

THE BODY ACHIEVES WHAT THE MIND BELIEVES!



**3rd at the New Hampshire  
Central Class L Cluster Meet  
Two-Time New Hampshire  
Relay Carnival Champions  
Seventh at New Hampshire  
State Championships**



**PINKERTON**  
INDOOR TRACK WINTER 1999

# PINKERTON INDOOR TRACK

## Season Summary

Season Record: 27-2-0

Central NH Class L Cluster Meet: 3rd Place

NH State Relay Carnival: 1st Place

State Meet: 7th Place

## State Qualifiers:

Christina Bergeron	Long Jump	Carrie Cotter	4x400m
Lindsey Bulkley	Hurdles, 4x160m	Tiffany Dowden	Shot Put
Cheryl Donnell	Shot Put	Chelsea Henderson	300m, 1500m
Courtney Dow	1000m, 600m, 4x400m	Kate Macomber	300m, 4x400m, 4x160m
Holly Lannan	High Jump	Alexis Marciano	55m, 4x160m
Jess Mailloux	4x160m	Sarah Pelarske	1000m, 1500m
Lindsay Odell	High Jump	Beth Pomerleau	1000m, 600m, 4x400m
Nicki Pelletier	High Jump, Long Jump	Jenn Saucier	3000m, 1500m
Megan Richardson	55m, Long Jump, 4x160m	Liz Stokinger	3000m, 1000m, 1500m
Kirstin Sederquest	600m		

## League All-Stars:

Nicki Pelletier	High Jump
Sarah Pelarske	1500m

## All-State Honors:

Courtney Dow	1000m	Nicki Pelletier	High Jump
Tiffany Dowden	Shot Put	Jenn Saucier	3000m
Cheryl Donnell	Shot Put	Liz Stokinger	3000m
	4x800m Relay		

## Chart of Many Points:

Nicki Pelletier	64.3	Courtney Dow	23	Jamie Sennott	3
Liz Stokinger	42	Kate Macomber	11	Alison Ricciardone	3
Jenn Saucier	34	Alexis Marciano	11	Jenn Furstenau	2
Beth Pomerleau	33	Holly Lannan	10	Maria Smith	2
Tiffany Dowden	31	Greta Fredriksen	7	Carrie Cotter	2
Cheryl Donnell	27	Kirsten Sederquest	7	Meredith Bulkley	1
Lindsey Bulkley	27	Lindsay Odell	7	Jess Nesbitt	1
Megan Richardson	27	Kim Najem	6	Christina Bergeron	1
Chelsea Henderson	25	Jess Mailloux	5	Joelle Ingram	1
Sarah Pelarske	25	Becky Breeden	5	Liz Brakowski	1

## Pinkerton Battle Notes Winter 1999:

### SHOT PUT:

NH State Record: 42' 5" Cathy Ross (Portsmouth) 1983

Pinkerton Record: 34' 4" Tiffany Dowden 1999

Qualifying Mark: 29' 6"

#### Pinkerton 1999 Best:

Tiffany Dowden	34' 4"
Cheryl Donnell	33' 1"
Melissa Henrick	29' 1"
Becky Breeden	27' 9.5"
Maria Smith	25' 10.75"
Heather Waldron	25' 0.25"

HIGH JUMP: NH State Record: 5' 8" Alison Poulin (Oyster River) 1989

Pinkerton Record: 5' 2" Kim Spofford 1985 Leah White 1987, Abby

Willets 1996, Nicki Pelletier 1997, 1998, 1999

Qualifying Mark: 4' 9"

Nicki Pelletier	5' 2"
Lindsay Odell	4' 9"
Holly Lannan	4' 9"
Jenn Furstenau	4' 6"
Melissa Henrick	4' 6"
Lauren Cillizza	4' 3"

LONG JUMP: NH State Record: 18' 3.50" Robyn Proctor (Nashua) 1984

Pinkerton Record: 17' 2" Sherri Hughes 1983

Qualifying Mark: 15' 8"

#### Pinkerton 1999 Best:

Nicki Pelletier	16' 1.75"
Megan Richardson	15' 10"
Christina Bergeron	15' 8.5"
Jess Mailloux	15' 4.75"
Holly Lannan	14' 4.5"
Jaime Sennott	14' 1.5"
Lauren Cillizza	12' 11"

3000M Run: NH State Record: 10:06.5 Danyelle Wood (Spaulding) 1993

Pinkerton Record: 10:42.8 Amy Kruschwitz 1985

Qualifying Mark: 11:45

#### Pinkerton 1999 Best:

Liz Stokinger	10:43.93
Jenn Saucier	10:50.2
Chelsea Henderson	11:33.3
Kristal Fredriksen	
Sarah Hagen	12:04.3
Joelle Ingram	12:10.0
Kim Najem	12:10.3
Alison Ricciardone	12:13.5

55M HURDLES: NH State Record: 8.40 Sandi Walker (Portsmouth) 1984

Pinkerton Record: 8.3 Sherri Hughes 1983

Qualifying Mark: 9.7

#### Pinkerton 1999 Best:

Lindsay Bulkley	9.0
Jaime Sennott	9.8
Megan Richardson	9.8
Kate Macomber	10.3
Carrie Cotter	10.6
Lyndsay Almon	11.5
Julie Lutz	11.6

55M DASH: NH State Record: 6.90 Angie Johnson (Nashua) 1989

Pinkerton Record: 7.2 Sherri Hughes 1982

Qualifying Mark: 7.7

Alexis Marciano	7.7
Megan Richardson	7.7
Jess Mailloux	7.8
Shelby Doherty	7.8
Jaime Sennott	8.1
Christina Bergeron	8.1
Celine Murphy	8.2
Caitlin Kenny	8.5
Lauren Cillizza	8.6

**1000M RUN:**

NH State Record: 2:58.70 Helena Kimball (Londonderry) 1995

Pinkerton Record: 3:05.1 Sarah Pelarske 1999

Qualifying Mark: 3:20

Sarah Pelarske	3:05.1
Beth Pomerleau	3:11.2
Courtney Dow	3:11.64
Liz Stokinger	3:12.9
Jenn Saucier	3:26.3
Greta Fredriksen	3:28.9
Kim Najem	3:31.3
Lindsay Odell	3:41.0
Jess Nesbitt	4:02.0
Gillian Fairchild	4:06.3
Danielle Gray	4:08.2

**600M DASH:** NH State Record: 1:36.86 Kristen Meisner (Nashua) 1999

Pinkerton Record: 1:42.6 Beth Pomerleau 1999

Qualifying Mark: 1:49

Beth Pomerleau	1:42.6
Courtney Dow	1:45.4
Kirstin Sederquest	1:47.8
Sarah Pelarske	1:49.6
Carrie Cotter	1:50.8
Greta Fredriksen	1:57.1
Meredith Bulkley	1:57.2
Melynda Wilson	2:03.4
Heather Colby	2:04.3
Joanne Smith	2:08.0
Alyson St. Amand	2:09.0
Sarah Beecy	2:15.2
Celine Murphy	2:18.8
Christina Madarese	2:23.9
Jess Frederick	2:24.2
Kate Koralis	2:24.2
Jen Frederick	2:28.8

**300M DASH:** NH State Record: 41.00 Angie Johnson (Nashua) 1989

Pinkerton Record: 42.6 Sherri Hughes 1982, 1983

Qualifying Mark: 46.0

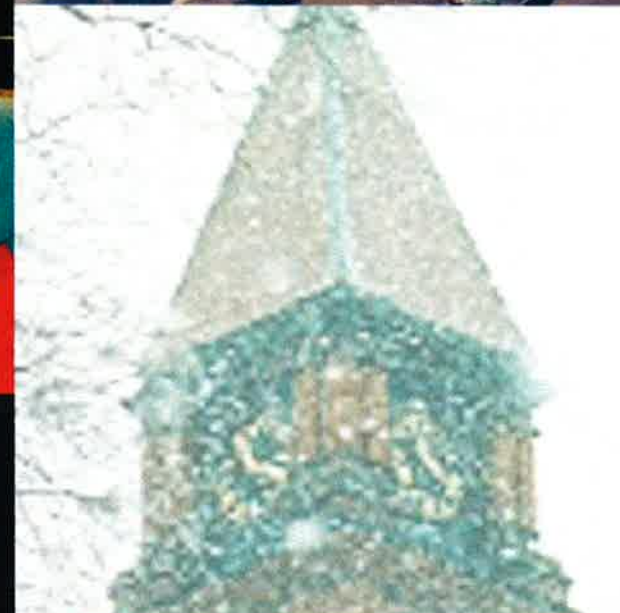
Kate Macomber	45.3
Jaime Sennot	46.3
Christina Bergeron	47.1
Megan Richardson	47.2
Alexis Marciano	48.4
Carrie Cotter	49.8
Liz Burakowski	50.3
Lauren Cillizza	50.4
Lindsey Bulkley	50.8
Shelby Doherty	51.1
Shai Freddette	51.2
Caitlin Kenny	52.3
Julie Lutz	53.1
Celine Murphy	55.4
Heather Colby	55.7
Jess Frederick	57.5

**1500M RUN:** NH State Record: 4:43.69 Amy Ruston Nashua (1999)

Pinkerton Record: 4:54.8 Kate Burakowski 1996

Qualifying Mark: 5:20

Sarah Pelarske	4:55.9
Liz Stokinger	5:03.8
Jenn Saucier	5:06.3
Chelsea Henderson	5:07.8
Kim Najem	5:29.0
Kristal Fredriksen	5:29.0
Kirstin Sederquest	
Jess Nesbitt	
Danielle Gray	6:38.2



NHIAA INDOOR TRACK AT PINKERTON ACADEMY

PINKERTON V. MERRIMACK

DATE 12/17/98

3000M

1. SARAH HAGEN PA 12'04.3
2. JOELLE INGRAM PA 12'10.0
3. KIM NAJEM PA 12'10.3

55 METER HURDLES

1. LINDSEY BULKLEY PA 9.6
2. JEN HELZER M 10.2
3. MEG RICHARDSON PA 10.2

55 METER DASH

1. MEG RICHARDSON PA 7.7
2. ALEXIS MARGIANO PA 7.8
3. SHELBY POMERTY PA 8.0

1000M RUN

1. LIZ STOKINGER PA 3'16.7
2. BETH POMERLEAU PA 3'17.8
3. JENN SAUCIER PA 3'26.3

600M RUN

1. COURTNEY DOW (PA) 1'48.5
2. SARAH PELARSKIE (PA) 1'49.6
3. MICHELE FELTON (M) 1'58.3

300M RUN

1. CHRISTINA BERGERON (PA) 47.8
2. JESS MAILLOUX (PA) 49.4
3. AMY DOMURAND (M) 49.4

1500M RUN

1. KRISTAL FRIORIKSEN PA 5'47.8
2. KIRSTIN SEDERQUEST PA 5'55.0
3. JESS NESBIT PA 5'58.8

4 X 1 LAP RELAY

1. PINKERTON 1:24.4
2. MERRIMACK 1:27.3
3. \_\_\_\_\_

4 X 400M RELAY

1. MERRIMACK 3:54.9
2. PINKERTON DQ
3. \_\_\_\_\_

SHOT PUT

1. TIFFANY DOWDEN PA 34'0<sup>3/4</sup>"
2. CHERYL DONNELL PA 31'0<sup>1/2</sup>"
3. SHELLY WU M 27'7<sup>1/2</sup>"

LONG JUMP

1. MEG RICHARDSON (PA) 16'2<sup>1/2</sup>"
2. NICKI PELLETIER (PA) 15'10"
3. JESS MAILLOUX (PA) 15'1"

HIGH JUMP

1. TINA MILES (M) 5'2"
2. NICKI PELLETIER (PA) 5'2"
3. MICHELE FELTON (M) 5'2"

TEAM RESULTS

1. PINKERTON 83
2. MERRIMACK 17

# GIRLS

## N.H. INDOOR TRACK LEAGUE RESULTS

Meet BG, Lond, PA, BB, mem, Sp, Hills

Date 12/19/98

### 3000 METERS

1.	Saucier, Jenn	PA	10:50.2
2.	Stokinger, Liz	PA	10:50.5
3.	Plissey, Sue	Lond	11:36.7
4.	Olsen, Emily	Lond	11:40.5
5.	Geurtin, Steph	BG	11:52.2
6.	Poirier, Jen	mem	12:25.3

### 55 METER HIGH HURDLES

1.	Mattie C-R	Sp	9.3
2.	Bulkley, Lindsey	PA	9.4
3.	Hall, Marianne	Lond	9.7
4.	Mannarini, Amy	Lond	9.9
5.	Richardson, Meg	PA	10.2
6.	Decker, Cailin	BG	10.3

### 55 METER DASH

1.	Maloney, Megan	Lon	7.4
2.	Lynch, Keri Ann	Lon	7.6
3.	Marciano, Alexis	PA	7.8
4.	Simeone, Sara	BG	7.8
5.	Decker, Cailin	BG	8.2
6.	Mailloux, Jess	PA	8.2

### 1000 METERS

1.	Pelarske, Sarah	PA	3:09.0
2.	Dow Courtney	PA	3:12.7
3.	Dutton, Julie	Lon	3:14.6
4.	Goduti, Catherine	Lon	3:20.3
5.	Palermo, Sarah	BG	3:24.3
6.	Bouchard, Kim	Mem	3:27.4

### 600 METERS

1.	Pomerleau, Beth	PA	1:44.0
2.	Gunnery, Kate	Lond	1:48.2
3.	McKenna, Bre	Lond	1:48.4
4.	Goldberg, Emily	Lond	1:50.1
5.	Cotter, Carrie	PA	1:50.8
6.	Burakowski, Liz	PA	1:52.2

### 300 METERS

1.	Lynch, Keri Ann	Lon	44.6
2.	Mannarini, Amy	Lon	44.6
3.	Mattie C-R	Sp	45.8
4.	Simeone, Sara	BG	46.4
5.	Coltin, Ashley	Lon	46.8
6.	Bergeron, Christina	PA	47.1

### 1500 METERS

1.	Henderson, chelsea	PA	5:07.8
2.	Landry, Katie	BG	5:08.3
3.	Dutton, Julie	Lond	5:16.7
4.	Geurtin, Steph	BG	5:26.4
5.	McKenna, Bre-Anne	Lond	5:35.5
6.	Najem, Kim	PA	5:41.1

### 4 X 400m RELAY

1.	Londonderry	4:27.0
2.	Pinkerton	4:32.5
3.	BG	4:48.5
4.	Spaulding	5:03.2
5.		
6.		

### 4 X 160m RELAY

1.	Londonderry	1:30.1
2.	Bishop Geurtin	1:33.2
3.	Pinkerton	1:34.5
4.	Memorial	1:40.8
5.	Bishop Brady	1:43.9
6.	Hillsboro -Deering	1:51.5

### HIGH JUMP

1.	Donovan, Meg	BG	5'2"
2.	Pelletier, Nicki	PA	5'0"
3.	Bennett, Sarah	BG	5'0"
4.	O'Dell, Lindsay	PA	4'9"
5.	Watts, Jess	Mem	4'6"
6.	Furstenau, Jen	PA	4'6"

### LONG JUMP

1.	Hall, Marianne	Lond	15'9 1/2"
2.	Mattie C-R	Sp	15'9"
3.	Richardson, Megan	PA	15'6 1/2"
4.	Pelletier, Nicki	PA	15'5"
5.	Mannarini, Amy	Lond	14'4 1/2"
6.	Mailloux, Jess	PA	14'3"

### SHOT PUT

1.	Dowden, Tiffany	PA	32' 1/2"
2.	Donnell, Cheryl	PA	29' 10 1/2"
3.	Gravel, Rachel	Sp	27' 9 1/4"
4.	Breeden, Bechy	PA	26' 6 3/4"
5.	Smith, Maria	PA	26' 3 1/2"
6.	Asher C-R	Sp	24' 9 1/2"

### TEAM RESULTS

### POINTS

1.	Pinkerton	93
2.	Londonderry	83
3.	Bishop Geurtin	40
4.	Spaulding	23
5.	Memorial	7
6.	Hillsboro -Deering	3
7.	Bishop Brady	2
8.		
9.		
10.		

# GIRLS

## N.H. INDOOR TRACK LEAGUE RESULTS

Meet Ex, OR, Pink, San, Sp, Tim, West, Pitts

Date 12/26/98

**3000 METERS**

1.	Henderson, Chelsea	Pink	11:40.6
2.	Nasem, Kim	Pink	12:21.4
3.	Lacoste, Mairin	West	12:26.1
4.	Gelinas, Kayla	West	12:31.8
5.	Dionisio, Karyn	West	12:39.0
6.	Himkley, Elaine	Pitts	12:54.6

**55 METER HIGH HURDLES**

1.	Serratore, Jen	Tim	9.3
2.	Bulkley, Lindsey	Pink	9.3
3.	C.R. - Mattie	Sp	9.7
4.	Mealy, Kate	Tim	9.8
5.	Gravel, Sarah	West	10.0
6.	Censullo, Brenna	Tim	10.2

**55 METER DASH**

1.	Desmond, Kim	Tim	7.6
2.	Roslewicz, Jess	Tim	7.6
3.	O'Brien, Kelly	OR	7.6
4.	Desmond, Amy	Tim	8.0
5.	Ballard, Chelsea	West	8.0
6.	Schwand, Sam	Tim	8.0

**1000 METERS**

1.	Stokinger, Liz	Pink	3:12.9
2.	Vail, Yola	Tim	3:17.9
3.	Reese, Sarah	Ex	3:27.7
4.	Sederqvist, Kirstin	Pink	3:35.5
5.	Carianan, Krystie	West	3:37.7
6.	Mokray, Andrea	Tim	3:39.7

**600 METERS**

1.	Pomerleau, Beth	Pink	1:43.6
2.	Vanderhoof, Melanie	Tim	1:45.5
3.	Davitt, Caitlin	West	1:48.4
4.	Fredriksen, Greta	Pink	1:57.1
5.	Manspau, Christine	West	1:57.4
6.	Bulkley, Meredith	Pink	1:57.5

**300 METERS**

1.	Underwood, Sara	Tim	45.9
2.	Valdez, Adrienne	West	46.0
3.	C.R. - Mattie	Sp	46.7
4.	Macomber, Kate	Pink	46.9
5.	Richardson, Meg	Pink	47.2
6.	Smith, Jasmine	OR	47.3

**1500 METERS**

1.	Therlault, Jocelyn	OR	5:01.2
2.	Saucier, Jenn	Pink	5:06.3
3.	Winn, Lisa	Tim	5:25.8
4.	Gelinas, Kayla	West	5:47.4
5.	O'Rourke, Lindsey	West	5:47.7
6.	Nesbitt, Tess	Pink	5:57.6

**4 X 400m RELAY**

1.	Pinkerton	4:32.2
2.	West	4:36.4
3.	Timberlane	4:41.8
4.	Exeter	5:00.6
5.		
6.		

**4 X 160m RELAY**

1.	Pinkerton	1:31.8
2.	OR	1:32.0
3.	Timberlane	1:32.4
4.	West	1:35.4
5.	Exeter	1:38.4
6.		

**HIGH JUMP**

1.	Edwards, Jen	Ex	5'4"
2.	Pelletier, Nicki	Pink	5'0"
3.	O'Dell, Lindsay	Pink	4'6"
4.	Serratore, Jen	Tim	4'6"
5.	Lannon, Holly	Pink	4'6"
6.	Furstenau, Jen	Pink	4'6"

**LONG JUMP**

1.	Pelletier, Nicki	Pink	15'8"
2.	Edwards, Jen	Ex	15'1"
3.	Schwandt, Sara	Tim	14'9 1/4"
4.	Richardson, Megan	Pink	14'8"
5.	Lannon, Holly	Pink	14'2"
6.	Mailloux, Jess	Pink	14'1 1/2"

**SHOT PUT**

1.	Dufresne, Dawn	San	34'11 3/4"
2.	Warden, Kate	West	32'3"
3.	Cassavaugh, Abbey	Ex	31'10 1/4"
4.	Donnell, Cheryl	Pink	31'9"
5.	Dowden, Tiffany	Pink	31'8 1/4"
6.	Marmalou, Maria	West	30'5 1/2"

**TEAM RESULTS**

	POINTS
1.	Pinkerton 99
2.	Timberlane 69
3.	West 53
4.	Exeter 29
5.	Oyster River 21
6.	Spaulding 8
7.	Sanborn 6
8.	
9.	
10.	



## WINTER TRACK LEAGUE

DARTMOUTH COLLEGE - Saturday January 3, 1998

## COMPLETE RESULTS - ALL ROUNDS

WOMEN'S TEAM SCORES: 1. PINKERTON, 93; 2. BISHOP GUERTIN, 57; 3. FAIR HAVEN, VT, 53; 4. CONCORD, 28; 5. MERRIMACK VL, 23; 6. RUTLAND, VT, 17; 7. LEBANON, 12; 8. MEMORIAL, 11.

## Girls High Jump

----- Finals - Results - Saturday 01/04/97 -----				
PL	ATHLETE NAME	YR SCHOOL	MARK	PTS
1	Pelletier, Nicki	12 PINKERTON	5'00.00"	6
2	Donovan, Meghan	11 B. GUERTIN	5'00.00"	5
3	Corliss, Shannon	12 FAIR HAVEN	4'09.00"	4
4	Purdy, Rebecca	11 FAIR HAVEN	4'09.00"	3
5	Watts, Jess	12 MEMORIAL	4'09.00"	2
6	Bennett, Sarah	11 B. GUERTIN	4'09.00"	1
7	Lannan, Holly	10 PINKERTON	4'06.00"	
8	Odell, Lindsay	11 PINKERTON	4'06.00"	
9	Helms, Meg	11 CONCORD	4'03.00"	
10	Harris, Tricia	9 MERRIMACK VL	4'03.00"	
11	Dalrymple, Megan	9 MEMORIAL	4'03.00"	
12	Doenges, Andrea	10 RUTLAND, VT	4'03.00"	
13	Drown, Laura	12 MERRIMACK VL	4'03.00"	
14	Henrick, Melissa	10 PINKERTON	4'03.00"	
15	Knox, Jessica	12 MERRIMACK VL	4'03.00"	
16	Halbmaier, Chelsea	9 B. GUERTIN	4'00.00"	
17	Kidder, Leslie	11 CONCORD	4'00.00"	
18	Pouun, Diane	11 B. GUERTIN	4'00.00"	
19	Corey, Jill	10 RUTLAND, VT	4'00.00"	
20	Hardy, Heather	12 MERRIMACK VL	4'00.00"	
	- Arnold, Molly	9 CONCORD	NH	
	- Harper, Kayti	10 CONCORD	NH	

## Girls Long Jump

----- Finals - Results - Saturday 01/04/97 -----				
PL	ATHLETE NAME	YR SCHOOL	MARK	PTS
1	Beck, Carrie	12 FAIR HAVEN	15'09.50"	6
2	Corliss, Shannon	12 FAIR HAVEN	15'04.50"	5
3	Richardson, Meg	12 PINKERTON	14'10.50"	4
4	Pelletier, Nicki	12 PINKERTON	14'06.50"	3
5	Gee, Sarah	10 RUTLAND, VT	14'03.00"	2
6	Harris, Tricia	9 MERRIMACK VL	13'11.50"	1
7	Corey, Jill	10 RUTLAND, VT	13'11.50"	
8	McKinnon, Kristen	11 LEBANON	13'11.50"	
9	Mailoux, Jess	12 PINKERTON	13'08.00"	
10	Knox, Jessica	12 MERRIMACK VL	13'05.50"	
11	Skeens, Samantha	10 FAIR HAVEN	13'03.50"	
12	Muirhead, Kristen	9 HANOVER	13'03.00"	
13	Lannan, Holly	10 PINKERTON	13'02.00"	
14	Sennott, Jaime	PINKERTON	13'02.00"	
15	Manganiello, Lisa	11 HANOVER	13'02.00"	
16	Burksdale, Anna	12 MERRIMACK VL	12'11.00"	
17	Halbmaier, Chelsea	9 B. GUERTIN	12'08.00"	

## Girls Long Jump (Continued)

----- Finals - Results - Saturday 01/04/97 -----				
PL	ATHLETE NAME	YR SCHOOL	MARK	PTS
18	Simeone, Sara	10 B. GUERTIN	12'07.50"	
19	Sutherland, Sara	10 MERRIMACK VL	12'03.50"	
20	Angelillo, Carelle	11 LEBANON	12'03.00"	
21	Janas, Michelle	9 MEMORIAL	12'02.00"	
22	Jennings, Audra	12 CONCORD	11'10.00"	
23	Oxman, Annaleah	9 HANOVER	11'09.00"	
24	Panneton, Lisa	9 MEMORIAL	11'06.00"	
25	Hotaling, Cassie	12 FAIR HAVEN	11'05.50"	
26	Mielcarz, Lolly	11 CONCORD	11'03.50"	
27	Arnold, Molly	9 CONCORD	11'02.00"	
28	Drown, Laura	12 MERRIMACK VL	11'01.00"	
29	Hardy, Heather	12 MERRIMACK VL	10'00.00"	
30	Harper, Kayti	10 CONCORD	9'11.00"	
31	Gelinas, Melissa	10 MEMORIAL	9'02.00"	
32	Hancock, Shannah	9 HANOVER	7'11.50"	
	- Donovan, Meghan	11 B. GUERTIN	FOUL	
	- Richards, Laura	9 HANOVER	FOUL	
	- Clune, Amelia	10 CONCORD	FOUL	

## Girls Shot Put

----- Finals - Results - Saturday 01/04/97 -----				
PL	ATHLETE NAME	YR SCHOOL	MARK	PTS
1	Donnell, Cheryl	12 PINKERTON	31'09.75"	6
2	Dowden, Tiffany	10 PINKERTON	30'03.75"	5
3	D'Aquila, Carolyn	12 B. GUERTIN	29'03.75"	4
4	Purdy, Rebecca	11 FAIR HAVEN	28'11.50"	3
5	Breeden, Becky	9 PINKERTON	27'08.50"	2
6	Gage, Cassie	12 LEBANON	27'05.25"	1
7	Rojas, Kristina	11 FAIR HAVEN	27'03.75"	
8	Tate, Heather	12 FAIR HAVEN	24'08.75"	
9	Smith, Maria	11 PINKERTON	24'08.00"	
10	Ladabouche, Elizabeth	10 RUTLAND, VT	24'05.50"	
11	Wintermyer, Michelle	11 LEBANON	24'05.00"	
12	Gabrielli, Julie	11 CONCORD	23'11.00"	
13	Cassidy, Heather	11 RUTLAND, VT	23'08.50"	
14	Kennett, Casey	12 MERRIMACK VL	23'04.50"	
15	O'Brien, Molly	11 MEMORIAL	23'03.50"	
16	McLaughlin, Taryn	10 RUTLAND, VT	23'00.50"	
17	Chapman, Katie	12 LEBANON	21'11.00"	
18	Godette, Amanda	11 RUTLAND, VT	21'05.00"	
19	Searles, Bethany	91 MEMORIAL	21'00.75"	
20	Whitten, Christy	12 MERRIMACK VL	21'00.00"	
21	Petrovek, Caity	11 CONCORD	20'09.25"	

## WINTER TRACK LEAGUE

DARTMOUTH COLLEGE - Saturday January 3, 1998

## COMPLETE RESULTS - ALL ROUNDS

## Girls Shot Put (Continued)

----- Finals - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	MARK	PTS
22 Richards, Laura	9 HANOVER	20'01.00"	
23 Angelillo, Laura	9 LEBANON	20'00.00"	
24 Bouchard, Kim	10 MEMORIAL	19'00.25"	
25 Martel, Sarah	10 MEMORIAL	18'06.00"	
26 Reynolds, Anne	11 MEMORIAL	18'05.50"	
27 Buxton, Amy	10 FAIR HAVEN	17'08.50"	
28 Bergman, Courtney	10 CONCORD	17'04.50"	
29 Conway, Leslie	11 MEMORIAL	13'05.00"	

## Girls 2,000 Meter Run

----- Finals - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Saucier, Jenn	10 PINKERTON	10:51.58	6
2 Smith, Tonya	12 CONCORD	11:03.28	5
3 Stokinger, Liz	10 PINKERTON	11:06.28	4
4 Kuil, Heather	12 CONCORD	11:10.13	3
5 Ford, Meridith	9 CONCORD	11:49.00	2
6 Poirier, Jen	11 MEMORIAL	12:03.52	1
7 Najem, Kim	9 PINKERTON	12:21.70	

## Girls 55 Meter High Hurdles

----- Preliminaries - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	HT
1 Corliss, Shannon	12 FAIR HAVEN	9.83	4
2 Tudhope, Carol	11 FAIR HAVEN	10.14	5
3 Potter, Elizabeth	11 RUTLAND, VT	10.17	4
4 Sennott, Jaime	PINKERTON	10.19	5
5 Kidder, Leslie	11 CONCORD	10.26	2
5 Sharpe, Rachel	10 CONCORD	10.26	5
7 Lampion, Kim	10 MERRIMACK VL	10.28	1
8 Decker, Cailin	11 B. GUERTIN	10.38	3
9 Knox, Jessica	12 MERRIMACK VL	10.40	5
10 Bulkley, Lindsey	10 PINKERTON	10.44	3
11 Edgerton, Lynsy	10 FAIR HAVEN	10.50	3
12 Henderson, Kascia	11 LEBANON	10.52	4
13 Smith, Lacey	11 FAIR HAVEN	10.73	2
14 Burksdale, Anna	12 MERRIMACK VL	10.74	3
15 Hardy, Heather	12 MERRIMACK VL	10.81	4
16 Doenges, Andrea	10 RUTLAND, VT	10.93	2
17 Drown, Laura	12 MERRIMACK VL	11.00	2
18 Kenyon, Tamsyn	11 LEBANON	11.15	1
19 Jones, Cathlin	9 CONCORD	11.34	1
20 Cotter, Carrie	12 PINKERTON	11.41	4
21 Trowgridge, Molly	9 B. GUERTIN	11.48	1

## Girls 55 Meter High Hurdles (Continued)

----- Preliminaries - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	HT
22 Copeley, Beth	10 CONCORD	11.66	3
23 Baker, Rachel	9 B. GUERTIN	11.83	4
24 Halbmaier, Chelsea	9 B. GUERTIN	12.16	5
25 Hamelin, Christine	9 B. GUERTIN	13.52	2
- Macomber, Kate	10 PINKERTON	FS	1

----- Finals - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Corliss, Shannon	12 FAIR HAVEN	9.89	6
2 Potter, Elizabeth	11 RUTLAND, VT	10.11	5
3 Tudhope, Carol	11 FAIR HAVEN	10.16	4
4 Sharpe, Rachel	10 CONCORD	10.20	3
5 Sennott, Jaime	PINKERTON	10.21	2
6 Kidder, Leslie	11 CONCORD	10.44	1

## Girls 55 Meter Dash

----- Preliminaries - Results - Saturday 01/04/97 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	HT
1 Beck, Carrie	12 FAIR HAVEN	7.85	1
2 McKinnon, Kristen	11 LEBANON	7.87	8
3 Richardson, Meg	12 PINKERTON	7.97	4
4 McFarland, Erin	12 MERRIMACK VL	8.03	2
4 Marciano, Alexis	11 PINKERTON	8.03	3
6 Gee, Sarah	10 RUTLAND, VT	8.04	4
7 Simeone, Sara	10 B. GUERTIN	8.08	5
7 Skeens, Samantha	10 FAIR HAVEN	8.08	7
9 Decker, Cailin	11 B. GUERTIN	8.15	7
10 Lampion, Kim	10 MERRIMACK VL	8.20	1
11 Foster, Sara	10 HANOVER	8.23	2
12 Angelillo, Carelle	11 LEBANON	8.24	6
13 Manganiello, Lisa	11 HANOVER	8.26	8
14 Herlihy, Kate	10 RUTLAND, VT	8.29	8
15 Mailloux, Jess	12 PINKERTON	8.30	6
16 Sutherland, Sara	10 MERRIMACK VL	8.38	7
17 Micci, Stephanie	12 B. GUERTIN	8.46	3
18 Sullivan, Meg	9 B. GUERTIN	8.48	2
19 Kenyon, Tamsyn	11 LEBANON	8.52	7
20 Kennett, Casey	12 MERRIMACK VL	8.53	3
21 Wareing, Karin	11 MERRIMACK VL	8.54	5
22 Trowgridge, Molly	9 B. GUERTIN	8.57	6
23 Sharpe, Rachel	10 CONCORD	8.58	4
23 Helms, Meg	11 CONCORD	8.58	5
25 Farrugia, Gianina	10 GREEN MT, VT	8.61	4
26 Marr, Ivy	11 FAIR HAVEN	8.75	2
27 Mielcarz, Lolly	11 CONCORD	8.79	6
28 Jennings, Audra	12 CONCORD	8.95	2
29 Hunsdon, Trish	10 GREEN MT, VT	8.96	1

## WINTER TRACK LEAGUE

DARTMOUTH COLLEGE - Saturday January 3, 1998

## COMPLETE RESULTS - ALL ROUNDS

## Girls 55 Meter Dash (Continued)

----- Preliminaries - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT
30	Henderson, Kascia	11	LEBANON	8.97	3
31	Ballew, Melanie	9	MEMORIAL	9.07	8
32	Oxman, Annaleah	9	HANOVER	9.08	5
33	Gelinas, Melissa	10	MEMORIAL	9.14	1
34	Godecte, Amanda	11	RUTLAND, VT	9.16	3
35	Batchelet, Casey	10	FAIR HAVEN	9.19	3
36	Giftos, Kathryn	10	B. GUERTIN	9.25	8
37	Saunders, Stephine	91	GREEN MT, VT	9.31	5
38	Wilkinson, Jessica	10	RUTLAND, VT	9.39	7
39	Bitner, Katherine	10	GREEN MT, VT	9.44	6
40	Hancock, Shannah	9	HANOVER	9.69	6
41	Miniutti, Mary	12	CONCORD	9.80	7
42	Treu, Sam	10	GREEN MT, VT	9.94	8
43	Petrovek, Caity	11	CONCORD	10.05	1
44	Dunn, Ashley	9	RUTLAND, VT	10.26	5
45	LaMontagne, Nicole	10	RUTLAND, VT	10.48	2
46	Carlson, Kelly	9	FAIR HAVEN	10.77	4
	Bergeron, Christina	9	PINKERTON	FS	1

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Beck, Carrie	12	FAIR HAVEN	7.75	6
2	McKinnon, Kristen	11	LEBANON	7.80	5
3	Marciano, Alexis	11	PINKERTON	7.94	4
4	Richardson, Meg	12	PINKERTON	7.97	3
5	McFarland, Erin	12	MERRIMACK VL	8.04	2
6	Gee, Sarah	10	RUTLAND, VT	8.06	1

## Girls 1,000 Meter Run

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
1	Landry, Katie	10	B. GUERTIN	3:14.13	2	6
2	Powerleau, Beth	10	PINKERTON	3:15.60	2	5
3	Drewes, Devon	11	CONCORD	3:22.92	2	4
4	Fredricksen, Greta	9	PINKERTON	3:28.55	2	3
5	Bouchard, Kim	10	MEMORIAL	3:28.72	2	2
6	Smith, Tonya	12	CONCORD	3:30.69	2	1
7	Sederquest, Kirstin	10	PINKERTON	3:34.67	2	
8	Christensen, Jo	12	RUTLAND, VT	3:35.21	2	
9	Helms, Meg	11	CONCORD	3:37.86	1	
10	Janas, Michelle	9	MEMORIAL	3:38.12	1	
11	Canavan, Emily	12	B. GUERTIN	3:47.46	1	
12	Quinn, Allison	11	B. GUERTIN	3:51.24	2	
13	Morill, Kim	9	MERRIMACK VL	3:52.37	1	
14	Fielder, Christine	12	RUTLAND, VT	4:02.44	1	
15	Jones, Sara	11	MERRIMACK VL	4:18.35	1	
16	Panneton, Lisa	9	MEMORIAL	4:22.68	1	

## Girls 1,000 Meter Run (Continued)

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
17	Milliard, Stephanie	9	MEMORIAL	4:22.86	1	

## Girls 600 Meter Run

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
1	Somssich, Kate	10	B. GUERTIN	1:44.34	3	6
2	Dow, Courtney	12	PINKERTON	1:45.40	3	5
3	Palermo, Sarah	11	B. GUERTIN	1:46.38	3	4
4	Smith, Lacey	11	FAIR HAVEN	1:47.03	3	3
5	Wilson, Lyndsey	10	B. GUERTIN	1:51.33	3	2
6	Bennett, Sarah	11	B. GUERTIN	1:51.61	3	1
7	Jones, Cathlin	9	CONCORD	1:51.98	2	
8	Cotter, Carrie	12	PINKERTON	1:52.15	3	
9	Kidder, Leslie	11	CONCORD	1:54.99	2	
10	Michel, Kirstin	11	FAIR HAVEN	1:55.40	2	
11	Wareing, Karin	11	MERRIMACK VL	1:55.72	3	
12	Radaker, Rachel	9	RUTLAND, VT	1:56.46	2	
13	Bulkley, Meredith	12	PINKERTON	1:57.27	1	
14	Forshay, Dee	9	RUTLAND, VT	1:57.55	2	
15	Colgan, Molly	9	HANOVER	1:58.16	2	
16	O'Connor, Bridget	11	HANOVER	1:59.88	2	
17	Lathey, Elizabeth	10	RUTLAND, VT	2:00.81	2	
18	Nicola, Amanda	11	FAIR HAVEN	2:02.74	1	
19	Bailey, Brianna	9	HANOVER	2:04.79	1	
20	Hoyes, Karen	11	MEMORIAL	2:05.46	1	
21	Cassidy, Heather	11	RUTLAND, VT	2:07.02	1	

## Girls 300 Meter Dash

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
1	McFarland, Erin	12	MERRIMACK VL	43.92	8	6
2	Beck, Carrie	12	FAIR HAVEN	44.08	8	5
3	Angelillo, Carelle	11	LEBANON	45.22	6	4
4	Simeone, Sara	10	B. GUERTIN	45.81	8	3
5	Griffin, Paige	12	RUTLAND, VT	46.19	4	2
6	Gee, Sarah	10	RUTLAND, VT	46.42	8	1
7	Flynn, Erin	12	HANOVER	47.23	8	
8	Macomber, Kate	10	PINKERTON	47.38	8	
9	Fisher, Colby	12	FAIR HAVEN	47.41	7	
10	Giftos, Kathryn	10	B. GUERTIN	47.54	6	
11	Watts, Jess	12	MEMORIAL	47.76	7	
12	Bergeron, Christina	9	PINKERTON	47.85	7	
13	McKinnon, Kristen	11	LEBANON	47.91	6	
14	Richardson, Meg	12	PINKERTON	48.18	7	

## WINTER TRACK LEAGUE

DARTMOUTH COLLEGE - Saturday January 3, 1998

## COMPLETE RESULTS - ALL ROUNDS

## Girls 300 Meter Dash (Continued)

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
15	Rosmus, Emily	12	FAIR HAVEN	48.35	7	
16	Marciano, Alexis	11	PINKERTON	48.37	5	
17	Foster, Sara	10	HANOVER	48.81	7	
18	Kennett, Casey	12	MERRIMACK VL	49.50	6	
19	Muirhead, Kristen	9	HANOVER	50.15	5	
20	Dalrymple, Megan	9	MEMORIAL	50.36	6	
21	Sutherland, Sara	10	MERRIMACK VL	50.56	6	
22	Farrugia, Gianina	10	GREEN MT, VT	50.63	4	
23	Mielcarz, Lolly	11	CONCORD	50.76	4	
24	Angelillo, Laura	9	LEBANON	50.81	4	
25	Baker, Rachel	9	B. GUERTIN	50.87	5	
26	Harrison, Robin	10	RUTLAND, VT	50.96	4	
27	Trowgridge, Molly	9	B. GUERTIN	51.46	5	
28	Anderson, Kelly	10	FAIR HAVEN	52.19	3	
29	Allen, Nancy	11	FAIR HAVEN	52.74	3	
30	Maistroosky, Laura	9	B. GUERTIN	52.89	5	
31	Gennings, Audra	12	CONCORD	53.79	3	
32	Batease, Julie	10	FAIR HAVEN	53.82	2	
33	Apicerno, Vanessa	10	B. GUERTIN	54.05	4	
34	Morse, Michelle	11	MEMORIAL	54.56	3	
35	Deatt, Robin	9	HANOVER	54.58	5	
36	Bitner, Katherine	10	GREEN MT, VT	54.79	2	
37	Copeley, Beth	10	CONCORD	54.79	3	
38	Hunsdon, Trish	10	GREEN MT, VT	54.85	3	
39	Barrett, Abbey	10	RUTLAND, VT	55.55	1	
40	Towasko, Erin	9	MEMORIAL	55.73	1	
41	Howard, Courtney	12	RUTLAND, VT	55.97	2	
42	Saunders, Stephanie		GREEN MT, VT	56.03	1	
43	Clune, Amelia	10	CONCORD	56.48	2	
44	Ballew, Melanie	9	MEMORIAL	57.15	1	
45	Soggu, Pam	9	MEMORIAL	57.33	1	
46	Treu, Sam	10	GREEN MT, VT	57.43	1	
47	Bergman, Courtney	10	CONCORD	58.81	2	

## Girls 1,500 Meter Run (Continued)

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
10	Hill, Kate	10	FAIR HAVEN	5:50.59		
11	Schulz, Lauren	9	MEMORIAL	6:33.79		
12	Dowling, Amanda	10	FAIR HAVEN	6:36.38		
13	Cummings, Darcy	9	FAIR HAVEN	6:37.60		

## Girls 4x400 Meter Relay

----- Finals - Results - Saturday 01/04/97 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	BGR	BISHOP GUERTIN	4:20.07	2	12
2	PKA	PINKERTON	4:33.83	2	10
3	MVL	MERRIMACK VL	4:39.44	2	8
4	MEM	MEMORIAL	4:50.34	1	6
5	CON	CONCORD	4:52.67	1	4
6	RUT	RUTLAND, VT	4:53.67	1	2
7	HAN	HANOVER	5:18.21		2
-	FHV	FAIR HAVEN, VT	DQ		2

## Girls 4x200 Meter Relay

----- Finals - Results - Saturday 01/04/97 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	BGR	BISHOP GUERTIN	1:56.26	2	12
2	PKA	PINKERTON	1:56.27	2	10
3	FHV	FAIR HAVEN, VT	1:57.07	2	8
4	MVL	MERRIMACK VL	1:57.61	2	6
5	RUT	RUTLAND, VT	1:58.00	1	4
6	LEB	LEBANON	1:59.39	2	2
7	HAN	HANOVER	2:02.02		1
8	CON	CONCORD	2:03.39		2
9	GMT	GREEN MT, VT	2:13.77		1

## Girls 1,500 Meter Run

----- Finals - Results - Saturday 01/04/97 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Stokinger, Liz	10	PINKERTON	5:06.74	6
2	Henderson, Chelsea	9	PINKERTON	5:08.08	5
3	Saucier, Jenn	10	PINKERTON	5:11.24	4
4	Drewes, Devon	11	CONCORD	5:19.18	3
5	Kuil, Heather	12	CONCORD	5:20.25	2
6	Guertin, Stephanie	11	B. GUERTIN	5:20.47	1
7	Ford, Meridith	9	CONCORD	5:31.54	
8	Castner, Anna	10	B. GUERTIN	5:36.85	
9	Poirier, Jen	11	MEMORIAL	5:40.91	

PINKERTON V. SALEM  
DATE 1/6/99

3000M

1. NADIA HUMBER (S) 10:54.0 ♀
2. ALISON RICCIARDONE (PA) 12:13.5
3. JOELLE INGRAM (PA) 12:23.6

55 METER HURDLES

1. LISA CONNOLLY (S) 9.0
2. LINSEY BULKLEY (PA) 9.4
3. JAMIE SENNOTT (PA) 9.8

55 METER DASH

1. HOLLY PRUD'HOMME (S) 7.5 ♀
2. MEG RICHARDSON (PA) 7.7 ♂
3. ALEXIS MARCIANO (PA) 7.8

1000M RUN

1. BETH POMERLEAU (PA) 3:20.2
2. MELISSA WHITNEY (S) 3:21.3
3. GRETA FREDRIKSEN (PA) 3:34.0

600M RUN

1. AMANDA PINEAU (S) 1:48.2
2. COURTNEY DOW (PA) 1:49.3
3. KIRSTIN SEDERQUEST (PA) 1:50.9

300M RUN

1. HOLLY PRUD'HOMME (S) 45.3
2. KATE MACOMBER (PA) 47.4
3. STACEY KARLZ (S) 47.8

1500M RUN

1. LIZ STOKINGER (PA) 5:09.4
2. CHELSEA HEWDERSON (PA) 5:12.4
3. JENN SAUCIER (PA) 5:14.9

4 x 1 LAP RELAY

1. SALEM 1:22.4
2. PINKERTON 1:22.6
3. \_\_\_\_\_

4 x 400M RELAY

1. SALEM 4:33.2
2. PINKERTON 4:36.4
3. \_\_\_\_\_

SHOT PUT

1. JAMIE MARQUIS (S) 32'4" 1
2. TIFFANY DOWDEN (PA) 32'3"
3. CHERYL DONNELL (PA) 30'9<sup>3</sup>/<sub>4</sub>"

LONG JUMP

1. HOLLY PRUD'HOMME (S) 16'8"
2. NICKI PELLETIER (PA) 16'1<sup>3</sup>/<sub>4</sub>"
3. MEG RICHARDSON (PA) 15'10"

HIGH JUMP

1. NICKI PELLETIER (PA) 5'0"
2. HOLLY LANNAN (PA) 4'9"
3. LINSEY SOELL (PA) 4'9"

TEAM RESULTS

1. PINKERTON 51
2. SALEM 49

# GIRLS

## N.H. INDOOR TRACK LEAGUE RESULTS

Meet Central NH Class L Meet

Date 11/17/99

### 3000 METERS

1.	March, Allison	Lon	10:51.3
2.	Saucier, Jean	PA	10:55.2
3.	Dutton, Julie	Lon	11:07.8
4.	Kwil, Heather	Conc	11:13.6
5.	Stokinger, Liz	PA	11:20.8
6.	Olsen, Emily	Lon	11:36.4

### 55 METER HIGH HURDLES

1.	<del>Jan Serrano</del>	TIMB	8.9
2.	Corrinn Dembowski	NHS	8.9
3.	Lindsay Buckley	PINK	9.6
4.	Kate Masley	TIMB	9.9
5.			
6.			

### 55 METER DASH

1.	Maloney, Megan	Lon	7.5
2.	Kosciewicz, Jess	Tim	7.5
3.	Curran, Blain	Nash	7.7
4.	Prud'homme, Holly	Sal	7.7
5.	Lynch, Keri Ann	Lon	7.7
6.	Desmond, Amy	Tim	7.8

### 1000 METERS

1.	Vanderhoof, Melanie	Tim	3:08.5
2.	Humber, Nadiyah	Sal	3:09.2
3.	Harrison, Jolene	PEA	3:11.6
4.	Pelaiski, Sarah	Pink	3:12.3
5.	McKenna, Bre-Anne	Lon	3:14.1
6.	Goduti, Catherine	Lon	3:15.1

### 600 METERS

1.	Meisner, Kristen	Nash	1:39.7
2.	Lynch, Keri Ann	Lon	1:41.4
3.	Pomerleau, Beth	PA	1:42.6
4.	Vail, Yola	Timb	1:45.3
5.	Palermo, Sarah	BG	1:47.2
6.	Brown, Courtney	PEA	1:47.5

### 300 METERS

1.	Kristen Meisner	NHS	43.8
2.	Blair Curran	NHS	44.0
3.	Holly Prud'homme	SALEM	44.2
4.	Amy Mannarini	LONG	44.5
5.	Kristen Kearney	TIMB	44.9
6.	Coltin (L)/Nichols (A)	tie	45.6

### 1500 METERS

1.	Landry, Katie	BG	4:58.1
2.	Hampson, Emily	PEA	5:00.2
3.	Pelaiski, Sarah	Pink	5:08.2
4.	Stokinger, Liz	Pink	5:09.4
5.	Dutton, Julie	Lon	5:11.1
6.	Saucier, Jenn	Pink	5:14.8

### 4 X 400m RELAY

1.	Londonderry	4:21.1
2.	Timberlane	4:23.2
3.	Salem	4:24.4
4.	Bishop Guertin	4:28.0
5.	Pinkerton	4:28.4
6.	Alvirne	4:37.2

### 4 X 160m RELAY

1.	Nashua	1:27.6
2.	Londonderry	1:29.8
3.	Salem	1:29.9
4.	Pinkerton	1:30.9
5.	BG	1:31.5
6.	Timberlane	1:31.7

### HIGH JUMP

1.	Pelletier, Nicki	Pink	5'2" >tr
2.	Donovan, Meg	BG	5'0" >tr
3.	Felton, Michelle	Merr	5'0"
4.	Annis, Katie	ALV	5'0"
5.	Lannan, Holly	PA	4'9" >tr
6.	Dembowski, Corinn	Nash	4'9" >tr

### LONG JUMP

1.	Nichols, Jean	ALV	15'10"
2.	Dembowski, Corinn	Nash	15'6 <sup>3</sup> / <sub>4</sub> "
3.	Hall, Marianne	Lon	15'6 <sup>1</sup> / <sub>2</sub> "
4.	Kosciewicz, Jess	Timb	15'5"
5.	Pelletier, Nicki	PA	15'4 <sup>3</sup> / <sub>4</sub> "
6.	Huegel, Hannah	PEA	15'4 <sup>1</sup> / <sub>2</sub> "

### SHOT PUT

1.	Jamie Franks	NHS	33-6.5
2.	Jamie Matulis	SALEM	32-4
3.	Cheryl Donnell	PINK	31-3.0
4.	Liff Dowden	PINK	31
5.	Becky Lamby	NHS	30-4
6.	Alsing Wood	ALV	30-3.5

### TEAM RESULTS

### POINTS

1.	Londonderry	58 1/2
2.	Nashua	52 1/2
3.	Pinkerton	52
4.	Timberlane	41
5.	Salem	33
6.	Bishop Guertin	23 1/2
7.	Alvirne	12 1/2
8.	Phillips Exeter	11
9.	Merrimack	4
10.	Concord	3

**GIRLS N.H. INDOOR TRACK LEAGUE RESULTS**

Meet Open Meet

Date 1/23/99

**3000 METERS**

1.	Ruston, Amy	Nash	10:18.0
2.	Stokinger, Liz	PA	10:57.8
3.	Landry, Katie	BG	11:26.0
4.	Marlowe, Katie	Cont	11:27.7
5.	Henderson, Chelsea	PA	11:33.3
3.	Poirier, Jen	Mem	11:59.5

**55 METER HIGH HURDLES**

1.	Dembokoski, Corinn	Nash	9.0
2.	Buckley, Lindsey	PA	9.0
3.	Connolly, Lisa	Sal	9.3
4.	C-R, Mattie	Sp	9.7
5.	Mongold, Melissa	Hol	10.0
3.	Nuttall, Brittany	Nash	10.1

**55 METER DASH**

1.	O'Brien, Kelly	OR	7.7
2.	Curran, Blair	Nash	7.7
3.	Prud'homme, Holly	Sal	7.7
4.	Marciano, Alexis	PA	7.7
5.	O'Grady, Erin	Ray	7.9
3.	Mailloux, Jess	PA	7.9

**1000 METERS**

1.	Pomerleau, Beth	PA	3:11.2
2.	Anderson, Heidi	Winn	3:11.6
3.	Whitney, Melissa	Sal	3:14.6
4.	Guertin, Steph	BG	3:20.0
5.	Carberry, Tiffany	Kings	3:21.3
3.	Wilson, Lindsey	BG	3:21.8

**600 METERS**

1.	Meisner, Kristen	Nash	1:43.2
2.	Pineau, Amanda	Sal	1:45.0
3.	Palermo, Sarah	BG	1:47.5
4.	Bennett, Sarah	BG	1:48.6
5.	Lozeau, Ali	BG	1:49.8
3.	Spry, Mari	Nash	1:50.4

**300 METERS**

1.	Somssich, Kate	BG	44.7
2.	Meisner, Kristen	Nash	44.9
3.	Curran, Blair	Nash	45.2
4.	Macomber, Kate	PA	46.1
5.	Smith, Jasmine	OR	46.3
6.	James, Katie	Winn	46.6

**1500 METERS**

1.	Pelarske, Sarah	PA	4:55.9
2.	Humber, Nadiyah	Sal	5:00.0
3.	Saucier, Jenn	PA	5:07.0
4.	Johnson, Missy	Hol	5:18.7
5.	Castner, Anna	BG	5:22.6
6.	Bartlett, Carrie	Kings	5:30.7

**4 X 400m RELAY**

1.	Nashua	4:17.3
2.	Bishop Guertin	4:19.5
3.	Salem	4:19.6
4.	Pinkerton Academy	4:39.1
5.	Memorial	4:47.3
6.	Hollis Brookline	4:53.1

**4 X 160m RELAY**

1.	Nashua	1:27.9
2.	Oyster River	1:31.2
3.	Pinkerton Academy	1:31.7
4.	Bishop Guertin	1:32.6
5.	Spaulding	1:33.4
6.	Winnacunnet	1:36.3

**HIGH JUMP**

1.	Bennett, Sarah	BG	5'2"
2.	Donovan, Meg	BG	5'0" tie
3.	Pelletier, Nicki	PA	5'0" tie
4.	Maas, Allison	Nash	4'9"
5.	Halbmaier, Chelsea	BG	4'9"
6.	MANY TIED		4'6"

**LONG JUMP**

1.	Pelletier, Nicki	PA	15'5 1/2"
2.	Prud'homme, Holly	Sal	15'3"
3.	Dembowski, Corinn	Nash	15' 1/2"
4.	Richardson, Megan	PA	15' 1/4"
5.	Kissel, Amy	Hol	14' 9 1/4"
6.	Slattery, Kassey	Nash	14'8"

**SHOT PUT**

1.	Marquis, Jamie	Sal	33'11 1/4"
2.	Dowden, Tiffany	PA	33'2 3/4"
3.	Donnell, Cheryl	PA	31'2 3/4"
4.	Gatton, Katie	Nash	30'9"
5.	Landry, Becky	Nash	30'1"
6.	Hadfield, Andrea	Winn	30'1"

**TEAM RESULTS**

**POINTS**

1.
2.
3.
4.
5.
6.
7.
8.
9.
10.

## 1999 N.H. INDOOR TRACK LEAGUE — GIRLS RELAY CARNIVAL

### SHOT PUT RELAY - 106'8.25"

1. Pinkerton	93'3"
2. Nashua	89'4"
3. West	88'8"
4. Alvirne	86'7"
5. Dover	84'6.75"
6. Phillips Exeter Academy	84'3.5"

### LONG JUMP RELAY - 49'1.25"

1. Pinkerton	45'10"
2. Londonderry	44'11"
3. Lebanon	44'6.25"
4. Nashua	42'10.5"
5. Spaulding	42'8.5"
6. Alvirne	42'7.5"

### HIGH JUMP RELAY - 15'1"

1. Bishop Guertin	14'3"
2. Pinkerton	14'2"
3. Exeter	14'1"
4. Alvirne (tie)	14'
4. Nashua (tie)	14'
6. Merrimack Valley	13'9"

### 4X800 METER RELAY - 9:43.3

1. Pinkerton	9:51.6
2. Londonderry	9:53.5
3. Bishop Guertin	10:07.6
4. Timberlane	10:19.32
5. Phillips Exeter Academy	10:24.3
6. Concord	10:30.7

### SHUTTLE HURDLES - 33.9

1. Dover	35.3
2. Pinkerton	36.2
3. Phillips Exeter Academy	36.2
4. Nashua	36.3
5. Londonderry	36.4
6. Salem	37.2

### SHUTTLE DASH - 28.1

1. Nashua	28.5
2. Londonderry	28.8
3. Timberlane	28.9
4. West	29.4
5. Alvirne	29.7
6. Spaulding	29.9

### DISTANCE MEDLEY RELAY - 12:41.6

1. Pinkerton	12:54.2
2. Londonderry	12:57.2
3. Portsmouth	13:26.1
4. Nashua	13:26.3
5. Bishop Guertin	13:36.5
6. Concord	13:38.7

### 4X400 METER RELAY - 4:12.8

1. Nashua (New Record)	4:12.2
2. Londonderry	4:12.3
3. Salem	4:18.2
4. Timberlane	4:25.2
5. West	4:26.0
6. Winnacunnet	4:26.6

### 4X160 METER RELAY - 1:26.2

1. Nashua	1:27.0
2. Londonderry	1:28.5
3. Salem	1:29.1

4. Timberlane	1:29.3
5. Dover	1:30.4
6. Lebanon	1:30.5

### TEAM SCORES

1. Pinkerton	56	12. Portsmouth (tie)	6
2. Nashua	53	14. Spaulding	3
3. Londonderry	50	15. Concord	2
4. Bishop Guertin (tie)	18	16. Merrimack Valley (tie)	1
4. Timberlane (tie)	18	16. Winnacunnet (tie)	1
6. Dover	14	18.	
7. Salem	13	19.	
8. West	12	20.	
9. Alvirne	10	21.	
10. Phillips Exeter Academy	9	22.	
11. Lebanon	7	23.	
12. Exeter (tie)	6	24.	



GIRLS N.H. INDOOR TRACK LEAGUE RESULTS

Meet Open Meet

Date 2/6/99

<b>3000 METERS</b>			<b>4 X 400m RELAY</b>		
1.			1.	Bishop Guertin	4:27.5
2.			2.	Pinkerton	4:31.8
3.			3.	Souhegan	4:46.7
4.			4.	Exeter	4:52.1
5.			5.	Trinity	4:54.5
6.			6.	Conant	5:09.2
<b>55 METER HIGH HURDLES</b>			<b>4 X 160m RELAY</b>		
1.	Dembkoski, Corinn	Nash 8.7	1.	Nashua	1:25.5
2.	Bulkley, Lindsey	PA 9.0	2.	Timberlane	1:27.9
3.	Kearney, Kristen	Timb 9.2	3.	Pinkerton	1:29.9
4.	C-R, Mattie	Sp 9.2	4.	Hanover	1:30.0
5.	Connolly, Lisa	Sal 9.2	5.	Salem (tie)	1:30.5
6.	Mealey, Kate	Timb 9.4	5.	Bishop Guertin (tie)	1:30.5
<b>55 METER DASH</b>			<b>HIGH JUMP</b>		
1.	Curran, Blair	Nash 7.5	1.	Bennet, Sarah	BG 5'2"
2.	Kosciewicz, Jess	Timb 7.5	2.	Donovan, Meg	BG 5'2"
3.	Desmond, Amy	Timb 7.5	3.	Edwards, Jen	Ex 5'0"
4.	Simeone, Sara	BG 7.6	4.	Rowe, Kristen	Sou 5'0"
5.	O'Grady, Erin	Ray 7.6	5.	Pelletier, Nicki	PA 5'0"
6.	Foster, Sarah	Han 7.6	6.	Benger, Nikki	Alv 5'0"
<b>1000 METERS</b>			<b>LONG JUMP</b>		
1.	Pelarske, Sarah	PA 3:05.1	1.	Pelletier, Nicki	PA 16'1"
2.	Landry, Katie	BG 3:07.5	2.	Edwards, Jen	Ex 15'10 3/4"
3.	Dow, Courtney	PA 3:16.8	3.	Kosciewicz, Jess	Timb 15'9 1/2"
4.	Whitney, Melissa	Sal 3:17.4	4.	Dembkoski, Corinn	Nash 15'9"
5.	Hodge, Loreen	Nash 3:18.0	5.	Richardson, Meg	PA 15'7 1/4"
6.	Pomerleau, Beth	PA 3:18.5	6.	Desmond, Amy	Timb 15'6"
<b>600 METERS</b>			<b>SHOT PUT</b>		
1.	Meisner, Kristen	Nash 1:39.2	1.	Dufresne, Dawn	San 34'1 1/2"
2.	Reeser, Sarah	Ex 1:43.9	2.	Dowden, Tiffany	PA 33'1 1/2"
3.	Bennett, Sarah	BG 1:45.1	3.	Marquis, Jamie	Sal 33' 1/2"
4.	Sederquest, Kristin	PA 1:47.8	4.	Donnell, Cheryl	PA 32'7 1/4"
5.	Lozeau, Ali	BG 1:48.4	5.	Cassavaugh, Abby	Ex 32'1"
6.	Wilson, Lyndsey	BG 1:48.9	6.	Gatton, Katie	Nash 31'11"
<b>300 METERS</b>			<b>TEAM RESULTS</b>		
1.	Curran, Blair	Nash 43.1	1.		<b>POINTS</b>
2.	Kearney, Kristen	Timb 44.2	2.		
3.	Simeone, Sara	BG 44.6	3.		
4.	C-R, Mattie	Sp 45.2	4.		
5.	Smith, Jasmine	OR 45.3	5.		
6.	Macomber, Kate	PA 45.7	6.		
<b>1500 METERS</b>			7.		
1.	Ruston, Amy	Nash 4:47.1	8.		
2.	Vanderhoof, Melanie	Timb 4:59.0	9.		
3.	Stokinger, Liz	PA 5:03.8	10.		
4.	Henderson, Chelsea	PA 5:10.0			
5.	Humber, Nadiyah	Sal 5:11.0			
6.	Saucier, Jenn	PA 5:18.0			

NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOC.

GIRLS INDOOR TRACK AND FIELD CHAMPIONSHIPS

PAUL SWEET OVAL - UNIVERSITY OF NEW HAMPSHIRE - Friday February 12, 1999

COMPLETE RESULTS - ALL ROUNDS

WOMEN'S TEAM SCORES: 1. MANCHESTER CENTRAL, 109; 2. NASHUA, 68; 3. LONDONDERRY, 42; 4. SALEM, 20; 5. DOVER, 19; 6. BISHOP GUERTIN, 16.33; 7. PINKERTON ACADEMY, 14.33; 8. LEBANON, 14; 9. TIMBERLANE, 12; 9. SPAULDING, 12; 11. EXETER, 10; 12. SANBORN, 8; 12. MERRIMACK, 8; 14. OYSTER RIVER, 6; 15. MERRIMACK VALLEY, 4; 15. ALVIRNE, 4; 17. SOUHEGAN, 2.33; 18. MANCHESTER WEST, 2; 19. HANOVER, 1.

Event 6 Girls 55 Meter Dash

----- Finals - Results - Saturday 12/19/98 -----

State: 7.14 ANGIE JOHNSON NASHUA 1989
1998 Champion: 7.38 BRIANNE STANDBRIDGE MILFORD

Table with 4 columns: PL, ATHLETE NAME, YR SCHOOL, TIME PTS. Lists results for Event 6 Girls 55 Meter Dash.

----- Preliminaries - Results - Saturday 12/19/98 -----

Table with 3 columns: PL, ATHLETE NAME, YR SCHOOL, TIME HT. Lists preliminary results for Event 6.

Table with 4 columns: PL, ATHLETE NAME, YR SCHOOL, TIME HT. Lists preliminary results for Event 9 Girls 300 Meter Dash.

Event 9 Girls 300 Meter Dash

State: 41.24 ANGIE JOHNSON NASHUA 1989
1998 Champion: 42.66 BLAIRE CURRAN NASHUA

----- Finals - Results - Saturday 12/19/98 -----

Table with 5 columns: PL, ATHLETE NAME, YR SCHOOL, TIME, HT, PTS. Lists final results for Event 9 Girls 300 Meter Dash.

----- Semi-Finals - Results - Saturday 12/19/98 -----

Table with 4 columns: PL, ATHLETE NAME, YR SCHOOL, TIME HT. Lists semi-final results for Event 6.

NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOC.
GIRLS INDOOR TRACK AND FIELD CHAMPIONSHIPS
PAUL SWEET OVAL - UNIVERSITY OF NEW HAMPSHIRE - Friday February 12, 1999

COMPLETE RESULTS - ALL ROUNDS

Event 8 Girls 600 Meter Run

Event 10 Girls 1,500 Meter Run

State: 1:37.35 ALISON POULIN OYSTER RIVER 1988

State: 4:48.54 KRISTIN COBB TIMBERLANE

1991

1998 Champion: 1:37.67 KERI ANN LYNCH LONDONDERRY

1998 Champion: 4:59.66 JOCELYN THERIAULT OYSTER RIVER

Finals - Results - Saturday 12/19/98

Finals - Results - Saturday 12/19/98

Table with 5 columns: PL ATHLETE NAME, YR SCHOOL, TIME, HT, PTS. Lists 14 girls and their performance details for the 600 Meter Run event.

Table with 5 columns: PL ATHLETE NAME, YR SCHOOL, TIME, HT, PTS. Lists 18 girls and their performance details for the 1,500 Meter Run event.

Event 7 Girls 1,000 Meter Run

State: 2:58.94 HELENA KIMBALL LONDONDERRY

1995

1998 Champion: 3:08.33 JILL LAURENDEAU MANCHESTER CENTRAL

Event 4 Girls 3,000 Meter Run

Finals - Results - Saturday 12/19/98

State: 10:06.74 DANYELLE WOOD SPAULDING

1993

1998 Champion: 10:42.54 CODI VACHON MANCHESTER CENTRAL

Table with 5 columns: PL ATHLETE NAME, YR SCHOOL, TIME, HT, PTS. Lists 15 girls and their performance details for the 1,000 Meter Run event.

Finals - Results - Saturday 12/19/98

Table with 5 columns: PL ATHLETE NAME, YR SCHOOL, TIME, HT, PTS. Lists 15 girls and their performance details for the 3,000 Meter Run event.

NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOC.  
GIRLS INDOOR TRACK AND FIELD CHAMPIONSHIPS  
PAUL SWEET OVAL - UNIVERSITY OF NEW HAMPSHIRE - Friday February 12, 1999

## COMPLETE RESULTS - ALL ROUNDS

## Event 4 Girls 3,000 Meter Run (Continued)

## ----- Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
16	Nies, Rebecca	11	PORTSMOUTH	11:36.95	1	
17	Olsen, Emily	9	LONDONDERRY	11:38.69	1	
18	Suprenant, Bria	12	CENTRAL	11:44.12	1	
19	Pagnotta, Beth	11	CENTRAL	11:51.46	1	
20	Plissey, Susan	11	LONDONDERRY	12:01.08	2	

## Event 5 Girls 55 Meter Hurdles

State: 8.64 SANDI WLAKER PORTSMOUTH 1984

1998 Champion: 8.81 CORINN DEMBKOSKI NASHUA

## Event 5 Girls 55 Meter Hurdles (Continued)

## ----- Semi-Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT
12	Gravel, Sarah	10	WEST	9.57	1

## ----- Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
1	Dembkoski, Corinn	12	NASHUA	8.79	10	
2	Sandahl, Kristen	12	DOVER	8.86	8	
3	Mannarini, Amy	12	LONDONDERRY	8.92	6	
4	Connolly, Lisa	12	SALEM	9.14	4	
5	Richmond, Mattie	10	SPAULDING	9.22	2	
6	Hall, Marianne	12	LONDONDERRY	9.27	1	

## Event 12 Girls 4x160 Meter Relay

State: 1:25.50 NASHUA 1997

1998 Champion: 1:26.22 NASHUA

## ----- Preliminaries - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT
1	Dembkoski, Corinn	12	NASHUA	8.77	1
2	Sandahl, Kristen	12	DOVER	8.93	2
3	Serratore, Jen	10	TIMBERLANE	9.06	3
4	Richmond, Mattie	10	SPAULDING	9.09	3
5	Mannarini, Amy	12	LONDONDERRY	9.20	1
6	Hall, Marianne	12	LONDONDERRY	9.30	2
7	Connolly, Lisa	12	SALEM	9.11	3
8	Bulkley, Lindsey	10	PINKERTON	9.31	1
9	Kearney, Kristen	11	TIMBERLANE	9.35	1
10	Spanos, Melissa	11	LEBANON	9.37	2
11	Gaudet, Marieke	11	PORTSMOUTH	9.51	1
12	Gravel, Sarah	10	WEST	9.57	3
13	Mealey, Kate	12	TIMBERLANE	9.61	2
14	Nuttall, Brittany	11	NASHUA	9.76	3
15	Dix, Sarah	11	DOVER	9.80	3
16	Petrin, Val	11	CENTRAL	9.80	2
17	Lampron, Kim	10	MERRIMACK VL	10.28	1
18	Sager, Asley	10	SANBORN	10.38	2

## ----- Semi-Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	TIME	HT	PTS
1	Dembkoski, Corinn	12	NASHUA	8.72	1	
2	Sandahl, Kristen	12	DOVER	8.85	2	
3	Mannarini, Amy	12	LONDONDERRY	9.00	1	
4	Hall, Marianne	12	LONDONDERRY	9.11	2	
5	Richmond, Mattie	10	SPAULDING	9.09	1	
6	Connolly, Lisa	12	SALEM	9.13	2	
7	Kearney, Kristen	11	TIMBERLANE	9.19	1	
8	Serratore, Jen	10	TIMBERLANE	9.25	2	
9	Spanos, Melissa	11	LEBANON	9.29	2	
10	Gaudet, Marieke	11	PORTSMOUTH	9.30	2	
11	Bulkley, Lindsey	10	PINKERTON	9.31	1	

## ----- Finals - Results - Saturday 12/19/98 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	NAS	NASHUA	1:25.21	8	10
2	CEN	MANCHESTER CENTRAL	1:25.46	8	8
3	TIM	TIMBERLANE	1:26.44	7	6
4	SAL	SALEM	1:28.44	6	4
5	OYR	OYSTER RIVER	1:29.15	1	2
6	HAN	HANOVER	1:29.20	5	1
7	MVL	MERRIMACK VALLEY	1:29.58	1	
8	DOV	DOVER	1:29.87	4	
9	MER	MERRIMACK	1:30.03	4	
10	WES	MANCHESTER WEST	1:30.52	5	
11	LEB	LEBANON	1:30.65	3	
12	BGR	BISHOP GUERTIN	1:31.54	3	
13	ALV	ALVIRNE	1:31.80	2	
-	LON	LONDONDERRY	DNF	7	
-	PKA	PINKERTON ACADEMY	DQ	6	
-	SPA	SPAULDING	DQ	2	

## Event 11 Girls 4x400 Meter Relay

State: 4:06.14 MANCHESTER CENTRAL 1998

1998 Champion: 4:11.18 MANCHESTER CENTRAL

## ----- Finals - Results - Saturday 12/19/98 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
1	CEN	MANCHESTER CENTRAL	4:09.95	3	10
2	LON	LONDONDERRY	4:13.46	3	8

## NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOC.

## GIRLS INDOOR TRACK AND FIELD CHAMPIONSHIPS

PAUL SWEET OVAL - UNIVERSITY OF NEW HAMPSHIRE - Friday February 12, 1999

## COMPLETE RESULTS - ALL ROUNDS

## Event 11 Girls 4x400 Meter Relay (Continued)

----- Finals - Results - Saturday 12/19/98 -----

PLACE	RELAY	AFFILIATION	TIME	HT	PTS
3	BGR	BISHOP GUERTIN	4:13.76	3	6
4	NAS	NASHUA	4:15.57	3	4
5	WES	MANCHESTER WEST	4:20.73	2	2
6	SAL	SALEM	4:20.77	2	1
7	WIN	WINNACUNNET	4:22.10	2	
8	TIM	TIMBERLANE	4:26.23	2	
9	ALV	ALVIRNE	4:27.02	1	
10	PKA	PINKERTON ACADEMY	4:29.11	1	
11	MEM	MANCHESTER MEMORIAL	4:33.49	1	

## Event 1 Girls High Jump

State: 5'08.00" ALISON POULIN OYSTER RIVER 1988  
 1998 Champion: 5'02.00" CRISSY FLATHERS TIMBERLANE

----- Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	MARK	PTS
1	Edwards, Jen	11	EXETER	5'02.00"	10
2	Niles, Tina	9	MERRIMACK	5'02.00"	8
3	Bennett, Sarah	11	B. GUERTIN	5'02.00"	6
4	Donovan, Meghan	11	B. GUERTIN	5'00.00"	2.33
4	Pelletier, Nicki	12	PINKERTON	5'00.00"	2.33
4	Rowe, Kirsten	10	SOUHEGAN	5'00.00"	2.33
7	Dembkoski, Cara	10	NASHUA	5'00.00"	
8	Dembkoski, Corinn	12	NASHUA	4'10.00"	
9	Spence, Kim	11	DOVER	4'10.00"	
10	Felton, Michelle	10	MERRIMACK	4'10.00"	
10	Brooks, Megan	12	CON. CHRISTN	4'10.00"	
10	Sandahl, Kristen	12	DOVER	4'10.00"	
13	Letter, Jackie	12	NASHUA	4'10.00"	
14	Traut, Katie	9	MERRIMACK	4'08.00"	
14	Benger, Nikki	10	ALVIRNE	4'08.00"	
14	Harris, Tricia	9	MERRIMACK VL	4'08.00"	
17	Annis, Katie	12	ALVIRNE	4'08.00"	
17	Lannan, Holly	10	PINKERTON	4'08.00"	
17	Bielawa, Megan	11	ALVIRNE	4'08.00"	
17	Watts, Jess	12	MEMORIAL	4'08.00"	
21	Odell, Lindsay	11	PINKERTON	4'08.00"	
21	Nuttall, Brittany	11	NASHUA	4'08.00"	
21	Halbmaier, Chelsea	9	B. GUERTIN	4'08.00"	
21	Maas, Alison	11	NASHUA	4'08.00"	
-	Clayton, Jen	11	WEST	NH	
-	Ward, Brittan	10	SOUHEGAN	NH	
-	Spanos, Melissa	11	LEBANON	NH	

## Event 2 Girls Long Jump

State: 18'03.50" ROBYN PROCTOR NASHUA  
 1998 Champion: 17'05.00" MATTIE CHATTERTON-RICHMOND SPAULDING

----- Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	MARK	PTS
1	Richmond, Mattie	10	SPAULDING	17'00.00"	10
2	Hall, Marianne	12	LONDONDERRY	16'10.00"	8
3	McKinnon, Kristen	11	LEBANON	16'07.50"	6
4	Nichols, Jean	10	ALVIRNE	16'06.25"	4
5	Prud'homme, Holly	12	SALEM	16'05.00"	2
6	Gati, Lizzie	12	CENTRAL	16'03.00"	1
7	Slattery, Kassy	10	NASHUA	15'09.75"	
7	Pelletier, Nicki	12	PINKERTON	15'09.75"	
9	Kosciewicz, Jessica	11	TIMBERLANE	15'08.50"	
10	Desmond, Amy	10	TIMBERLANE	15'07.50"	
11	Dembkoski, Corinn	12	NASHUA	15'05.50"	
12	Spanos, Melissa	11	LEBANON	15'03.00"	
13	Lovejoy, Brynn	10	CENTRAL	15'01.75"	
13	Stevens, Jenny	10	CENTRAL	15'01.75"	
15	Richardson, Megan	12	PINKERTON	15'01.00"	
16	Edwards, Jen	11	EXETER	14'11.50"	
17	Mailloux, Jess	12	PINKERTON	14'11.00"	
18	Smagula, Lindsey	9	WEST	14'08.00"	
19	Bergeron, Christina	9	PINKERTON	14'04.50"	

## Event 3 Girls Shot Put

State: 42'05.00" CATHY ROSS PORTSMOUTH 1983  
 1998 Champion: 38'04.75" STEPHANIE ROY NASHUA

----- Finals - Results - Saturday 12/19/98 -----

PL	ATHLETE NAME	YR	SCHOOL	MARK	PTS
1	Paprocki, Morgan	12	CENTRAL	36'06.00"	10
2	Dufresne, Dawn	12	SANBORN	34'09.75"	8
3	Sandahl, Kristen	12	DOVER	34'04.75"	6
4	Marquis, Jamie	12	SALEM	34'04.50"	4
5	Dowden, Tiffany	10	PINKERTON	34'04.00"	2
6	Donnell, Cheryl	12	PINKERTON	33'01.00"	1
7	Landry, Becky	11	NASHUA	32'05.00"	
8	Worden, Kate	11	WEST	31'11.75"	
9	Franks, Jaime	12	NASHUA	31'11.50"	
10	Gatton, Katie	12	NASHUA	31'05.00"	
11	Gravel, Rachel	10	SPAULDING	31'02.50"	
12	Hadfield, Andrea	10	WINNACUNNET	31'00.00"	
13	Marmarou, Maria	12	WEST	30'10.00"	
14	D'Aquila, Carolyn	11	B. GUERTIN	30'06.25"	

# PINKERTON INDOOR TRACK

## Seniors: Class of 1999

Meredith Bulkley  
Liz Burakowski  
Carrie Cotter  
Cheryl Donnell  
Courtney Dow  
Caitlin Kenny  
Jess Mailoux  
Sarah Pelarske  
Nicki Pelletier  
Megan Richardson

## Juniors: Class of 2000

Shai Freddette  
Kristal Fredriksen  
Alexis Marciano  
Jess Nesbitt  
Lindsay Odell  
Maria Smith

## Sophomores: Class of 2001

Lyndsey Almon  
Sarah Beecy  
Lindsey Bulkley  
Lauren Cillizza  
Heather Colby  
Tiffany Dowden  
Jenn Furstenau  
Sarah Hagen  
Melissa Henrick  
Holly Lannan  
Susan Lorenz  
Jukie Lutz

Kate Macomber  
Christina Madarese  
Beth Pomerleau  
Jenn Saucier  
Kirstin Sederquest  
Joanna Smith  
Liz Stokinger  
Heather Waldron  
Melynda Wilson

## Freshmen: Class of 2002

Katherine Batts  
Christina Bergeron  
Becky Breeden  
Shelby Doherty  
Gillian Fairchild  
Jen Frederick  
Jess Frederick  
Greta Fredriksen  
Danielle Gray  
Chelsea Henderson  
Shauna Howard  
Joelle Ingram  
Jessica Jamieson  
Kate Koralis  
Jenn Koken  
Celine Murphy  
Kim Najem  
Alison Ricciardone  
Tara Robertson  
Amy Routh  
Jaime Sennott  
Alyson St. Amand

## Team Records

**Shot Put: 34' 4"**

**Tiffany Dowden (1999)**

**High Jump: 5'2"**

**Kim Spofford (1985),  
Abby Willets (1996), Leah  
White (1987), Nicki Pelletier  
(1997,1998, 1999)**

**Long Jump: 17'2"**

**Sherri Hughes (1983)**

**3000 M: 10:42.8**

**Amy Kruschwitz (1985)**

**55 m Hurdles: 8.3**

**Sherri Hughes (1983)**

**55 m Dash: 7.2**

**Sherri Hughes (1982)**

**1000 m Run: 3:05.10**

**Sarah Pelarske (1999)**

**600 m Run: 1:42.6**

**Beth Pomerleau (1999)**

**300 m Dash: 42.6**

**Sherri Hughes (1982, 1983)**

**1500 m Run: 4:54.8**

**Kate Burakowski (1996)**