

PINKERTON ASTRO
1989 SPRING TRACK
TEAM BOOKLET



1935 GOALS

- * For every athlete to improve his performance significantly in his event during the season.
- * To go undefeated in the regular season.
- * To become League champions.
- * To have at least one qualified entry in each event in the Class L Meet.
- * To win the Class L Meet.

1989 SUMMARY

The 1989 team had an excellent 7-2 record for the regular season.

The 1989 team did a great job finishing as runner up in the League's West Division

The 1989 team finished a disappointing 5th at the Class L Meet.

The team placed only 5th at the Manchester Invitational Relays.

The team placed a respectable 4th at the Rochester Lions Invitational.

The team placed only 13th at the Salem Kiwanis Freshmen-Sophomore Meet.

At the Manchester Invitational Relays, Dave Brown, Scott Clegg, and Brandon Tssetsilas won the TJ; Willie Moge, Scott Clegg, Eric Heenan, and Brandon Tssetsilas took 2nd in the 4X100; Roy Krause, Chris Woodbury, Dave Salvage, and Dan Harwood took 3rd in the 4X800; Rick McGrath, Andy Porzio, Rick Godin, and Dave Salvage took 3rd in the 4X1600; Doug Stewart, Dave Brown, and Brandon Tssetsilas took 3rd in the LJ. Steve DePaula, Dave Brown, and Scott Clegg took 4th in the HJ; Marc Richardson, Mike Daigneault, and Rich Scheib took 5th in the Shot; and Derek Pendergast, Steve Brown, Steve Wood, and Pete Correia took 6th in the Distance Medley.

At the Rochester Lions Meet, Todd Elliott won the 800; Brandon Tssetsilas took 2nd in the LJ and TJ; Scott Clegg took 2nd in the IH and 3rd in the HH; Jim Tyler took 4th in the Disc; Tim O'Brien took 5th in the 3200; Brandon Tssetsilas took 6th in the Jav.

At the Hanover Invitational, Brandon Tssetsilas won the LJ, Scott Clegg won the IH, and Todd Elliott took 2nd in the 1600. Willie Moge, Scott Clegg, Eric Heenan, and Brandon Tssetsilas took 2nd in the 4X100.

At the Salem Kiwanis Freshmen-Sophomore Meet, Dave Brown took 2nd in the LJ; Tony Schmooch took 5th in the 3200; and Curt St. Amand took 6th in the 200. Curt St. Amand, Brian Marshall, Tom Palladino, and Dave Brown took 4th in the 4X200.

At the Londonderry JV Meet, Curt St. Amand won the 200; Mark Horwath took 2nd in the TJ; Steve DePaula took 2nd in the HJ; Rich Hirtle took 2nd in the HH and IH; Tony Schmooch took 2nd in the 3200, Steve Brown took 3rd in the 800; Julien Lafleur took 4th in the PV; Mark Horwath took 4th in the 400; Vaughn Hillman took 5th in the HH; Erick Kress took 5th in the 1600, Doug Stewart took 6th in the 100, and Curt St. Amand took 6th in the LJ. Steve DePaula, Brian Marshall, Doug Stewart, and Mark Horwath took 2nd in the 4X400; Curt St. Amand, Jim Mitchell, Vaughn

Hillman, and Mark Norwath took 3rd in the 4X100; and Julien Lafleur, Matt Turner, Marc Richardson, and Joel Shufkin took 5th in the 4X100.

Branden Tssetsilas was named Outstanding Athlete of the Week by the League while Todd Elliott and Scott Clegg were given Honorable Mention.

Branden Tssetsilas finished the season top ranked in the LJ and set a new League Record. Todd Elliott finished the season top ranked in the League in the 800. Branden Tssetsilas finished 2nd ranked in the TJ and jav while Scott Clegg finished 3rd in the IH.

Branden Tssetsilas was named Field Athlete of the West Division and named to the first team in the LJ and 2nd team in the TJ and Jav.; Todd Elliott was named to the 1st team in the 800 while Scott Clegg was named to the 2nd team in the IH. Willie Moge, Scott Clegg, Eric Heenan, and Branden Tssetsilas were named to the 2nd team in the 4X400.

Those who qualified for the Class L Meet were Branden Tssetsilas in the LJ, TJ, Jav, 100, and 200; Scott Clegg in the IH, HH, HJ, and TJ; Todd Elliott in the 800, 1600, and 400; Tim O'Brien in the 3200 and 1600; Jim Tyler in the Disc and Shot, Rich Scheib in the Shot; Rick Godin in the 1600, Dave Salvage in the 1600, and Dave Brown in the HJ.

At the Class L Meet Branden Tssetsilas took 2nd in the TJ and 3rd in the LJ; Todd Elliot took 2nd in the 800 and 3rd in the 1600; Scott Clegg tied for 2nd in the IH; Tim O'Brien took 3rd in the 3200, and Jim Tyler took 5th in the Disc. Willie Moge, Scott Clegg, Eric Heenan, and Branden Tssetsilas took 4th in the 4X100.

At the State Meet of Champions, Brandon Tssetsilas won the LJ and took 3rd in the TJ; Scott Clegg took 3rd in the IH; and Todd Elliott finished 2nd in the 800 but was disqualified.

New School records were broken by Branden Tssetsilas in the LJ and TJ. He also tied the School records in the 100 and 200. Scott Clegg broke the School record in the IH. Willie Moge, Scott Clegg, Eric Heenan, and Branden Tssetsilas broke the school record in the 4X400.

1989 Team Captains were Scott Clegg and Dave Salvage. Assistant Captains were Jim Tyler and Doug Stewart.

The 1989 Varsity Lettermen include Scott Clegg, Todd Elliott, Tim O'Brien, Branden Tssetslias, Dave Salvage, Eric Heenan, Andy Porzio, Jim Tyler, Chris Woodbury, Rick Godin, Roy Krause, Bill Brown, Willie Moge, Dan Harwood, Dave Brown, Rick McGrath, Pete Correia, Mark Horwath, Steve Wood, Erik Kress, Jay Nichols, Chad Hamilton, Steve DePaula, Rich Hirtle, Jay Lewis, Chuck Paradzick, Rich Scheib, and Tony Schmoock.

Heather Towner and Cathy Hinman were Team Managers.

The Coach's Award-Outstanding Athlete Award was given to

The Outstanding Novice Award was given to Tony Schmoock.

The Attitude-Effort Award was given to Rick McGrath and Doug Stewart.

The Most Points Award was won by Branden Tssetslias.

The Scholar-Athlete Award was presented to Dave Salvage.

The Most Improved Award was presented to Branden Tssetslias.

1989 SEASON RESULTS

April 7	PA - 113 Keene - 27	Keene
April 11	PA - 105 1/2 Alvirne - 39 1/2	Hudson
April 13	PA - 91 Trinity - 54	Pinkerton
April 18	Nashua - 74 PA - 66	Nashua
April 22	Manchester Invitational Relays. PA - 42 5th	Manchester
April 25	PA - 92 1/2 Merrimack - 52 1/2 PA - 105 Milford - 39	Pinkerton
May 3	PA - 81 2/3 West - 63 1/3 PA - 74 BG - 71	Manchester
May 9	Londonderry - 81 PA - 64	Londonderry
May 12	Rochester Lions Invitational PA - 47 4th	Rochester
May 13	Salem Kiwanis Freshmen- Sophomore Meet. PA - 15 13th	Salem
May 19	Londonderry JV Invitational PA - 102	Londonderry
May 20	Hanover Invitational PA - 36	Hanover
May 27	Class I. Meet PA - 47 5th	Londonderry

VARSITY POINTS

Branden Tsetsilas	209 1/12
Scott Clegg	124 5/12
Todd Elliott	103 3/4
Dave Brown	61 3/4
Jim Tyler	51
Willie Moge	42
Rich Scheib	38 2/3
Chad Hamilton	38 1/2
Jay Nichols	37
Rick Godin	32 1/2
Dan Harwood	29 3/4
Eric Heenan	27
Roy Krause	24 3/4
Dave Salvage	18 1/4
Andy Porzio	13 3/4
Tim O'Brien	12
Chuck Paradzick	9 1/3
Chris Woodbury	8 1/2
Mark Horwath	6 1/4
Vaughn Hillman	6
Tony Schmoock	5
Doug Stewart	4 1/4
Rich Hirtie	4
Rick McGrath	2 1/2
Steve DePaula	2 1/3
Steve Wood	1 3/4
Bill Brown	1
Jay Lewis	1
Brian Marshall	1
Roger Boissoneau	1
Jon Cotter	1
Marc Richardson	2/3
Mike Daigneault	2/3
Pete Correia	1/4
Steve Brown	1/4
Derek Pendergast	1/4
Erik Kress	0

1969 ACHIEVEMENT CHART

CLASS	100	200	HH	IH	400	800	1500	3200
CLASS 1	Tsets	Tsets	Clegg	Clegg	Elliott Clegg	Elliott	Elliott Gouin Salvage O'Brien	O'Brien
	Moge	Moge	Hirtle	Hirtle	Tsets Haeran	Harwood Gouin Schmuck Salvage Wood	Correia McBrath Kress Woodbury Krause Wood Parzio	Krause Parzio Gouin B. Brown Schmuck McBrath
VARSITY	Hamilton	Hamilton						
	St. Amand Stewart Hess Palladino DePaula	St. Amand Stewart	Hirtle	Hillman Nichols	D. Brown Lewis DePaula Stewart Horwath Pendergast	S. Brown Woodbury Krause Pendergast Shaw Correia	Schmuck Pendergast	Correia Kress
NOVICE	Carter Mitchell Marshall	Palladino Mitchell Marshall	Cayer Hillman Nichols Cotter	Cayer Cotter	Kerr Marshall Harwood	Mears Stillwell	S. Brown Shaw	Pendergast

CLASS L

LU	Tsels	TU	Tsels Clegg	HU	D. Brown Clegg	PV	Scheib Tyler	D	Tsels
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WARSIITY

D. Brown	D. Brown Horwath	DePaula	Nichols	Scheib Hamilton
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Stewart Horwath Haas	Stewart	Cayer	D. Brown	Townsend	Boissonneau Korn
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ADVICE

Cartier St. Amant Kerr	Catter	Paradrick Lafleur	Korn Richardson Boissonneau Daigneault Lafleur	Korn Richardson	Horwath Townsend
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1989 PERSONAL RECORDS

100		200		400	
Tsets	11.4	Tests	23.3	Elliott	52.5
Moge	11.7	Moge	23.7	Clegg	52.8
Hamilton	11.8	Hamilton	24.3	Tsets	53.8
St Amand	12.3	St. Amand	25.1	Heenan	55.1
Stewart	12.3	Stewart	25.9	D. Brown	56.4
Haas	12.4	Palladino	26.1	Lewis	56.4
Palladino	12.5	Mitchell	26.1	DePaula	56.8
DePaula	12.5	DePaula	26.5	Stewart	57.1
Carter	12.6	Marshall	26.5	Horwath	57.7
Mitchell	13.1	Carter	27.1	Pendergast	58.0
Marshall	13.2	Haas	28.2	Kerr	59.0
Pinault	13.7	Pinault	28.4	Marshall	59.6
Eckerman	15.8	Eckerman	29.1	Harwood	60.2
				Eckerman	65.7
HH		IH		PV	
Clegg	15.8	Clegg	40.3	Nichols	10'0
Hirtle	18.5	Hirtle	46.0	Brown	9'0
Cayer	19.1	Hillman	46.8	Paradzick	8'0
Hillman	19.2	Nichols	48.6	Lafleur	7'6
Nichols	19.2	Cayer	50.0		
Cotter	20.8	Cotter	50.4		
800		1600		3200	
Elliott	2:00.5	Elliott	4:27.0	O'Brien	9:51
Harwood	2:05.1	Godin	4:40.9	Krause	10:16.5
Godin	2:07	Salvage	4:42.7	Porzio	10:27
Schmoock	2:12	O'Brien	4:44	Godin	10:32
Salvage	2:13	Correia	4:54.5	B. Brown	10:36
Wood	2:14.5	McGrath	4:55	McGrath	11:01.1
S. Brown	2:15.9	Kress	4:57	Correia	11:11
Woodbury	2:16.8	Woodbury	5:00.8	Kress	11:21
Krause	2:17.0	Krause	5:01	Pendergast	12:03
Pendergast	2:18.9	Wood	5:03.6	Shaw	12:27
Shaw	2:19.5	Porzio	5:04		
Correia	2:24.1	Schmoock	5:18		
Mears	2:32	Pendergast	5:22		
Stillwell	2:35	S. Brown	5:29		
		Shaw	5:41		
		Mears	6:03		
		Stillwell	6:08		

LJ

Tsets	220 1/2
D.Brown	193
Horwath	174
Stewart	174
Haas	170
Carter	168
St. Amand	165 1/4
Kerr	160
Mitchell	155 1/2

TJ

Tsets	443
Clegg	403
D.Brown	394 1/2
Horwath	377
Stewart	3310

HJ

D.Brown	374
Clegg	340
DePaulis	36
Krause	32
Cayer	30
Conter	30

S

Schieb	4411
Tyler	436 3/4
Townsend	3311
Daigneault	325 1/4
Korn	305
Richardson	298
Boissoneau	292
Lafleur	291 1/2
Shulkin	2510 1/2
Turner	244 3/4
Campion	231 3/4
Bartlett	203

D

Tyler	1265
Schieb	1243
Korn	943
Richardson	826
Lafleur	810
Boissoneau	759
Daigneault	722
Turner	698
Shulkin	690
Bartlett	659
Campion	583

J

Tsets	1651
Hamilton	1514
Boissoneau	1144
Korn	1143
Horwath	1088
Townsend	10410
Daigneault	890
Bartlett	861
Campion	785
Turner	720
Shulkin	490