

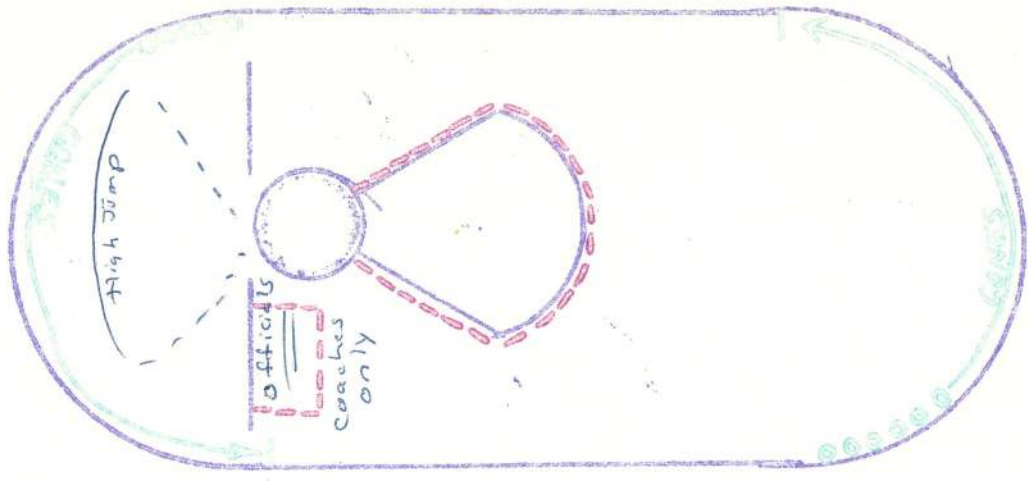
1978-79 N.H. GIRLS' WINTER TRACK LEAGUE

Statement of Purpose: To provide regular indoor track competition for N.H. high school athletes and to promote the sport of track and field within the state.

LEAGUE RULES

1. Membership in the N.H. Girls' Winter Track League is open to any NHIAA member school.
2. The N.H. Girls' Winter Track League will follow all of the rules and regulations of the NHIAA and National Federation, where applicable.
3. The League will be administered by a Board of Directors, which will consist of six members: 1 athletic director of a member school, 4 active coaches, and the chairman of the NHIAA Winter Track Committee, who will function in an ex-officio, non-voting capacity. The active coaches will serve two-year terms set up on a rotating basis so that two are elected each year. The athletic director member will be chosen by the four coaches on the Board.
4. Dues will be assessed member schools to defray the costs of operating the League. Dues for the 1978-79 season will be \$120.00 and should be paid by the member school to the League treasurer.
5. A school with a partial team (3 members or less) may enter the League for a fee of one half the regular membership cost (to be paid by the school to the League treasurer); however, such a school will not be a voting member of the League. Partial teams will not count in the scoring in any League meets.
6. The annual meeting of the N.H. Girls' Winter Track League will be held on the second Sunday of October. Election of Board members and scheduling for the ensuing year will take place at this time.

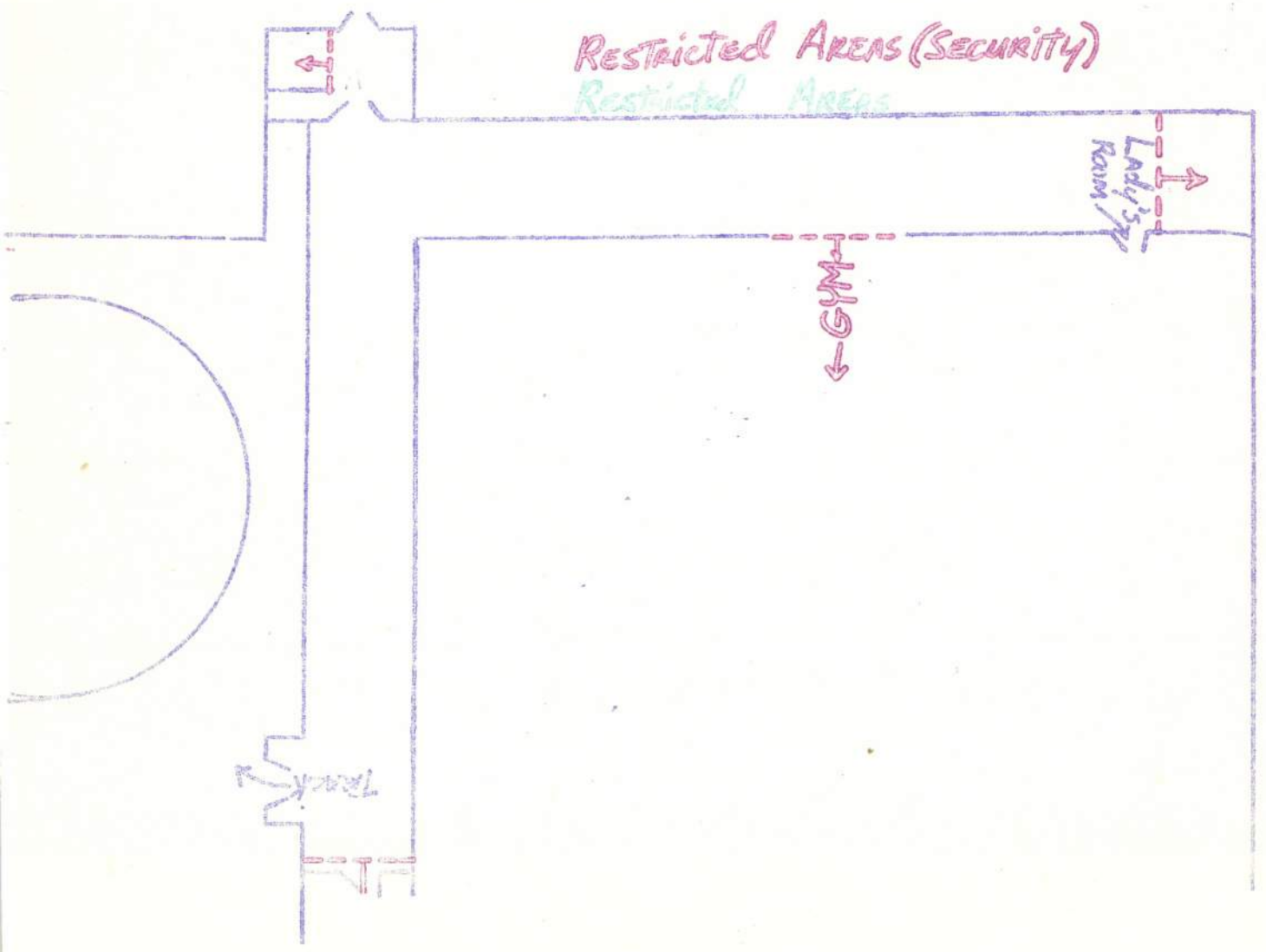
Restricted Areas (Safety)



Rowen

Restricted Areas (Security)

Restricted Areas

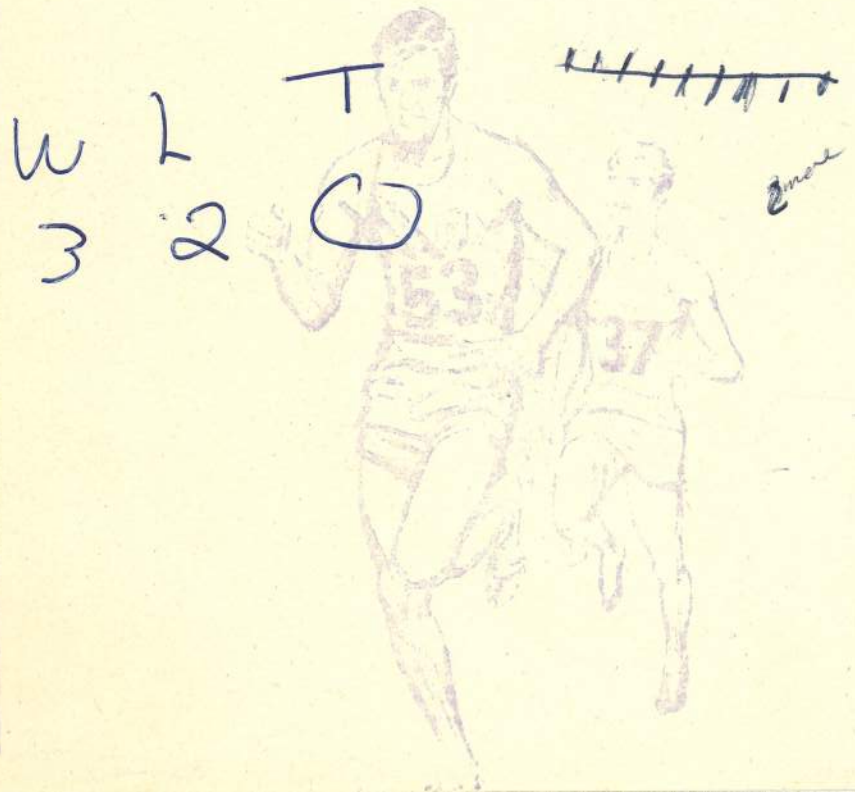


SCHOOLS	Dover	Winn	P.A.	Salem	West	Portis
2 mile	10		19		2	
60 Hurd		14	2	4	10	1
60yd	18/34	11/25	2/23	4	12	1
100yd	14/42	40/35	2/27	1/5	2/14	1
200yd	2/44	10/44	10/37	6/11	4/18	1
300yd	16/60	8/52	4/41	3/14		
Mile	13	10	8			
Relay	2	10	4	6	2	
Shot	2	6	1	2	4	10
H.J	4	1	2	14	10	
	93	79	56	36	34	11
TOTALS						

MEET ^{P.A.} Dover, Winn, Salem, West, Gilford
 DATE Dec. 27
 PLACE UNM #2
 STARTING TIME 10:00
 FINISHING TIME

6 places - 6 way meet
 10, 8, 6, 4, 2, 1
 OFFICIALS

REFEREE
 CLERK OF COURSE
 STARTER
 ANNOUNCER
 OFFICIAL SCORER



EVENT	1st Place		2nd Place		3rd Place		4th Place		5th Place	
	NAME	Place Pts.	NAME	Place Pts.	NAME	Place Pts.	NAME	Place Pts.	NAME	Place Pts.
2 mile	G. Ross	10	Tomaini	8					Hastings	1
60 M							wade		wade	2
60 yd							wade		Latham	2
H.S.									wade	2
shot									watts	1
2 mile	Ross	1	Tomaini	2					pts	
300							Latham	4		
1000							Tomaini	4		
600	Ahern	10								
1 mile	pts				C. Ross	6			Ahern	2
Relay										

pts G. Ross 10
 K. Tomaini 12
 D wade 4
 Latham 6
 Hastings 1

watts 1
 Ahern 12
 C. Ross 6

SCHOOLS	Can	Pink	Enlth	Salam	Went	Timber
2 mile	0	16	12	2	0	0
60 ft	18	0	1	0	8	4
60 dash	14	1	10	6	0	0
1000 yd	10 ¹³	0	12 ¹³	1	0	8
600	3	8	6	0	10	4
300	12	0	12	7	0	0
Relay	57	125	153	116	118	116
Mile	1	14	10	0	0	6
Shot	0	0	6	13	10	2
H. J	10	0	6	3	6	6
	<u>68</u>	<u>39</u>	<u>72</u>	<u>32</u>	<u>34</u>	<u>20</u>
Relay	<u>4</u>		6	3	2	
	72	39	78	36	36	20
TOTALS						

MEET #3
 DATE 11/3/79
 PLACE UNH
 STARTING TIME 4:30
 FINISHING TIME 6 way

10, 8, 6, 4, 2, 1 OFFICIALS

REFEREE
 CLERK OF COURSE
 STARTER
 ANNOUNCER
 OFFICIAL SCORER

6432
 532

W L T
 3 2 0



EVENTS	SCHOOLS			
	OR	Nash	PA	west
2 mile	1	0	10	0
60 H	5	0	3	3
60 yd	6 12	5 5	0 13	0 3
1000	8 20	3 8	1 14	0 3
600 yd	0 20	0 9	8 22	2 5
300	2 22	8 17	0 22	0 5
Mile	3 25	0 17	7 39	0 5
high Jump	1 21	2 15	3 32	5 5
Shot Put	1 17	7 26	0 32	3 3
	(21)	(6)	(32)	(13)
	(3)	(3)		
	24 1/2	23 1/2	32	15
Relay	28 1/2	28 1/2	34	18
		34	34	
		?		
TOTALS				

#4

MEET OR, PA, Nash, west,

DATE

PLACE UNH 4-way

STARTING TIME 4:30

FINISHING TIME

5,3,21

OFFICIALS

REFEREE

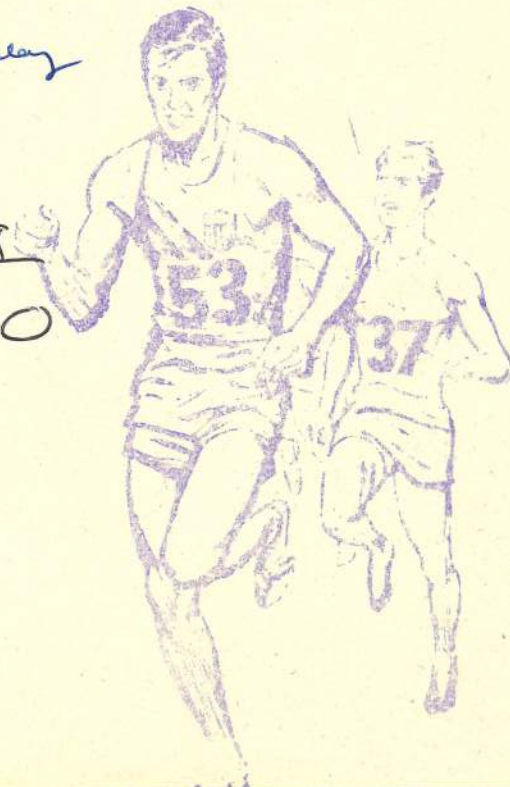
CLERK OF COURSE

STARTER

ANNOUNCER

OFFICIAL SCORER

5,3,2, Relay

$$\frac{3}{3} \quad \frac{4}{0} \quad \frac{1}{0}$$


New Hampshire 1979 Class Championships

NH Girls Track

CLASS I-M-S

Shot put — Cathy Rosholt (OR) 36'1¼";
Blaney (S) 32'8½"; Ogden (OR) 28'0";

Felder (E) 26'6½"; Morehead (E) 24'9½";
Hood (E) 23'6"; high jump — tie, Weeks
(OR), Yeaton (OR) and Ramsey (L) 4'8";
Richard (E) 4'6"; Nelson (S) 4'6" and
Felder (E) 4'4"; 60 hurdles — Stephanie
Weeks (OR) 8.7; Ramsey (L) 9.3; Elwell
(OR) 9.7; Hodgerhan (S) 9.9; Fink (OR)
10.6; Clark (E) 10.7; 60-yard dash — Sue
Morehead (E) 7.5; Weeks (OR) 7.6;
Rosholt (OR) 7.7; Childs (E) 7.7; Collins
(OR) 7.8; Broderick (OR) 7.8.

300-Sue Morehead (E) 39.9; Childs (E)
40.3; Collins (OR) 40.4; Broderick (OR)
41.2; Weeks (OR) 42.1; Corey (M.S.M.)
43.3; 600-yard run — Anne Collins (OR)
1:32.2; Olsen (OR) 1:38.4; Tetreault (E)
1:38.6; Pailles (E) 1:41.7; Giguere (L)
1:41.8; Massey (E) 1:42.5. 100-yard dash —
Karin Gerhard (OR) 2:45.0; Giguere (L)
2:53.4; Stuart (E) 2:53.9; Gainty (Som)
2:57.2; Maculiewicz (S) 3w;00.5; Dunn
(OR) 3:02.5. Mile — Lisa Powers (S) 5:32.6;
Aucoin (E) 5:36.1; Giguere (L) 5:39.2;
Maculiewicz (S) 5:48.4; Curtis (OR) 5:51.2;
Holter (OR) 5:53.3. Two-mile — Lisa
Powers (Som) 11:40.0; Eustis (E) 11:55.7;
Curtis (OR) 11:58.4; Aucoin (E) 12:32.4;
Holter (OR) 12:44.4; Engel (E) 13:37.5.
Relay — Exeter 4:25.7; Somersworth
4:43.5 (only two schools entered in relay).

CLASS L

Shot put — Renea Dyer (Port.) 39'11¼";
Campbell (Dov.) 38'7¼"; Pare (West)
36'3½"; MacIntyre (Pink) 33'4½"; Strack
(Nash) 31'6"; Dionne (Dov.) 31'3¾";

High jump — Maureen Ferns (Conc.)
5'6"; Aubin (West) 5'1"; Eaton (Winn.)
5'0"; Hallett (Dov.) 4'10"; O'Connor
(Port.) 4'8"; Garron (Pink.) 4'6".

60 yard hurdles — Renea Dyer (Port.)
8.7; Vogel (Winn.) 8.8; Lauziere (Port.) 8.8;
Russ (Port.) 9.2; Aslanian (Con.) 9.3;
Worthley (Spal.) 9.4.

60 yard dash — Terri Strack (Nash.) 7.4;
Jestude (Dov.) 7.4; Lauziere (Port.) 7.6;
Booker (Conc.) 7.7; Houle (Conc.) 7.9;
Walker ZWinn.) 7.9.

300 yard run — Julie Jestude (Dov.) 40.3;
Worthley (Spal.) 40.4; Lauziere (Port.)
41.2; Booker (Conc.) 41.2; P. Coffey (Dov.)
41.5; Smith (Dov.) 42.1

600 yard run — Marsha Brown (Spal.)
1:35.7; Desruisseaux (West) 1:35.8; Cum-
mings (Port.) 1:36.9; Dionne (Dov.) 1:38.1;
Grimmard (Pink) 1:39.0; Davis (Dov.)
1:39.1.

1000 yard run — Judy McCrone (Dov.)
2:52.0; Fessenden (Port.) 2:54.5; Adams
(Winn.) 2:57.3; Newhouse (Dov.) 2:59.4;
Hussey (Port.) 3:01.1; Grenier (Dov.)
3:04.3.

Mile run — Cindy Collins (Pink.) 5:19.5;
McCrone (Dov.) 5:21.2; Ross (Pink.)
5:46.9; Garvin (Pink.) 5:48.3; Fessenden
(Ports.) 5:49.5; Drake (Dov.) 5:52.8.

Two-mile run — Cindy Collins (P)
11:47.4; Garvin (P) 12:08.7; Drake (D)
12:08.9; Beaudette (D) 12:21.1; Collins (P)
12:42.1; Tatro (C) 13:10.8; relay — Dover
4:26.5; Portsmouth 4:29.6.

P.A. Track

(Sage photo)

Derry News 1979

Collins leads Astros to 3rd place in Class L

79

By Bill Sage

Durham - It's official now. Cindy Collins is number one; the best long distance runner in girls' Class L winter track. She won both the mile and two mile in Saturday's meet, pacing Pinkerton Academy to third place in the Class L championship. And now she's THE long distance runner to beat. Cindy Collins is number one. Numero uno. But then, we knew that all along.

"I was very pleased with Cindy," commented Coach Debbie Hicks. "She's been training hard and it paid off. I'm quite proud of her."

And there's plenty reason for her to be proud. Not only did Collins win both races, she tied the existing record for the two mile and broke the record for the one mile. Her 11:47 time for the two mile tied the record set by Dover's Judy McCrone last year. The 5:19 mile record Collins established broke the old one also set last year by McCrone. That record, now a thing of the past, was 5:33.3.

The two mile started out with Collins and teammate Kathy Garvin trailing the pack in the first two laps. Both Astros eased their way slowly toward the front as the runners in the pack tried to get an early position in the race. From there, Collins pulled up front to take the lead, a position she never let go as she won the first event of the night.

In the one mile, it was a close race for first place. Running against Collins was Judy McCrone, a runner also considered a tough competitor in New Hampshire girls' track. Saturday's meet was the first time both runners competed against each other in Class L winter track this year.

McCrone and Collins ran close together with Pinkerton's Cindy Ross close by. Both runners exchanged the lead until Collins sprinted past McCrone to the finish in what was the first time Collins had kicked at the end of the race the whole season.

Team effort

It would be easy for Collins to stand up and take bows for the Astros' impressive third place finish. But you'll hardly catch her doing that. You'll probably find that she believes that you can't place as high as Pinkerton did solely on the performance of one athlete. It's team effort.

The other long distance runners, as usual, contributed to the Astros' team effort as they did all season. Kathy Garvin took second place in the two mile with a time of 12:08. In the mile run, Cindy Ross crossed the finish line in third place as she was clocked at 5:46.9. And Kathy Garvin beat out Pam Fessenden of Portsmouth for fourth place in this fast paced race in 5:48.

The other events saw Shelly McIntyre put the shot put 33' 4½" for fourth place. McIntyre has been consistent all year picking up team points when the Astros needed them the most as they did on Saturday. In the high jump, Cathy Garron took sixth place as she leaped 4' 6" over the bar. Ann Grimard finished in fifth place for the Astros in the 600 yard run with a time of 1:39.

The relay team of Debbie Lonergan, Doni Angell, Ann Grimard, and Cathy Garron took sixth place finishing with a time of 4:44. If there hadn't been two interferences with unaware spectators crossing the UNH track at the wrong time, the Astros possibly could have run a 4:36 race.

All in all, it was an impressive showing for a Pinkerton girls' track team, lacking sprinters, to take third after finishing in fifth place last year.

This Saturday, the Astros will have a chance to show off their abilities again in the State Meet of Champions at the UNH track in Durham at 5:30 p.m.

An indication of the state meet

Report by Bill Sage

Durham - Do you really want to know what we had here last week?

An indication of what's to come in this Saturday's State Meet of Champions, that's what. And if Cindy Collins and David Ham continue to do at U.N.H. what they've done all season long as happened last week, Pinkerton Academy will have a few more medals to add to its collection in winter track.

Collins and Ham were among last week's stars when the girls competed in an open meet on Wednesday while the boys took ninth in the Class L meet on Saturday. Portsmouth was the overall winner of the class meet, competing against nine other teams while no team scores or awards were presented in the open meet.

Takes 2nd

Ham finished in second place in

the hurdles in what could have been seen as the state championship. The Londonderry senior was clocked at 7.8 seconds while Portsmouth's Preston Bryant won with 7.5. Both Bryant and Ham are seen as among the best hurdlers in the state.

In the high jump, Ham took fourth place with a leap of 5'10". Bill Dickle jumped 5'6" but it wasn't enough to place in the top six. League rules allow only the top six in each class event the right to go to the state meet.

Dickle, however, ran a 4:45.3 in the one mile run to earn him the fifth position. Coach Brian O'Reilly said he didn't consider Dickle's time as outstanding and said he thought the Pinkerton senior would have to drop his time down to 4:35 to place in the top six when the meet takes place this Saturday at U.N.H. at 5:30 p.m.

In the other events, Bruce Franck ran his best time of the year with an 8.4 in the hurdles. He finished fifth in the semi-finals but it wasn't good enough to make it into the finals.

Also Willie Ross finished seventh in the two mile with 10:21.4 while Ken Chadwick missed taking sixth in the mile by three seconds when he finished in 4:48.1.

Second place

Meanwhile, the girls' meet saw Collins finish second in the mile with a time of 5:31 while she took fifth in the two mile with 13:03.3. Karyn Tomaini took sixth in the two mile with 13:03.4.

Mary Beth Latham finished in third place in the 600 with 1:37.4 and Sharon Ahern missed qualifying in the 600. She ran a time of 1:39.1. The qualifying time for this Saturday's meet is 1:39.0

P.A. distance trio is the best

79

By Bill Sage

Durham - Collins, Garvin and Ross. Remember those names, you'll be hearing them again. Collins, Garvin and Ross. They proved once again that the Astros are the best when it comes to races in long distance. Last Saturday's State Meet of Champions confirmed what we already knew - that there is no team with as much depth in the mile and two mile as Pinkerton Academy. Now the rest of the league will have its sights set on P.A. when girls' winter track resumes next year.

The Astros' trio of Cindy Collins, Kathy Garvin and Cindy Ross copped one medal after another during the weekend's meet at U.N.H. There were no scores kept or championship titles awarded for the best team as it was a meet stressing the performances of individuals. But if a team title had been handed out, chances are, Pinkerton would have been in there, fighting for top honors with the long distance runners leading the way.

In the two mile run, it was Collins and Garvin taking first and fourth, respectively. And continuing what she's been doing all year, Collins broke yet another record with a time of 11:18. The old record was 11:47 set last year by Judy McCrone of Dover, a top contender in long distance races.

"I just wanted to get my best time ever," said Collins, "so I could get a good record." She added that she pushed herself hard to set the record because she favored running in the two mile race over the mile.

Collins and Garvin toured the Durham track in a race that was fast in the first mile but slowed down going into the last mile. Garvin was clocked at 11:56.6. Although she thought her time was good, Garvin felt that it could've been better. The Astro runner was ill on Saturday when she ran.

Going into the mile run, it was the Astros' trio picking up more medals to add to Pinkerton's collection. Collins took second, Cindy Ross ran fourth and Garvin finished eighth.

The mile run was a rematch between McCrone and Collins. The previous week, Collins had beaten the Dover runner in the Class L meet. Ironically, McCrone fulfilled her revenge as she crossed the finish line in first place. Her time was 5:19.6, missing the record Collins established of 5:19.5 during their Class L encounter.

Collins' second place time in the evening's remaining long distance race was 5:24.5. Cindy Ross, a freshman consistently placing in races during the year, crossed the finish line at 5:37.

Come next winter, the Astros will be looking to Ross for team points as she's established a name for herself as a tough runner. Rounding out the Astros' scoring in the mile was Garvin finishing with a time of 5:50.

Stealing a bit of glory away from the Astros' trio was Pinkerton's Ann Grimard. Grimard won her heat in the 600 yard race to take fourth place. And again, her run in this middle distance event set yet another school record. Grimard's time of 1:36.6 broke the school record of 1:39, a time she smashed earlier in the season. The record last year was a mere 1:44.

"I had planned to do a 1:37," Grimard said, "I figured if I could do that, I would have finished in sixth place. But, I did better than that."

In the other events, Shelly McIntyre took sixth place in the shot put. She put the shot a distance of 32'9½". Tying with two other competitors for eighth place in the high jump was Cathy Garron. She leaped over the bar set at 4' 6".

The meet saw Pinkerton's relay team run its best time of the season. The Astro four recorded a 4:38.8 run. It was a happy night for Grimard, Garron, Debbie Lonergan, and Doni Angell as they took fifth place.

Ham takes 3rd in hurdles

more excitement as Hood outscored at 1 p m on Sunday.

Collins repeats 2 mile win

Report by
Bill Sage

Durham — Cindy Collins led Pinkerton Academy to fourth place in the girls' State Indoor Track Meet at U.N.H. with a win in the two mile while David Ham took third in the 600 yard high hurdles in the boys' Meet of Champions last Saturday.

Collins won the two mile for the second year in a row with a time of 11:33.3. Teammate Gail Ross took fourth with a time of 12:02.8 while the Astros' Karyn Tomalni came in sixth with 12:07.8.

Collins had wanted to beat her state record time of 11:18 that she set last year. However, she missed it while she won without any problem. Maura Lawlor of Keene came in second with a time of 11:52.7.

The Astros' leading runner was doing well until the last two laps when she was unintentionally blocked in by two other runners. Gail Ross ran a good race for the night as

coach Debbie Jordan expected her to place in the top six, if not the top four.

In the one mile run, Collins came in second place while Arnold of Hanover won with 5:26.2. Collins crossed the finish line at 5:35.2. Her 5:19.5 mile record time, set last year, didn't even come close to being broken.

The Hampstead junior held an easy pace in the mile, easing her way up to the front. With two laps remaining, she went all out to join the leader, pushing it hard to the end.

The boys' meet, meanwhile, saw David Ham finish third in the hurdles with 7.9. Preston Bryant of Portsmouth won with a time of 7.8 while Wayne Scott of Oyster River took second with 7.9.

Coming up on Feb. 24, the Astros will compete in the Tri-State Meet at U.N.H. in Durham. More details will follow in next week's paper.



PASSING BY—Pinkerton Academy's Cindy Collins passes by a few runners on her way to second place in the girls' state indoor track meet on Saturday night at U.N.H. in Durham. [Sage photo]

HurdlesFeb 10~~State Meet~~Heat 1

Weeks	OR	8.4
Worthley	Sp.	8.5
Ferns	Con	8.7
Aubin	West	8.9
Chapdelaine	Port	9.0
Putnam	Sal	9.1

Heat 2

Lauziere	Port	8.5
Fellows	Port	8.6
Scott	Winn	8.8
Elwell	OR	8.9
O'Sullivan	Con	9.0
Dimeco	Monad	9.1

pick 3 for finals

60 Yd. DashHeat 1

Jestude	Dov.	7.2
Peahl	Nash	7.5
Rowe	Ex	7.5
Laroche	MV	7.7
Blanchard	Monad	7.7

Heat 2

Weeks	OR	7.3
Worthley	Sp.	7.4
Childs	Ex	7.5
Vitko	Dov.	7.7

Heat 3

Walker	Win.	7.3
Strack	Nash	7.3
Lauziere	Port	7.6
Hartung	Port	7.6

Quarterfinals - pick 4 for semi's

If scratch, semis will be set up.

300

Heat 1

Ferns	Con	40.2
Corey	Mt. St. M.	41.5
Yoskiewicz	Winn	42.0

Heat 2

Strack	Nash	40.0
Reed	Ex	41.2
Booker	Con	42.0

Heat 3

Worthley	Sp.	39.5
Laroche	MV	40.9
Cummings	Port	41.9

Heat 4

Jestude	Dov	38.5
Lauziere	Port	40.3
Peahl	Nash	42.0

Track / Time ratio

600

Heat 1

Corey	Dov	39.5
Laroche	Dov	1:35.0
Olsen	OR	1:38.4
Arsenault	Port	1:38.5
K. Massey	Ex	1:38.7
Destruisseaux	West	1:39.0

Heat 2

Clark	Ex	1:36.7
Duffy	Con	1:37.4
Latham	PA	1:37.4
Dabney	Ex	1:37.7
Coffey	Dov	1:38.0

Heat 3

Bishop	Port	1:35.1
Cummings	Port	1:35.1
Brown	Sp.	1:36.0
Mooney	Port.	1:36.3
Dionne	Dov	1:36.5

Heat 4

Childs	Ex	1:28.2
Newhouse	Dov	1:32.1
Fellows	Port	1:34.6
Grenier	Dov	1:35.0
Stevens	Ex	1:35.0

1000

Heat 1

Plourde	Ex	2:59.1
Collins	Timb	2:59.5
Gerhard	OR	3:00.5
Aucoin	Ex	3:01.4
Nottle	Nash	3:02.0
Hussey	Port	3:02.5

Heat 2

Adams	Winn	2:48.0
Newhouse	Dov	2:52.0
Fessenden	Port	2:52.5
Drake	Dov	2:55.0
Edmunds	Port	2:55.3
Grenier	Dov	2:56.8

1 mile

Heat 2

Adams	Winn	5:16.4
Arnold	Han	5:19
Lawlor	Kne	5:25.4
Collins	PA	5:25.4
Drake	Dov	5:27.5
Fessenden	Port	5:27.7
Edmunds	Port	5:31.6

Heat 1

Massey	Ex	5:33.7
Newhouse	Dov	5:34.2
Plourde	Ex	5:38.2
Hussey	Port	5:43.0
Donn	O.R.	5:43.3
Holter	OR	5:44.1
Mathieu	Dov	5:44.2

Shot Pot

Georkink	Han	43'1"
Tranchemontagne	Nash	38'1"
Pare	West	38'0"
Heisey	O.R.	33'6½"
Strack	Nash	33'
Dionne	Dov	32'
Scanlon	Nash	31'8"
Goodell	Sp.	31'6½"
Goodell	Morad.	31'2"
Williams	Timb.	30'9"
Chapdelaine	Port.	30'4"
Nachbaur	Gilf	30'2½"
Barton	Winn	30'2"

High Jump

Ferns	Con	5'4"
Aubin	West	5'3"
Hallett	Dov	5'
Potnam	Sal	5'
Duffy	Con	4'10"
Ramsay	Lac	
O'Connor	Port.	
Fellows	Port.	
Felder	Ex	
Hartung	Port	
Rowe	Gilf	
Kulesz	Sal	
Ouellette	Nash	

2 mi.

Collins P.A. 11:45.0

Eustis Ex 12:07.8

Lawlor Kno 12:10

G. Ross PA 12:11.8

Tomaini PA 12:14.2

C. Ross PV 12:16.4

Mathieu Div 12:24.3

Drake Dov 12:24.7

Ouellette Sp. 12:27.2

Donovan Sp. 12:32.0

Hodgens Ex 12:32.6

Coakley Timb 12:47.0

NH Coaches All-Star Girls Track Team



300 YARD DASH — Julie Jestude of Dover, a sophomore. Julie has been a track star for three years. She was state champ in the 220 and long jump as an eighth grader. She was undefeated this year and won Class L for the second year in a row. She was unable to defend her state title as she missed the Meet of Champions due to the flu.



600 YARD RUN — Anne Collins of Oyster River, senior. "Missy" had an outstanding season in her first year of winter track. Undefeated, she became the first N.H. high school girl to run under 1:30. She broke the state record in the Class I M S meet but was unable to compete in the Meet of Champions due to a knee injury.



MILE RUN — Judy McCrone, Dover, a senior. The "first lady of New Hampshire distance running." Judy has been a top ranked runner throughout her four-year career at Dover High. Coach Bob Gilbert cited her leadership as the major reason for Dover's two straight Class L winter track titles.



TWO-MILE RUN — Cindy Collins, Pinkerton, a junior. Cindy established herself as one of the premier distance runners in the state this fall as she led the Pinkerton harriers to the Class L crown. She was undefeated in the two-mile this winter and currently holds the state record in both the onemile and two-mile



1,000 YARD RUN — Karin Gerhard of Oyster River, sophomore. A veteran underclassmen, Karin finished second in the state meet in the half mile as an eighth grader and second in the 1,000 last year. This year she dominated the 1,000, going undefeated and was the only runner to break 2:50. She set the state record in the Meet of Champions, finishing 13 seconds ahead of her nearest rival.



HIGH JUMP — Maureen Ferns, Concord, sophomore. Maureen became one of the top women high jumpers in the eastern United States with her 5 foot 6 inch clearance to win the Class L title. She duplicated the feat in the Meet of Champions. Her recordsetting jump is two inches higher than any New Hampshire girl had ever jumped.



60 YARD HURDLES — Stephaie Weeks, Oyster River, sophomore. Stephanie completely dominated the hurdles, going undefeated in this her first winter campaign. She was the state champ in the hurdles last spring. In the Meet of Champions this winter, her winning time of 8.5 seconds broke the state record. She was also class champion in the high jump.



SHOTPUT — Renea Dyer, Portsmouth senior. Renea was undefeated in the shotput this winter. The state record holder in both the winter and spring competition, she is the only New Hampshire high school girl to have put the shot over 40 feet. The Class L champ in the hurdles this winter, she also holds the state record in the javelin throw set last spring.



60 YARD DASH — Terri Strack, Nashua, junior. Terri established herself as a top-ranked sprinter last spring with a second place finish in the 100 yard dash. This winter she dominated the 60, finishing the season undefeated. Terri credits much of her success to the coaching of former Nashua track great Fran Tkaczyk.



ONCE AROUND THE TRACK—Pinkerton's Cindy Collins races towards another victory in the one mile run during the Class L girls' winter track championship at the UNH Durham campus last Saturday night. [Sage photo]