	8.4
4.	Ed Robinson Salem	8.6

4X400 METER RELAY [9th event]

1.	PA	3:51.6
2.	Timberlane	3:53.8
3.	Salem	3:58.8
4.		

✓55 METER DASH [3rd event]

1.	Brian Pooth Tim.	6.6
2.	Ed Robinson Salem	6.7
3.	Mike Kabe PA	6.8
3.	Matt Jordan PA	6.8

✓SHOT PUT [Field event Girls/Boys]

1.	Gary Malisios Salem	42'11 1/4"
2.	Steve Abraham Salem	41'6"
3.	Cory Heider PA	37'8 1/4"
4.	Matt Folia PA	37'5"

✓1000 METER [4th event]

1.	Jason Sirois Salem	2:41.8
2.	Jon Alizio PA	2:50.8
3.	Mark Blanchard PA	2:53.0
4.	Justin Casady Salem	2:53.0

✓LONG JUMP [Field event Boys/Girls]

1.	Lance Washington Salem	20'8"
2.	Matt Jordan PA	20'
3.	Jack LaFleur PA	19'5"
4.	Shane McGuinness PA	18'9"

✓600 METER [5th event]

1.	Bryce Hillman PA	1:34.0
2.	Joel Iress PA	1:34.5
3.	Joe Goss PA	1:35.1
4.	Jimi Cochran Timberlane	1:41.0

✓HIGH JUMP [Field event Girls/Boys]

1.	Lance Washington Salem	6'6"
2.	Jason Alexander PA	6'0"
3.	Aaron Smith PA	5'8"
4.	Chris Graham PA	5'6"

300 METER [6th event]

1.	Matt Jordan PA	38.7
2.	Shane McGuinness PA	39.1
3.	Jack LaFleur PA	39.4
4.	Mike Kabe PA	39.5

TEAM RESULTS

1.	Pinkerton	77
2.	Salem	41
3.	Timberlane	8

1500 METER [7th event]

1.	Matt Jordan PA	4:19.4
2.	Jason Sirois Salem	4:26.6
3.	Eric Casady PA	4:42.4
4.	Tim Keefer PA	4:43.4

6:54 PM - Weight events begin (Girls Shot & High Jump, and Boys' Long Jump first, and then reversed)

7:00 PM - Running events start. Girls to run 1st in all running events.

BOYS

N.H. INDOOR TRACK LEAGUE RESULTS

Meets: Ken, Mem, Merr, OR, Pink, Ports, Winn, Som, BB

Date: 1/16/93

3000 METERS

1. Downin, Matt	Pink	9:08.2
2. Northrop, Mike	OR	9:10.9
3. Epstein, Sam	Merr	9:47.4
4. Brown, Tom	Pink	9:56.5
5. Ebert, Dieter	Winn	10:42.5
6. Kirkland, Don	Pink	10:55.1

300 METERS

1. Jordan, Matt	Pink	37.4
2. Tolson, Aaron	Mem	37.6
3. Pellitier, John	Mem	37.9
4. Hill, Geoff	Newm	38.2
5. Alvard, Ben	Ports	39.2
6. McGuinness, Shane	Pink	39.5

55 METER HIGH HURDLES

1. Root, Pete	Merr	7.5
2. Rice, Fareed	Pink	7.9
3. Miner, Dave	Merr	8.0
4. Bourcier, Scott	Ports	8.4
5. Plouff, Jason	Som	8.4
6. Morse, Jared	Merr	8.5

4 X 400m RELAY

1. Pinkerton	3:48.4
2. Memorial	3:49.7
3. Merrimack	3:50.6
4. Oyster River	4:04.0
5. Portsmouth	4:04.5
6. Winnacunnet	4:07.3

55 METER DASH

1. Tolson, Aaron	Mem	6.4
2. Pellitier, John	Mem	6.6
3. Rabe, Mike	Pink	6.7
4. Hill, Geoff	Newm	6.9
5. Alvard, Ben	Ports	6.9
6.		

SHOT PUT

1. Miner, Dave	Merr	46' 11"
2. Scanlon, John	Mem	43' 9 1/4"
3. Leary, John	Winn	43' 0"
4. Walker, John	Mem	42' 9 1/2"
5. Spruce, Derek	Ports	42' 5 1/2"
6. DiGiantomaso, John	Mem	40' 5 3/4"

1500 METERS

1. Stanley, John	Pink	4:13.3
2. Russell, Patrick	OR	4:17.7
3. Northrop, Mike	OR	4:20.8
4. Bourcier, Scott	Ports	4:24.4
5. Blanchard, Mark	Pink	4:25.3
6. Epstein, Sam	Merr	4:27.0

LONG JUMP

1. Root, Pete	Merr	21' 1 1/2"
2. Tolson, Aaron	Mem	20' 5 1/2"
3. Jordan, Matt	Pink	20' 2 1/2"
4. Pellitier, John	Mem	19' 5 1/2"
5. McGuinness, Shane	Pink	19' 5 1/2"
6. Scarborough, Jason	Merr	19' 4 1/2"

1000 METERS

1. Stevens, Chris	Keene	2:44.1
2. Alizio, Jon	Pink	2:45.0
3. Kress, Joel	Pink	2:45.6
4. Sullivan, PT	Winn	2:47.6
5. Keeler, Jim	Pink	2:48.3
6. Cotter, Toby	Mem	2:53.1

HIGH JUMP

1. Cogshell, John	Som	5' 10"
2. Smith, Aaron	Pink	5' 8"
3. Alexander, Jason	Pink	5' 8"
4. Callahan, Mike	Winn	5' 8" > 1/2"
5. Spruce, Derek	Ports	5' 8" > 1/2"
6. Faletta, Tony	Som	5' 6"

600 METERS

1. Stanley, John	Pink	1:26.6
2. Root, Pete	Merr	1:27.9
3. Hillman, Bruce	Pink	1:28.9
4. Bourcier, Scott	Ports	1:29.2
5. Martel, Marc	Mem	1:31.0
6. Ehrman, Greg	Merr	1:31.8

TEAM RESULTS

	POINTS
1. Pinkerton	82
2. Memorial	45
3. Merrimack	39
4. Portsmouth	2 1/2
5. Oyster River	20
6. Winnacunnet	17 1/2
7. Somersworth	13
8. Newmarket	6
9. Keene	6
10.	

4 X 160m RELAY

1. Pinkerton	1:15.8
2. Winnacunnet	1:20.2
3. Somersworth	1:20.5
4. Oyster River	1:27.6
5. Portsmouth	1:28.1
6. Memorial	DQ

BOYS

33-0 - ONLY UNDEFEATED team in state - RESULTS NEXT WEEK
end of regular season

N.H. INDOOR TRACK LEAGUE RESULTS

Meet Alv, BG, Con, Lon, Merr, Nash, Pink, Sal Date 1/22/93

3000 METERS

1.	Downin, Matt	Pink	9:08.4
2.	Silverston, Lionel	Nash	9:27.0
3.	Dutton, Paul	Lon	9:28.3
4.	Blanchard, Mark	Pink	9:34.5
5.	Reed, Bill	Nash	9:36.2
6.	Vanson, Tim	Lon	9:44.0

300 METERS

1.	Gustavson, Jon	Lon	37.2
2.	Falk, Marshall	Nash	38.1
3.	Jordan, Matt	Pink	38.4
4.	McGuinness, Shane	Pink	38.4
5.	Stafford, Shane	Con	39.0
6.	Dedeus, James	Lon	39.2

55 METER HIGH HURDLES

1.	Root, Pete	Merr	7.6
2.	Gustavson, Jon	Lon	7.7
3.	Lavoie, Mike	Sal	7.9
4.	Banks, Justin	Nash	8.0
5.	Rice, Fareed	Pink	8.0
6.	Smith, Aaron	Pink	8.1

4 X 400m RELAY

1.	Bishop Guertin	3:44.9
2.	Pinkerton	3:48.3
3.	Merrimack	3:51.0
4.	Salem	3:54.7
5.	Concord	4:03.9
6.	Nashua	Da

55 METER DASH

1.	Falk, Marshall	Nash	6.7
2.	Jordan, Matt	Pink	6.8
3.	Stafford, Shane	Con	6.8
4.	Rabe, Mike	Pink	6.8
5.	Robinson, Ed	Sal	6.9
6.	Morse, Jared	Merr	6.9

SHOT PUT

1.	Walters, Zack	Con	48' 7 1/2"
2.	Wheeler, Jon	Lon	48'
3.	Miner, Dave	Merr	45' 3"
4.	Milios, Gary	Sal	44' 4 3/4"
5.	Solberg, Eric	Nash	44' 2 1/2"
6.	Bibeau, Craig	Nash	43' 6 3/4"

1500 METERS

1.	Stanley, John	Pink	4:13.1
2.	Sirois, Jason	Sal	4:15.9
3.	Downin, Matt	Pink	4:21.6
4.	Silverston, Lionel	Nash	4:28.6
5.	Pendleton, Brian	Sal	4:30.6
6.	Cassidy, Eric	Pink	4:31.9

LONG JUMP

1.	Washington, Lance	Sal	20' 10"
2.	Root, Pete	Merr	20' 10"
3.	Normandin, Jim	Lon	19' 11 3/4"
4.	McGuinness, Shane	Pink	19' 10"
5.	Scarborough, Jason	Merr	19' 10"
6.	Lefleur, Jack	Pink	19' 8 1/4"

1000 METERS

1.	Sirois, Jason	Sal	2:35.4
2.	Stanley, John	Pink	2:35.6
3.	Rodriguez, Roberto	Lon	2:41.7
4.	Stevens, Chris	Keene	2:42.4
5.	King, Andy	BG	2:45.7
6.	Alizio, Jon	Pink	2:45.9
6	Cassidy, Justin	Sal	2:46.1

HIGH JUMP

1.	Washington, Lance	Sal	6' 8"
2.	Smith, Aaron	Pink	6' 0"
3.	Alexander, Jason	Pink	5' 10"
4.	Markunas	Nash	5' 8"
5.	Graham, Chris	Pink	5' 8"
6.	Smith, Brook	Alv	5' 8"

600 METERS

1.	Wrentmore, Craig	Lon	1:27.5
2.	Hillman, Bryce	Pink	1:28.0
3.	Clark, Zach	BG	1:28.7
4.	Ehrman, Greg	Merr	1:31.8
5.	Walton, Kurt	Lon	1:32.0
6.	Herring, Ben	Nash	1:32.3

TEAM RESULTS

POINTS

1.	Pinkerton	76
2.	Londonderry	43
3.	Salem	38
4.	Nashua	34
5.	Merrimack	29
6.	Concord	15
7.	Bishop Guertin	15
8.	Alvirne	1
9.		
10.		

4 X 160m RELAY

1.	Pinkerton	1:16.2
2.	Londonderry	1:16.9
3.	Merrimack	1:18.6
4.	Nashua	1:19.6
5.	Bishop Guertin	1:20.4
6.	Concord	1:21.3

15073

D-8-6-4-2-1

1993 N.H. WINTER TRACK LEAGUE — RELAY CARNIVAL

2.5 1.5
2 1

SHOT PUT RELAY				LONG JUMP RELAY			
1. Memorial	131' 1/4"	4. Salem	123' 8 3/4"	1. Pinkerton	58' 2 3/4"	4. Bishop Guertin	57' 9 1/4" 0.5
2. Nashua	129' 9 1/2"	5. Londonderry	123' 3/4"	2. Central	58' 2 1/2"	5. Merrimack	56' 9 1/2" 0.25
3. Concord	125' 5"	6. Trinity	120' 9 1/4"	3. Londonderry	57' 10 1/4"	6. Alvirne	56' 3"

HIGH JUMP RELAY				4 X 800 METER RELAY			
1. Somersworth	17' 4"	4. Pinkerton	16' 8"	* 1. Londonderry	8:21.2	4. Merrimack	8:38.0
2. Central	17' 2"	5. Monadnock	16' 6"	2. Pinkerton	8:24.6	5. Spaulding	8:40.5
3. Londonderry	16' 10" tie	6. Salem	16' 6"	3. Oyster River	8:32.4	6. Nashua	8:43.0

SHUTTLE HURDLES				SHUTTLE DASH			
* 1. Nashua	31.9	4. Londonderry	34.4	* 1. Central	26.7	4. Londonderry	27.4
2. Pinkerton	32.9	5. Central	36.1	2. Pinkerton	26.9	5. Concord	27.6
3. Salem	34.3	6. Exeter	37.0	3. Spaulding	27.1	6. Nashua	27.6 } tie

DISTANCE MEDLEY RELAY				4 X 1 LAP RELAY			
* 1. Pinkerton	10:56.8	4. Salem	11:21.3	1. Central	1:16.4	4. Merrimack	1:17.8
2. Oyster River	11:06.5	5. Londonderry	11:27.0	2. Londonderry	1:16.7	5. Winnacunnet	1:19.2
3. Nashua	11:06.7	6. Spaulding	11:34.2	3. Pinkerton	1:16.8	6. Monadnock	1:19.8

4 X 400 METER RELAY					
* 1. Londonderry	3:36.3	3. Pinkerton	3:41.8	5. Spaulding	3:45.7
2. Nashua	3:40.4	4. Merrimack	3:44.4	6. Alvirne	3:46.6

TEAM SCORES

1. Pinkerton	60	7. Oyster River	14	13. Winnacunnet	2	19. _____
2. Londonderry	52	8. Spaulding	11	14. Alvirne	2	20. _____
3. Central	38	9. Somersworth	10	15. Trinity	1	21. _____
4. Nashua	3 1/2	10. Memorial	10	16. Monadnock	1	22. _____
5. Salem	15 1/2	11. Concord	7 1/2	17. Exeter	1	23. _____
6. Merrimack	14	12. Bishop Guertin	4	18. _____		24. _____

* Indicates new record

LONG JUMP, MEN FINAL RESULTS

1. LANCE WASHINGTON (SALEM) 22-01.5*; 2. PETE ROOT (MERRIMACK) 21-06.5*; 3. TSUYOSHI TAKEHARA (ALVIRNE) 21-05.0*; 4. DAMON GRAY (NASHUA) 21-03.25*; 5. JIM NORMANDIN (LONDONDERRY) 21-02.75*; 6. AARON TOLSON (MEMORIAL) 20-10.0;

SHOT PUT, MEN FINAL RESULTS

1. LANCE ROSA-MIRANDA (DOVER) 50-03.0; 2. JON WHEELER (LONDONDERRY) 49-08.25; 3. ZACK WATERS (CONCORD) 49-01.75; 4. DAVE MINER (MERRIMACK) 48-07.0; 5. ERIK SOLBERG (NASHUA) 46-11.5; 6. KEVIN SCANLON (MEMORIAL) 46-08.0;

HIGH JUMP, MEN FINAL RESULTS

1. LANCE WASHINGTON (SALEM) 6-07.0**; 2. TUNJI AWOJOBI (TRINITY) 6-04.0*; 3. AARON SMITH (PINKERTON) 6-02.0; 3. DAVID DEVIR (KEARSARGE) 6-02.0; 5. JOHN COGGSHILL (SOMERSWORTH) 6-00.0; 6. DAVE MURPHY (LONDONDERRY) 5-10.0;

NEW STATE RECORD LANCE WASHINGTON SALEM 6' 7"

3000 METER RUN, MEN FINAL RESULTS

1. JOHN STANLEY (PINKERTON) 8:55.7; 2. MATT DOWNIN (PINKERTON) 8:57.4; 3. MIKE NORTHPROP (OYSTER RIVER) 9:01.0; 4. PAUL DUTTON (LONDONDERRY) 9:28.2; 5. CHRIS MALYNOWSKI (CENTRAL) 9:29.4; 6. BILL REED (NASHUA) 9:33.8;

55 METER HURDLES, MEN FINAL RESULTS

1. PETE ROOT (MERRIMACK) 7.5*; 2. JON GUSTAVSON (LONDONDERRY) 7.7; 3. JUSTIN BANKS (NASHUA) 7.9; 4. FAREED RICE (PINKERTON) 8.1; 5. MIKE LAVOIE (SALEM) 8.1; 6. DAVID DEVIR (KEARSARGE) 8.1;

55 METER DASH, MEN FINAL RESULTS

1. AARON TOLSON (MEMORIAL) 6.4; 2. ROSHAUN MALONE (CENTRAL) 6.5; 3. MARSHALL FALK (NASHUA) 6.5; 4. CURT CONNELLY (SPAULDING) 6.6; 5. DAVE MINER (MERRIMACK) 6.6; 6. SHANE STAFFORD (CONCORD) 6.6;

1000 METER RUN, MEN FINAL RESULTS

1. JASON SIROIS (SALEM) 2:34.8; 2. ROBERTO RODRIGUEZ (LONDONDERRY) 2:36.2; 3. JOHN STANLEY (PINKERTON) 2:38.7; 4. CHRIS STEVENS (KEENE) 2:39.9; 5. ANDY KING (BISHOP GUERTIN) 2:40.2; 6. ADAM BOURQUE (SPAULDING) 2:41.5;

600 METER RUN, MEN FINAL RESULTS

1. PETE ROOT (MERRIMACK) 1:24.6; 2. CRAIG WRENTMORE (LONDONDERRY) 1:25.1; 3. SCOTT BOURCIER (PORTSMOUTH) 1:27.8; 4. JASON PLOUFF (SOMERSWORTH) 1:28.1; 5. BRYCE HILLMAN (PINKERTON) 1:28.6; 6. BRETT RICKENBACK (CENTRAL) 1:28.7;

300 METER RUN, MEN FINAL RESULTS

1. AARON TOLSON (MEMORIAL) 36.0*; 2. CURT CONNELLY (SPAULDING) 36.4; 3. JON GUSTAVSON (LONDONDERRY) 36.8; 4. SHANE MCGUINNESS (PINKERTON) 37.1; 5. ROSHAUN MALONE (CENTRAL) 37.4; 6. MATT JORDAN (PINKERTON) 37.5;

1500 METER RUN, MEN FINAL RESULTS

1. JOHN STANLEY (PINKERTON) 4:10.9; 2. MATT DOWNIN (PINKERTON) 4:12.0; 3. JASON SIROIS (SALEM) 4:12.0; 4. PATRICK RUSSELL (OYSTER RIVER) 4:12.7; 5. ADAM BOURQUE (SPAULDING) 4:15.9; 6. LIONEL SILVERSTON (NASHUA) 4:17.3;

4 X 160 METER RELAY, MEN FINAL RESULTS

1. PINKERTON (PINKERTON) 1:14.5**; 2. LONDONDERRY (LONDONDERRY) 1:14.9**; 3. SPAULDING (SPAULDING) 1:15.6; 4. TIMBERLANE (TIMBERLANE) 1:15.9; 5. MEMORIAL (MEMORIAL) 1:16.4; 6. ALVIRNE (ALVIRNE) 1:16.9;

NEW STATE RECORD PINKERTON 1:14.5

10-8-6-4?

4 X 400 METER RELAY, MEN FINAL RESULTS

1. LONDONDERRY (LONDONDERRY) 3:36.5; 2. NASHUA (NASHUA) 3:40.8; 3. ALVIRNE (ALVIRNE) 3:41.9; 4. PINKERTON (PINKERTON) 3:42.5; 5. MERRIMACK (MERRIMACK) 3:45.6; 6. CENTRAL (CENTRAL) 3:45.7;

PLACE	AFFILIATION	POINTS				
			8	CENTRAL	14	
			9	ALVIRNE	13	
1	★ PINKERTON	72	10	DOVER	10	
2	LONDONDERRY	63		OYSTER RIVER	10	
3	SALEM	38		TRINITY	8	17 KEENE 4
4	MERRIMACK	36	12	CONCORD	7	TIMBERLANE 4
5	NASHUA	28	13	KEARSARGE	6	19 BISHOP GUERTIN 2
6	MEMORIAL	24	14	PORTSMOUTH	6	
7	SALEM	21			6	

NHIAA STATE MEET - 1993

PAUL SWEET OVAL UNH

FEBRUARY 6, 1993

02-06-1993

***** AFFILIATION # 20: PINKERTON *****

ENTRANT #	NAME	GR	ENT.MARK	EVENTS ENTERED	DIVISION	PRELIM	SEMI	FINAL
115	JAY ALEXANDER	12	6-00.0	HIGH JUMP	MEN			17 - 5-06.0
107	JON ALIZIO	10	4:27.0	1500 METER RUN	MEN			8 - 2:44.7
			2:45.0	1000 METER RUN	MEN			
41	MARK BLANCHARD	10	9:33.8	3000 METER RUN	MEN			8 - 4:28.0
			4:25.3	1500 METER RUN	MEN			
44	TOM BROWN	11	9:39.5	3000 METER RUN	MEN			12 - 10:07.8
199	ERIC CASSILY	12	4:31.9	1500 METER RUN	MEN			20 - 4:50.8
34	MATT DOWNIN	10	9:07.9	3000 METER RUN	MEN			2 - 8:57.4
			4:17.5	1500 METER RUN	MEN			2 - 4:12.0
			2:41.8	1000 METER RUN	MEN			
29	JOE GOSS	11	1:31.1	600 METER RUN	MEN			
188	CHRIS GRAHAM	10	5-08.0	HIGH JUMP	MEN			21 - 5-06.0
49	JASON HENDERSON	11	6.6	55 METER DASH	MEN			
26	BRYCE HILLMAN	11	1:28.0	600 METER RUN	MEN			5 - 1:28.6
9	MATT JORDAN	11	37.4	300 METER RUN	MEN			6 - 37.5
			6.6	55 METER DASH	MEN	1 - 6.6	4 - 6.6	
			20-06.0	LONG JUMP	MEN			12 - 20-02.0
175	JIM KEEFER	10	2:48.3	1000 METER RUN	MEN			SCR- NO MARK
130	JOEL KRESS	10	2:45.6	1000 METER RUN	MEN			12 - 2:47.7
58	JACK LAFLEUR	12	6.8	55 METER DASH	MEN			
			19-09.5	LONG JUMP	MEN			15 - 19-11.25
14	SHANE MCGUINESS	12	38.4	300 METER RUN	MEN			4 - 37.1
			20-06.0	LONG JUMP	MEN			11 - 20-02.25
			6.8	55 METER DASH	MEN	3 - 6.6		
131	PINKERTON		1:15.8	4 X 160 METER RELAY	MEN			1 - 1:14.5
			3:41.8	4 X 400 METER RELAY	MEN			4 - 3:42.5
53	MIKE RABE	10	6.7	55 METER DASH	MEN	2 - 6.7	5 - 6.7	
98	FAREED RICE	10	7.9	55 METER HURDLES	MEN	2 - 8.0	3 - 8.0	4 - 8.1
90	AARON SMITH	11	7.9	55 METER HURDLES	MEN	3 - 8.1	5 - 8.1	
			6-00.0	HIGH JUMP	MEN			3 - 6-02.0
33	JOHN STANLEY	11	9:02.0	3000 METER RUN	MEN			1 - 8:55.7
			4:09.4	1500 METER RUN	MEN			1 - 4:10.9
			2:35.6	1000 METER RUN	MEN			3 - 2:38.7
			1:26.6	600 METER RUN	MEN			
102	MATT WORSTER	11	8.4	55 METER HURDLES	MEN	3 - 8.2	4 - 8.1	

NH INDOOR TRACK LEAGUE 1993 BOYS ALL STAR AWARDS

The following athletes were selected as the 1993 NH Indoor Track League All Stars in their respective events. They were selected from the more than 700 participating athletes and their selection was based upon their regular season league performances.

***AARON TOLSON (12)**
Memorial
55m
300m

JON GUSTAVSON (12)
Londonderry
55m
300m

CURT CONNELLY (12)
Spaulding
55m
300m

ROSHAUN MALONE (12)
Central
55m

MARSHALL FALK (12)
Nashua
55m

***JOHN STANLEY (11)**
Pinkerton
1000m
1500m
3000m

JASON SIROIS (11)
Salem
1000m
1500m

LANCE WASHINGTON (12)
Salem
Long Jump
High Jump

ADAM BOURQUE (11)
Spaulding
1000m

TOM CARR (12)
Londonderry
Long Jump

***PETER ROOT (12)**
Merrimack
55m HH
Long Jump
600m

JUSTIN BANKS (11)
Nashua
55m HH

MATT DOWNIN (10)
Pinkerton
1500m
3000m

PAT RUSSELL (12)
Oyster River
1500m

JOHN COGGSHELL (11)
Somersworth
High Jump

TUNJI AWOJOBI (12)
Trinity
High Jump

***CRAIG WRENTMORE (12)**
Londonderry
600m

***DAVID DEVIR (12)**
Kearsarge
High Jump

***PHIL GREENWOOD (12)**
Nashua
3000m

***MIKE NORTHROP (12)**
Oyster River
3000m

BRYCE HILLMAN (11)
Pinkerton
600m

ZACK WATERS (12)
Concord
Shot Put

JON WHEELER (12)
Londonderry
Shot Put

LANCE ROSA-MIRANDA (12)
Dover
Shot Put

TEAM OF THE YEAR - Pinkerton Academy

COACH OF THE YEAR - Walt Roberts

ATHLETE OF THE YEAR - John Stanley (11) Pinkerton

*Indicates a repeat winner from last year.

Red vs. White - 12-17-92

55 M H H

Smith - 8.1
 Rice, F - 8.3
 Worster - 8.4
 Matt Briggs - 10.1
 Graham - 10.2
 Cayer - 11.8

55 M Dash

Jordan 6.6
 Rabe 6.9
 Lefleur 6.9
 McGuinness 7.0
 Wood 7.2
 Rice, A 7.1
 Rice, F 7.1
 Trahan 7.2
 Boucher 7.7
 Cormier 7.4
 Sullivan 7.4

300 m

McGuinness 40.8
 Rice, A 41.4
 Rabe 41.2
 Trahan, 41.7
 Sullivan 42.3
 Cody 46.0
 Wilson 46.5
 Boucher 45.4
 Wood 45.4
 cheyne 42.7 V

600 m

Hillman 1:35.8
 Herring 1:37.0
 Pinard 1:39.7
 Beattie 1:40.6
 Luscher 1:46.7
 T.C. Burrows 1:53.0
 Ian Lanza 1:52.0
 Scarbrough 2:02.0
 Slager 1:52
 Fraser 1:43.9
 D'ituro 1:51.1

1000 m

Aliziu 2:54.8
 Kress 2:55.4
 Keefer 2:58.4
 McCarthy 3:05.1
 Hatch 3:06
 Goucher 3:19
 Brewin 3:26.0
 Jonowicz 3:15.3
 Muntenero 3:13.7
 Brown, J 3:57
 Poulin 3:29

Hardin

3000 m

Stanley 9:26.0
 Brown, T 10:33.5
 Kirkland 10:57
 Harding-Smith 10:39.0

Hk4 - White - 3:55.2

1500 m

Downin ~~4:28.5~~
 Blanchard 4:34.9
 Cassily 4:51.4
 Brown, T 5:01
 McCarthy 4:58
 Carraker 5:46

Shot Put

~~Scott~~, 37'0"
 DeLeon 36'6"
 Nuise 36'4"
 Folia 35'9"
 Hieder 35'2"
 Blanchette 30'5 1/2"
 Morrisette 30'9"
 Donati 31'4"
 Ryan 34'11 1/2"
 Timpson 33'7 1/4"

long jump

Jordan 20'4 1/2"
 LaFleur 19'9"
 McGuinness 19'3/4"
 Graham 18'2 3/4"
 Rabe 16'7 1/2"
 Cormier 16'11 1/2"
 Cody 15'6"
 cheyne 16'6"
 Trahan 18'5 1/2"

High Jump

Smith 5'8"
 Alexander 5'6"
 - - -

Results

12/19/92

3000m

John Stanley - 9:02.0 * New School Record
 Mark Blanchard 9:42.0
 Tom Brown 10:02.0
 Don Kirkland
 Courtney Harding-Smith

1000m

Jon Alizio 2:48.6
 Joel Kress 2:50.7
 Bill McCarthy 2:56.9
 Dave Hatch 3:01.2
 Adam Janowicz 3:10.3
 Russ Montenero 3:14.5

1500m

John Stanley 4:17.1
 Matt Downin 4:17.5
 Erik Cassily 4:45.2
 Eric Goucher 5:07.2

600m

Bryce Hillman 1:32.0
 Joe Goss 1:33.3
 Hank Herring 1:35.1
 Kevin Pinard 1:35.4
 Dave Beattie 1:39.1
 Keith Fraser 1:45.5

Relays

4x160m 1:16.3

300m

Matt Jordan 38.4
 Jack LaFleur 39.2
 Shane McGuinness 39.4
 Mike Rabe 40.1
 Rice, Adam 40.7

55m

Matt Jordan 6.7
 Jack LaFleur 6.9
 Mike Rabe 6.9
 Shane McGuinness 7.0
 Adam Rice 7.3

55mHH

Smith, Aaron 8.2
 Fareed Rice 8.2
 Matt Worster 8.7

High Jump

Jay Alexander 5'10"
 Aaron Smith 5'8"
 Chris Graham 5'4"

Shot Put

Brian Deleon 37'6"
 Chris Scott 37'3"
 Mike Muise 35'
 Matt Folia 34'7"

Long Jump

Matt Jordan 19'11 1/2"
 Jack LaFleur 19'9 1/2"
 Shane McGuinness 19'3 1/2"
 Chris Graham

Meet Results 12/26/92

3000m

Matt Downin	9:07.9
Mark Blanchard	9:33.8
Tom Brown	9:53.8
Court. Handing/Smith	10:20.1
Don Kirkland	11:17.6

600m

Bryce Hillman	1:30.8
Joe Goss	1:31.1
Hank Herring	1:35.1
Kevin Pinard	1:35.5
Dave Beattie	1:37.0

Shot Put

Matt Folia	36'4"
Brian DeLeon	35'10"
Cory Hieder	34'11"
Mike Muise	33'11"
Greg Timpson	32'10"

1500m

John Stanley	4:109.4
Matt Downin	4:24.7
Mark Blanchard	4:33.9
Tom Aliziu	4:34.1
Trick Cassily	4:39.4
Eric Goucher	5:14.6

300m

Shane McGuinness	38.7
Matt Jordan	38.8
Mike Rabe	39.9
Jack LaFleur	39.9
Adam Rice	40.0
Scott Cheyne	41.9

Long Jump

Matt Jordan	20'3 1/2"
Jack LaFleur	19'8 1/4"
Shane McGuinness	18'10 1/8"
Chris Graham	18'3"

1000m

Joel Kress	2:49.8
Jim Keefer	2:53.2
Bill McCarthy	2:53.6
Dave Hatch	2:59.2
Adam Janowicz	3:07.3
Russ Montenero	3:11.1
T.C. Burrows	3:15.7

55 M

Matt Jordan	6.6
Mike Rabe	6.8
Jack LaFleur	6.8
Shane McGuinness	7.0
Mark Wood	7.4
Mike Patric	7.7
Brian Boucher	7.7

High Jump

Jason Alexander	6'0"
Aaron Smith	5'10"
Chris Graham	5'2"

55MHH

Aaron Smith	7.9
Fareed Rice	8.4
Matt Worster	8.6
Chris Graham	9.7

Results - 1-2-93

3000m

Blanchard - 9:34.5
 Brown 9:39.5
 Harding-Smith 10:17.0
 Kirkland 10:57.7

1500M

Stanley 4:13.8
 Alizio 4:27.0
 Cassily 4:34.4
 Kress 4:40.8
 Goucher 5:08.6
 Montenero 5:10.0

1000m

Stanley 2:37.5
 Downin 2:41.8
 Keefer 2:50.1
 McCarthy 2:54.1
 Hatch 2:57.9
 Janowicz 3:11.0

600M

Hillman 1:32.2
 Herring 1:35.1
 Pinard 1:35.5
 Rice, F. 1:36.2
 Cormier 1:39.9

300m

Jordan 39.0
 McGuinness 39.7
 LaFleur 39.7
 Rice, A 40.1
 Rabe 40.3
 Beattie 41.2
 Cheyne 42.0
 Worster 42.3
 Boucher 43.8
 Cody 44.0
 Wood 44.1
 White 44.7
 Luscher 45.7
 Wilson 46.3
 Patrick 46.5

55m

Jordan 6.8
 Rabe 6.8
 McGuinness 7.0
 Cheyne 7.6
 Boucher 7.9

55MH

Smith 8.1
 Rice, F. 8.7
 Worster 8.7
 Graham 9.4

High Jump

Smith 5'11"
 Alexander 5'5"
 Graham 5'5"

long JUMP

Jordan 18'5 $\frac{1}{2}$ "
 LaFleur
 McGuinness
 Rice
 Graham
 Rabe

shot put

Folia 35'2"
 Hieder 37'8"
 DeLeon 35'3"
 Ryan 30'3"
 Timpson 32'2"

4X400m

Hillman
 Kress
 Herring
 Rice, A
 3:47.1

4X200m

Jordan
 McGuinness
 LaFleur
 Rabe

1:36.8

meet Results - 1/22/93

3000m

Downin 9:08.4
Blanchard 9:34.5

1000m

Stanley 2:35.6
Kress 2:48.4
Aliziu 2:45.9
Keefe 2:52.1

1500m

Stanley 4:13.1
Downin 4:21.6
Cassidy 4:31.9

600m

Hillman 1:28.0
Beattie 1:33.5
Pinard 1:38.4

300m

McGuinness 38.4
Jordan 38.4
Herring 39.9
Worster 40.5

55mHH

Rice, F. 8.0
Smith 8.1
Worster 8.4
Briggs 9.4

55m

Jordan 6.7
Rabe 6.8
McGuinness 6.9
McG.
Lafleur 7.0

Hx400 3:48.3

Hillman
Kress
Rice
Aliziu

Hx160m 1:16.2

Jordan
McGuinness
Lafleur
Rabe

Long Jump

McGuinness 19.9
Lafleur 19.8
Jordan
Rice

Shot Put

Folta
Deleow
Heider
Ryan

High Jump

Smith 6'0"
Alexander 5'10"
Graham 5'8"

Meet Results

1/16/93

26-0

3000 M

Downin 9:08.2
Brown 9:15.5
Kirkland 10:55.1
Caraker 13:43.4

1500 M

Stanley 4:13.3
Blanchard 4:25.3
Cassidy 4:33.5
Harding-smith 4:33.5
Janowicz 5:00.4
Goucher 5:07.1

1000 M

Alizio 2:45.0
Kress 2:45.6
Keefer 2:48.3
Aatch 2:53.6
McCarthy 2:55.7
Tague 3:06.5

600 M

Stanley 1:26.6
Hillman 1:28.9
Goss 1:32.4
Beattie 1:34.6
Pinard 1:35.4
Boucher 1:42.5

300 M

Jordan - 37.4
McGuinness - 39.5
Herring - 39.7
Rice - 40.2
Rabe - 40.4
Trahan 41.1

55 M

Rabe 6.7
Jordan 6.7
McGuinness 6.9
LaFleur 7.1
Cheyne 7.2
Goss 7.4

55 HH

Rice 7.9
Worster 8.6
Briggs 9.6
Cayer 9.7

4x160 m

Jordan
McGuinness
LaFleur
Rabe 1:15.8

4x400 m

Hillman
Alizio
Herring
Rice, A 3:48.4

H.J.

Smith 5'8"
Alexander 5'8"
Graham 5'4"

LJ

Jordan 20'2½"
McGuinness 19'5½"
LaFleur
Trahan
Rice, F
Rabe

SP

Morrisette 30'1½"
Folia 39'8½"
Deleon 38'4"
Hieder 36'7½"
MUISE 34'7½"
Timpson 34'4"

MEET Results VS. Salem + Timberlane

55 MHH

Rice, F	8.0
Smith	8.4
Briggs	9.5
Cayer	10.2
Worster	8.7

55 M

Mike Rabe	6.8
Jordan	6.8
McGuinness	7.0
LaFleur	7.1
Pinard	7.4

1000m

Alizio	2:50.8
Blanchard	2:53.2
McCarthy	2:53.2
Hatch	2:54.0
Brown	3:46.0
Janowicz	3:07.6

3000 M

John Stanley	9:09.4
Brown	10:07.8
Harding Smith	10:19.0
Kirkland	10:52

600 M

Hillman	1:34.0
Kress	1:34.5
Goss	1:35.1
Pinard	1:35.5
Boucher	1:44.0
Wood	1:44.0
Cody	1:45.5
Slager	1:52

300 M

Jordan	38.7
McGuinness	39.1
LaFleur	39.4
Rabe	39.5
Beattie	41.8
Herring	40.7

1500 M

Downin	4:19.4
Cassidy	4:42.4
Keefer	4:43.4

4x400m

Stanley	
Alizio	
Herring	
Kress	3:51.6

4x144m

Jordan	
McGuinness	
LaFleur	
Rabe	1:09.7

* New Fieldhouse
Record

High Jump P

Alexander	5'10"
Smith	5'8"
Graham	5'6"

Long Jump P

Jordan	20'
LaFleur	19'5"
McGuinness	18'9"
Rice	17'9 3/4"
Rabe	17'8"
Graham	17'5 1/2"

Shot put

Heider	37'8 1/4"
Folia	37'5"
Timpson	34'10"
Deleon	36'3 3/4"
Ryan	33'3 1/4"

Results vs Merrimack

3000

Matt Downin	9:40.7
Tom Brown	10:00.7
Courtney H-5	10:17.0
Don Kirkland	10:47.9

1500 M

Mark Blanchard	4:34.5
Erik Cassily	4:42.2
Jim Keefer	4:52.5

1000m

Jon Alizio	2:52.2
Jim Keefer	2:57.8
Bill McCarthy	
Matt Tague	3:07.4
Adan Janowicz	3:13.7
Russ Montenero	
T.C. Burrows	

600

John Stanley	1:29.5
Bryce Hillman	1:30.5
Joel Kress	1:34.5
Joe Goss	1:34.4
Kevin Pinard	1:36.9
Hank Herring	1:37.0
Dave Beatie	1:38.3
Pat Cody	1:44.7
Jan White	1:46.3
Joel Slager	1:52.4

300

Shane McGuinness	39.5
Matt Jordan	39.5
Mike Rabe	40.7
Jack LaFleur	41.6
Scott Cheyne	43.0
Brian Boucher	44.7

55m

Matt Jordan	6.7
Mike Rabe	6.7
Shane McGuinness	6.8
Jack LaFleur	7.0
Marc Wood	7.3
Scott Cheyne	7.3

55 M H H

Aaron Smith	8.2
Fareed Rice	8.2
Matt Worster	8.6
Chris Graham	9.3
Matt Briggs	9.8
Brad Cayer	12.1

4x400m

Bryce Hillman	56
Matt Downin	58
Hank Herring	58
John Stanley	56 3:50.8

4x144m

Matt Jordan	
Shane McGuinness	
Jack LaFleur	
Mike Rabe	1:10.0
(New Fieldhouse record)	