### Pinkerton girls' track rules

#### By Bill Sage

You can't beat Pinkerton That is lesson number one in girls' winter track The unwritten lesson If you're from an opposing team and you're looking to beat Pinkerton Academy, you might as well resign yourself to that fact The Astros can't be beat

That's the education that Oyster River E>eter, and West High School were forced to learn Dec 28 as the Astros added three more victories to make their undefeated record, 6-0 The final score, to the dismay of the Astros' rivals, was P A 54, Oyster River 36, Exeter 41, and Manchester's West High 8 There was just no chance

Pinkerton simply devastated its opponents from the minute they stepped onto the track at the U N H campus in Durham They dominated the meet placing twelve runners in just four events

Leading the team in the long distance races was the Astros' running ace, Cindy Collins The young sophomore stole the show taking first place in both the one mile and two mile run

Collins ran her own race in the two mile as she had no competition the second the starter's gun went off She crossed the finish line with a time of 11:43.

Not to be outdone, Kathy Garvin and Deb Lonergan finished second and fourth, respectively, to reenforce Pinkerton's control of the race Garvin was flagged in at 12.15.7 while Lonergan toured the track in 13 31 8

The Astros continued their domination in the long distance events sweeping three more places in the one mile run. And it was Collins again leading the race from start to finish.

The only real competition Collins had was from Exeter's Aucoin. Collins was ahead most of the race as Aucoin tried in vain to catch up Aucoin is considered to be an outstanding long distance runner. But, there was nothing she could do to catch up with Collins as the Astros' leading distance runner was clocked in 5:25.8.

Kathy Garvin was again in there for the Astros as she finished behind Aucoin, crossing the finish line in third place. Garvin's time for her one mile run was 5:52.6. Freshman Cindy Ross, always a strong back up, finished the race in fourth place with a time of 5:58.4, almost a second behind Garvin.

In the 60 yard hurdles, Pinkerton showed a marked improvement in the performance of freshmen Sherry McCusker and Deb Wade, and junior Cathy Remillard. McCusker took first place crossing the finish line with a time of 105Wade finished in second at 109 as Remillard came in fourth in 111

Commenting on the race, Coach Deborah Hicks said she was happy with how well all three did.

"I'm quite pleased with their performance," she said "It was only the second time Sherry and Deb were in competition Neither one was experienced but they're very serious about track and their approach "

Hicks added she hoped to see them work on cutting down their times and that she expects they'll accomplish it

Over in the shot put, Shelly McIntyre took second place for the Astros McIntyre threw the shot 30' 8½'' Hicks thinks McIntyre's performance was an improvement over what she did in the previous meet In that contest, the season opener, McIntyre threw the shot 30 feet, two and a quarter inches

Going into the high jump, the Astros were once again a dominating force Kathy Garvin and Kathy Garron combined to give Pinkerton sole possession of the event Garvin placed second as Garron took third

Although the Astros were strong in some events, they found themselves lacking badly in others. Pinkerton failed to place runners in the 60 yard dash and the 600 yard run. But, as the saying goes, for every dark cloud, there's a sliver lining And for P A, it was Cindy Ross.

Freshman Ross finished a strong fifth for Pinkerton. Although Coach Hicks was unhappy about the outcome of the race, she was more than pleased with Ross' performance. With a little more training, Hicks said, it's expected that Ross will be placing high in future meets.

In the 300 yard run, Pinkerton again flexed its muscles. Kathy Garron and Doni Angell were the shining stars for the Astros. The girls' serious training paid off as they finished second and third, respectively. Garron finished in 43.4 as Angell crossed the line in 45.2.

Rounding out the middle distance races was Linda Tremblay. Tremblay finished in fourth place for the Astros in the 1000 yard run. Coach Hicks said she wasn't pleased with how Pinkerton fared in the race and expects her team will be working harder in practice to improve for the next meet.

In the one mile relay race, Pinkerton took second to Exeter. As the Derry News went to press on Wednesday, the Astros went up against Laconia at the U.N.H. indoor cage in Durham. 5 January 1978 Derry News



ONE MORE TIME—Freshman Astro Cindy Ross tours the track one more time in the mile run during Pinkerton Academy's girls' track meet with Portsmouth and Laconia. Ross finished in second place with a time of 5:52. [Sage photo]

> 12 January 1978 Derry News

# Pinkerton girls' track wins one, loses another

#### By Bill Sage

Durham – The shock waves were felt all the way back to Derry. It was just too much. After entering the new year with a 6-0 record, Pinkerton Academy suffered its first loss of the season in girls' indoor track to Portsmouth in a tri-meet with Laconia. The final score was Portsmouth 66, Pinkerton 32½, and Laconia 8½.

It was a crushing blow to the Astros, a disappointing loss that resulted in part to an oversight by meet officials, forgetting to tell the red and white they were going up against Portsmouth, a rival considered as one of the top teams in the state

"We initially planned on going up against Laconia," said Coach Deborah Hicks "Laconia doesn't have a strong team and we thought it would be a good chance for the girls to try different events they had an interest in "

Despite the addition of Portsmouth to the meet, Pinkerton decided to go ahead with its original plans to test out runners in other events.

In the long distance races, Pinkerton proved that it is still the team to beat. The Astros swept the first three places in the two mile run. Kathy Garvin crossed the finish line in first place at 12:14.

Karyn Tomaini followed in second place with Deb Lonergan close behind taking third. Tomaini ran at 13.12 as Lonergan crossed the line seven seconds later. Kelly Copeland and Ann Grimard tied for third place in the shot put, heaving it 27' 4''

In the one mile, Cindy Ross took second place as she finished with a time of 5 52 Karyn Tomaini crossed the finish line in third at 6:24.

The Astros' sophomore took first place honors in 2.55. Collins was followed by Linda Tremblay in third with a time of three minutes flat.

In the high jump, the Astros tried for third place as Cathy Garron jumped 4' 8" Pinkerton took second in the mile relay to Portsmouth with a time of 4'50 4.

## Astros' girls' track hits bad luck

Durham – It happened again Bad luck struck Pinkerton's girls' track team. It was another loss that should've been a victory The culprit? The flu The result? Winnacunnet 47, P A 38, and Spaulding 22, giving the Astros an 8-2 record in Class "L"

"We had a skeleton team with about twelve of twenty-one kids out with the flu," said coach Deborah Hicks "But. I was pleased with the kids" performance We were in contention right up until the last events I think the girls did a good job "

For Hicks' team. Wednesday night's loss last week will mean the Astros will have to work that much harder to stay in contention for top honors in the league

Pinkerton started out the meet with Shelley McIntyre grabbing first place in the shot put McIntyre put the shot 33'8'' Ann Grimard followed, placing third, putting the shot a distance of 28'4%'' It was one of Grimard's best throws to date, illustrating her improvement in the season's only weight event

The Astros once again showed off their strength in the long distance events as they placed five runners in the one and two mile races, showing that it will take a tougher team to outrun the Astros in thos events

Sophomore Cindy Collins, as always, took top honors in both races as she finished in first place way ahead of the pack Collins set the tone in the two mile as she ran a good fast pace The Astros' running ace crossed the finish line at 11:27 with

19 January 1978 Derry News Kathy Garvin following close behind to take second in 11 46 The next runner to cross the line after Garvin was a runner from one of the opposing teams finishing in 14 28 The Astros' pace was just too much

The one mile run saw Collins finish with a time of 5 42 Freshman Cindy Ross came in second place, shortly after Collins, finishing in 5 48 Ross just barely missed qualifying for the state meet by three seconds Ross' sister, Gail, took fourth place for the Astros, placing fourth with a time of 6.15

Gail looked a lot stronger in the race as both Collins and Cindy went out ahead to take the lead, running a good fast steady pace till the end.

From the mile run, Cindy Ross went into the 600 yard run to take first place She finished the race with the time of 1 42 with Ann Grimard taking second in 1 43 9 The 600, once considered one of the Astros weaker events, is apparently becoming one of their stronger races they can rely on for points

In the remaining events, Doni Angell unofficially finished sixth in the 60 yard dash at 8.2. Gail Ross took fourth in the 1000 yard run in 3.19 while Janice Hastings unofficially finished fifth in 3.38 In the high jump, Kathy Garvin took third place at 4'6''.

As the Derry News went to press on Wednesday night, the Astros went up against Dover and Somersworth at the UNH track in Durham. Dover has depth in the distance races while Somersworth's only real strength is in the 300 yard run.

# PA girls' track knocks off Laconia, Concord

### By Bill Sage

Durham-Love those Astros. They never die Every time things look bleak, they pick themselves up and come battling back. They never lose hope A scheduling error and the flu may cost them two meets But, they never quit

That's how it was for Pinkerton Academy Wednesday night as the girls' track team roared to victory last week setting their season record at ten wins and two losses The victims? Laconia and Concord. The score? Pinkerton 49, Laconia 35, and Concord 20

The Astros kicked off Wednesday's meet sweeping all four places in the two mile run Cindy Collins led the pack setting a fast steady pace. The Chester sophomore crossed the finish line with a time of11 297 Following her in the order they finished were Kathy Garvin 12 174, Karyn Tomaini 12 469 and Deb Lonergan 13 179

The shot put was Pinkerton's second strongest event of the night as Shelly McIntyre and Ann Grimard racked up 8 points to Laconia's lonely 3 McIntyre, 31'4'' and Grimard, 27'7'' placed first and second, respectively, proving they always pull through when Pinkerton needs the points

2 February 1978 Derry News The one mile run saw Pinkerton picking up second, third and fourth place. Running in the mile was the sister team of Gail and Cindy Ross. Cindy finished second, 5.48.3, Gail took fourth, 6:10.4, and Karyn Tomaini was third, 6.10.4. Cindy just missed qualifying for the Class L meet by about three seconds The Astros' only qualified candidate in the mile is Collins.

Cindy Ross came through for the red and white again as she finished in first place in the 600 yard run. Ross' time was 1 41 7 with Grimard coming in fourth at 1.44 1. To date, Pinkerton has nobody who has qualified for Class L The Astros are gearing towards beating 1 40, the time established to qualify

The consistent running of Cathy Garron paid off as she finished in first for Pinkerton in the 300 yard run Her time was 43 1, missing the qualifying time by a second Garron has placed in the 300 for the last three meets

The hard work of Linda Stowell and freshman Debbie Wade became reality Wednesday night as both runners finished second and fourth, respectively, in the hurdles Stowell's time was 108 as Wade crossed the finish line in 11 1 seconds

### Pinkerton girls' meet was a contest of numbers

#### By Bill Sage

**Durham** – Pinkerton's girls' track meet last week was a contest decided by figures, ie race times and places So, let's start off by considering the following numbers  $12, 1, 2, 325-6, 502-3, 10\frac{1}{2}, 56, 7, 2, 5,$ 12, 4, 11, 4, 5.

32 5-6, 50 2-3,  $10\frac{1}{2}$ , 56, 7 ·Wednesday's score Dover took first followed by Portsmouth in second. Pinkerton placing third, Winnacun net in fourth, and Nashua taking fifth

It was a meet starring P A, Dover and Portsmouth, three of the best girls' teams in the state Dover and Portsmouth both yield teams strong in the sprints, field events, and middle distance races

The game plan for Pinkerton was to pick up points where Portsmouth and Dover were weak such as the one and two mile races The plan failed to work as both schools had more depth The Astros, however, put on a good strong performance as they tried to beat two of the leading teams in New Hampshire

12-4-Pinkerton's record for the season Last week's meet was the last meet for the Astros, completing their winning winter season

11 February 11, to be exact That's the date of the girls' Class L." meet It was originally scheduled for yesterday But, a problem in scheduling came up and the Astros' will have their meet at UNH on the same night as the Class "L" boys' meet

1,2 The one and two mile races That was where Pinkerton's strength was in last week's meet Cindy Collins racked up another win as she toured the track in 12 01 It was no contest for Collins as she practically jogged the race. Debbie Lonergan dipped off fifteen seconds from her time as she finished in fourth at 13 02

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The other distance race, the one mile saw the team of Kathy Garvin, 5 44, and Cindy Ross 5 47 place first and second respectively

4. The remaining events Pinkerton placed in Shelley McIntyre put the shot put a distance of 32 9% '' to take third place Ann Grimard qualified for the Class ''L'' meet in the 600 as she ran second with a time of 1 39. Cindy Ross followed in fourth place at 1 41

Kathy Garvin tied for third place at 4'6'' in the high jump It was a three way tie for fifth place as Doni Angell leaped over the pole 4' 4'' Pinkerton took third place in the relay race Although the correct time was unavailable, Coach Debbie Hicks said she was impressed with the relay team's performance

5- The number of kids who met the qualifying times for Saturday's Class "L" meet Entered in the one mile are Garvin and Collins Grimard qualified for the 600, McIntyre in the shot put In the two mile, it'll be Garvin Collins, and Karen Tomaini

12 The number of places the league may take in each event as there weren't enough kids to qualify in the races and field events. If that happens, Cathy Garron will enter the high jump and 300, Lonergan will do the two mile Gail Ross will run the 600 and mile and Ann Grimard in the shot put

Now any loyal fan can tell you what this means The Astros will try to highlight their winning season with a few gold medals at the Class L. meet at 5 pm in Durham

### **Championship fever sweeps through Derry**

### Collins leads Astrosto 3rd place in Class L

### By Bill Sage

**Durham** – It's official now Cindy Collins is number one, the best long distance runner in girls' Class L winter track She won both the mile and two mile in Saturday's meet, pacing Pinkerton Academy to third place in the Class L championship And now she's THE long distance runner to beat Cindy Collins is number one Numero uno. But then, we knew that all along

"I was very pleased with Cindy," commented Coach Debbie Hicks "She's been training hard and it paid off. I'm quite proud of her "

And there's plenty reason for her to be proud Not only did Collins win both races, she tied the existing record for the two mile and broke the record for the one mile Her 11 47 time for the two mile tied the record set by Dover's Judy McCrone last year The 5 19 mile record Collins established broke the old one also set last year by McCrone That record, now a thing of the past, was 5 33 3

The two mile started out with Collins and teammate Kathy Carvin trailing the pack in the first two laps Both Astros eased their way slowly toward the front as the runners in the pack tried to get an early position in the race From there, Collins pulled up front to take the lead, a position she never let go as she won the first event of the night

In the one mile, it was a close race for first place Running against Collins was Judy McCrone, a runner also considered a tough competitor in New Hampshire girls' track Saturday's meet was the first time both runners competed against each other in Class L winter track this year

McCrone and Collins ran close together with Pinkerton's Cindy Ross close by Both runners exchanged the lead until Collins sprinted past McCrone to the finish in what was the first time Collins had kicked at the end of the race the whole season

#### **Team effort**

It would be easy for Colling to stand up and take bows for the Astros' impressive third place finish But you'll hardly catch her doing that You'll probably find that she believes that you can't place as high as Pinkerton did solely on the performance of one athlete It's team effort

The other long distance runners, as usual, contributed to the Astros' team effort as they did all season Kathy Garvin took second place in the two mile with a time of 12 08 In the mile run, Cindy Ross crossed the finish line in third place as she was clocked at 5 46 9 And Kathy Garvin beat out Pam Fessenden of Portsmouth for fourth place in this fast paced race in 5.48.

The other events saw Shelly McIntyre put the shot put 33' 4½'' for fourth place McIntyre has been consistent all year picking up team points when the Astros needed them the most as they did on Saturday In the high jump. Cathy Garron took sixth place as she leaped 4' 6'' over the bar Ann Grimard finished in fifth place for the Astros in the 600 yard run with a time of 1 39

The relay team of Debbie Lonergan, Doni Angell, Ann Grimard, and Cathy Garron took sixth place finishing with a time of 4 44 If there hadn't been two interferences with unaware spectators crossing the UNH track at the wrong time, the Astros possibly could have run a 4 36 race

All in all, it was an impressive showing for a Pinkerton girls' track team, lacking sprinters, to take third after finishing in fifth place last year

This Saturday, the Astros will have a chance to stow off their abilities again in the State Meet of Champions at the UNH track in Durham at 5 30 p m

### Season record now 14-3

### **P.A.** distance trio is the best

#### By Bill Sage

Durham – Collins, Garvin and Ross Remember those names, you'll be hearing them again Collins, Garvin and Ross They proved once again that the Astros are the best when it comes to races in long distance Last Saturday's State Meet of Champions confirmed what we already knew - that there is no team with as much depth in the mile and two mile as Pinkerton Academy Now the rest of the league will have its sights set on P A when girls' winter track resumes next year \_

The Astros' trio of Cindy Collins, Kathy Garvin and Cindy Ross copped one medal after another during the weekend's meet at U N H There were no scores kept or championship titles awarded for the best team as it was a meet stressing the performances of individuals But if a team title had been handed out, chances are. Pinkerton would have been in there, fighting for top honors with the long distance runners leading the way

In the two mile run, it was Collins and Garvin taking first and fourth, respectively And continuing what she's been doing all year, Collins broke yet another record with a time of 11 18 The old record was 11 47 set last year by Judy McCrone of Dover, a top contender in long distance races

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"I just wanted to get my best time ever," said Collins, "so I could get a good record" She added that she pushed herself hard to set the record because she favored running in the two mile race over the mile

Collins and Garvin toured the Durham track in a race that was fast in the first mile but slowed down going into the last mile Garvin was clocked at 11 58 6 Although she thought her time was good, Garvin felt that it could've been better The Astro runner was ill on Saturday when she ran

Going into the mile run, it was the Astros' trio picking up more medals to add to Pinkerton's collection Collins took second, Cindy Ross ran fourth and Garvin finished eighth

The mile run was a rematch between McCrone and Collins The previous week, Collins had beaten the Dover runner in the Class L meet Ironically, McCrone fulfilled her revenge as she crossed the finish line in first place Her time was 5 19.6, missing the record Collins established of 5 19 5 during their Class L encounter

Collins' second place time in the evening's remaining long distance race was 5 24 5 Cindy Ross, a freshman consistently placing in races during the year, crossed the finish line at 5 37 Come next winter, the Astros will be looking to Ross for team points as she's established a name for herself as a tough runner Rounding out the Astros' scoring in the mile was Garvin finishing with a time of 5 50

Stealing a bit of glory away from the Astros' trio was Pinkerton's Ann Grimard. Grimard won her heat in the 600 yard race to take fourth place And again, her run in this middle distance event set yet another school record Grimard's time of 1 36 6 broke the school record of 1 39, a time she smashed earlier in the season The record last year was a mere 1 44

"I had planned to do a 1 37," Grimard said," I figured if I could do that, I would have finished in sixth place. But, I did better than that "

In the other events, Shelly McIntyre took sixth place in the shot put She put the shot a distance of  $32'9\frac{1}{2}''$  Tying with two other competitors for eighth place in the high jump was Cathy Garron She leaped over the bar set at 4' 6''

The meet saw Pinkerton's relay team run its best time of the season The Astro four recorded a 4 38 8 run It was a happy night for Grimard, Garron, Debbie Lonergan, and Doni Angell as they took fifth place

sports talk Congratulations to PA boys' track By Lou D'Allesandro

Although our girls don't reign as champions, their performance this year was outstanding. Manchester Central High School pulled a super upset in defeating Dover and are now the Class L Girls' Basketball Champions for 1977-78 The P.A. girls had some great moments They can look back at this season with fondness and consider it a job well done

#### ххх

' Heartiest congratulations to the mens' winter track team on winning the Class L Championship. Coach Wayne Stuck, in Red Auerbach tradition, was pictured in last week's paper lighting up his victory cigar I'm hoping that the aroma didn't

cause problems at the track meet. Alec Cobban was the muscleman. Steve Pendak had a second in the shot. Ron Cabell participated in the 1,000 and other team members included Dave Ham, Mike Dubisz

and Walter Barden.

None of these young men look quite as good as Cindy Collins who cruises the mile for Pinkerton Academy. This indicates the tremendous diversity of programming at the Academy. It has been my . feeling that winter track is one of the most difficult of all sports. Congratulations to all participants. Their time and effort make the program what it is.

#### XXX

I got a call from Dan Kiestlinger, the Londonderry basketball coach. Danny tells me things are moving along quite well. He's extremely pleased with the performance of his team and is looking forward to future seasons Dan's clubs have been extremely successful over the years. Many are looking forward to Danny becoming the first head coach of the new Londonderry High School.

### New Hampshire 1978 Class Championships

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### Ann Grimard places fourth in state track

Ann Grimard of Auburn finished first in her heat of the 600 yard run, and fourth in the state, at the NHIAA Schoolgirl track Meet of Champions held last Saturday night at the UNH track Her time was 1.36 2

xxx The Sweethearts 4-H Club worked on citizenhip projects and made hristmas decorations in December The girls made pine cone candleholders for the Senior Citizen Dinner

Susan Dustin and Jeanne Stritch helped decorate the town library tree

On Dec 29, the girls toured the House of Nee-

went to McDonalds

This is the new law tions, if you are a registered voter

"Any voter who expects to be absent from the place where he is qualified to vote on the day of annual election of offices, or who by reason of physical disability is unable to vote in

### Astro star Ann Grimard, hiding in the Auburn notes



dles in Derry and then XXX

this year for town elec-

person, must apply in writing for an absentee ballot using either the printed form prepared by the school clerk and the town clerk or a written statement declaring that the applicant is a qualified voter in the town or district and requesting that an absentee ballot be mailed or delivered to him at a specific address

"No applications will

### Mark Jodoin graduates

Navy Data Processing Technician Seaman Mark G Jodoin, son of Louis Jodoin of 64 E Pingree Hill Road, Auburn, NH, has graduated from Data Processing (DP) School

During the eight-week course at the Naval Training Center, San Diego, students receive fundamental instruc-

be issued after 11 a m on the day immediately prior to election

"All absentee ballots must be in the hands of the clerks by 5 pm on the day immediately

tion on electronic accounting machines and the operation of computers

They studied basic data processing terminology, flow chart interpretation and the development of DP system specifications

He joined the Navy in July. 1977

prior to the election "

Applications for absentee ballots are available from the town and school district clerks

### **Collins keeps on running**

#### By Bill Sage

You've seen her face literally hundreds of times

If you live in Hampstead, her hometown, she's probably passed by you, running along the back roads Or if you live in Derry, you might've seen her practicing after school. Chances are, Cindy Collins may be a familiar face for none of those reasons, but from the many times her picture has appeared in sports like the one next to the pages recent announcement of her selection to the N H Coaches All-State Girls' Track Team for her performance in the two mile run during the past winter track season You just can't get away from her

For the past two years, especially since last fall, Cindy Collins has established herself as one of the best long distance runners in girls' high school track The records she's broken and the things she's accomplished in her second year as a runner have put her in the spotlight The Pinkerton Academy sophomore has become THE runner to beat in New Hampshire girls' track and cross-country, particularly after she was undefeated in cross-country this year and the two mile She also set the record for the one (5 195) and two mile (11 18) during the recent winter season

Collins' interest in running long distances first started last year when she entered Pinkerton after graduating from Hampstead Central School A friend had told her that she was going to join the



### CINDY COLLINS

cross-country team and that she would do it only if Collins would sign up, too The friend later quit the team but Collins stayed with it. And as coach Pat Nelson remembers her. Collins was an ambitious runner who worked hard.

"I can remember Cindy," Nelson reminisced, "mostly because she would go out and run three miles and ask to run more when she'd come back I don't think I had anybody who trained so hard."

Collins attributes a part of her success to the people who have helped her along the way "I don't think I could've done as well as I did without my parents, Miss Nelson and my teammates They encouraged me and that helped out a lot."



RACING HOME-Cindy Collins leads the way for sixth p the two mile run of the New England A.A.U.'s Indoor. Track meet for the Women's 'Championship.' Collins' time at Harvard University's indoor track in Boston last Saturday was 11:38. [Sage photo]

### 16 March 1978 **Derry News**