

What's next, Sherri?

By Tom King
Sports Editor

Sherri Hughes

Just the mention of her name makes winter track coaches all across the state cringe. They all know what she can do, the damage she can and will cause to their teams' chances of a good showing in this year's state meet. Every sprinter and hurdler has her 5-5, 123-pound frame on their minds. Every practice. Every meet. Beat Hughes.

It's been that way ever since her freshman season, when she was the only Pinkerton Academy indoor runner to qualify for three events in the state meet, a meet the Astros came away from as numero uno. As her coach, Kathy O'Connell would say, "The best thing that happened to Sherri Hughes was to start track the year she started."

And even then she came in with great expectations, after a sparkling performance in the state Hershey Track and Field meet in the summer of 1980. Here comes the wonderful Sherri Hughes.

But as O'Connell remembers, "She wasn't wonderful when she first came. She couldn't even run one lap around the track."

But in the last three years Hughes has come from a girl who couldn't run to a three-event winner in the state meet. Her performance in last year's 55-meter dash, hurdles, and 300 meter run at Durham was a feat that will not soon be equaled in New Hampshire girls' indoor track.

Unless she does it again this year.

Sherri Hughes has been a state champion. She has done almost everything a high school girl indoor runner would want

to do. Yet she is back for one more year. More goals. More expectations.

"I want to be the state champ again, before I leave," she said. "I want it for the whole team. As a freshman, it was so weird. I really didn't know what was going on. I didn't really know what it meant to me. I'll never forget that day. I want everyone to feel it."

Personally, she wants to win four events this season. She's wanted it ever since she won three last season.

"I knew I did my best, but a lot of people said 'Why couldn't you win the long jump?' (she finished third.) They were only kidding," said Sherri, "but it still stuck in my mind."

That's competitor with a capital C. As her spring track coach, current PA boys' winter coach Glenn Listernick said last June, "Sherri is the fiercest competitor I have ever seen."

Yet this is a girl who as a freshman, begged to avoid having to run the hurdles, after falling once. But she rebounded.

"Her sophomore year, we told her she had to be versatile, and last year she was the state champ," O'Connell said.

The credit there goes to O'Connell's assistant, Pat Hicks, longtime girls' track and field guru at the Academy.

"I think it was just the fact that we told her in terms of getting into schools, the more she had to offer the better off she would be. We worked at it very slowly."

With fast results. In the 1982 state meet, Hughes was ranked 11th in the hurdles, but wound up third. The next year she was first.

Now, she is the teacher, helping her

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heir-apparent, Becky Smith, try to do what she herself refused three years ago.

"She's always been one of the crew," said O'Connell. "She's never put herself above the others. And now she's taken over a leadership role. And she does it so well."

But what impresses everyone the most about Sherri Hughes is not her outstanding talent, but her drive, her drive to be the best.

"I'm not awed by her talent," admitted O'Connell, "but by her ability to be as team oriented as she is, and her drive to attain goals." Yet, when it comes down to it, the Astro coach will be the first to tell you that Hughes is, in her words, "the best track athlete in the state."

That's a tough billing to live up to, and it's what drives her opponents to do their damndest to beat her. The list, O'Connell says, "goes on and on."

"Sherri knows she can't slack off or she'll be watching them cross the finish line," she mused.

"I don't really feel any pressure," Hughes says thoughtfully. "But I always think to myself that I'm going to do the best I can."

"She doesn't go into any meet thinking

anybody is better than she is," noted O'Connell. "That's what you have to do."

What's next for Hughes? After this season, it's on to college -- Dartmouth, Cornell, Holy Cross, Northeastern. The senior from Windham is giving them all a look.

"I know it'll be different when I go to college, that there's going to be a lot of runners that are better than me," Hughes says. But she doesn't mind. That's part of the fun, part of the challenge.

As is this season. A state title for her team. Four medals for herself. Hughes looks at it all as a challenge. She really has no solid explanation as to how she performed so brilliantly last year, except to say that she'll try like heck to do it again.

"I guess I took everything else from everywhere...all that energy just for that day." As only she can do.

Her goals just don't stop at college. Hughes says without hesitation that she wants to run in the 1988 Olympics.

Upon hearing that, O'Connell hesitates. But then she remembers the desire.

"If she wanted to, she probably could," she nodded. Just because she's Sherri Hughes.

STATE MEET PERFORMANCE, UNH OVAL:

EVENT:	55M DASH	300M RUN	55M HURDLES	L.J.	RELAY
1983	7.4*	43.2*	8.4*	16'9" (3rd)	—
1982	7.3 (3rd)	42.6*	8.8 (3rd)	—	—
1981	7.4*	43.3 (2nd)	—	—	60.5*

*DENOTES STATE CHAMPION

HONORS/AWARDS:

N.H. State All Star: Hurdles (1983), 300M (1982), Dash (1981)
Lawrence Eagle Tribune All Star: Dash (1983), 300M (1982), Dash (1981), Relay (1981)
Pinkerton Academy Coaches Award 1983, 1982
State Record Holder 300M Run (42.6)
Tri State Record Holder 300 YRD Run (37.8)

Winter track: Astro girls will fight to the finish...

True, familiarity can breed contempt. But in the case of the Pinkerton Academy girls' winter track team, it can also breed success, too.

With an unusually high number of returning veterans, things look pretty positive for the Astros, just as they have for the last five years. A 70-6 regular season mark with one state crown over that span has brought a lot of positive thinking.

"The record speaks for the dedication and hard work of a small corps of girls who return each winter to challenge themselves," said Kathy O'Connell, now in her fifth year as the club's

head coach. She's assisted again this winter by Betty Shepard and volunteer coach Pat Hicks as the Astros open at UNH tomorrow (Friday) against Concord, Central, Oyster River and Sanborn at 4 p.m.

Here's a look at how the team, which finished fourth in last year's state meet, shapes up by event:

Dashes (55 meters and 300 meters) -- 1983 state champion and state record holder Sherri Hughes will lead the Astros in both events. Hughes will be accompanied by junior Debbie Pike, sophomore Becky Smith and freshman Cathy Pendergast.

600 and 1000 meters -- Soph Kelly Daneau qualified for both events last winter and O'Connell hopes she'll work hard enough to be a threat in both this season as well. Cross country veteran Sue Downing should help, as will newcomer sophomores Peggy Richardson and Kathleen Barbary.

1500 and 3000 meters -- The squad again looks to cross country types, in this case top distance runners Bridget Riley and Amy Kruchwitz, both who qualified for these events last year. Veteran Bonnie Chadwick will help out, too, but O'Connell expected a few more distance

people to try out. There's talent but a little less depth here.

Relay -- It's a good, competitive battle between Hughes, Daneau, Pike, Pendergast, Smith, Richardson, Downing and junior Kristi Mattson to determine a final four.

Field Events

Hurdles -- Hughes is the '83 state champ but she'll be pressed by excellent hurdlers from Nashua and Portsmouth. Sophomore Becky Smith has improved 100 percent from last year, according to O'Connell, while frosh Jen Rackley and Pendergast are "coming on."

High jump -- There are two

returning state qualifiers here for the Astros, junior Kim Spofford (second last year) and Junior Debbie Simard. Frosh Sara Mushiak is improving, says O'Connell.

Shot put -- Two good prospects in vet Sharon Kinhart and newcomer Jen Russell, who looks, in O'Connell's words, "very, very strong."

Long jump -- A tough event to practice indoors for, Hughes has made the most of it, as a 17-foot-plus, third-place leap in last year's state meet showed. O'Connell hopes Smith, Simard, Linda Gillespie and a variety of

young jumpers can come through as well.

"We are all pleased the way the pre-season went," said O'Connell, who agrees with other coaches that a top five should include, along with PA, Nashua, Portsmouth, Central and Salem.

"We plan to take it one meet at a time with no long-range plans," O'Connell noted, but all eyes will be on the Feb. 3 state meet soon enough.

"Expect to see us in the thick of it all -- as usual," warned O'Connell.

The Astros' second meet is next Wednesday against Portsmouth, Winnacunnet and Somersworth.

Astro girl runners fall to Central

Failure to score in three events (600 meters, 1500, and long jump) and an overall lack of depth in others spelled doom for the Pinkerton Academy girls' track squad as they fell to powerhouse Manchester Central in last Friday's season opener.

The locals were looking to bounce back in yesterday's (Wednesday's) scheduled meet against Portsmouth, Dover, Winnacunnet and Somersworth, but the lack of depth has been bothering PA coach Kathy O'Connell all week.

"We had as many firsts (four) as Central," said O'Connell, "but no depth. They swept the seconds and thirds, which is where these meets are won."

The stats prove O'Connell's point. Fifty-eight of Central's 85 points came in places two through five, while the Astros could only manage 24. Overall, they were second with 44 points ahead of both Concord (30) and Sanborn (13). Traip Academy failed to score.

Sherri Hughes won three events, but also discovered that the competition will be tough. She took the hurdles in 8.9 seconds, the 55-meter dash in 7.4 seconds (an excellent time) and the 300 meter run in 44.1 seconds.

Bridget Riley recorded the only other first for PA, taking the 3000 meter run in blazing time (10

minutes, 51 seconds).

Other standouts for the Astros included Kim Spofford, who placed second in the high jump at 4'10, while the relay team of Kelly Daneau, Debbie Pike, Kristi Mattson and Peggy Richardson was also second in 4:40.5, a bit slower than O'Connell would have liked.

Amy Kruchwitz was third in the 3000 while Jen Russell was third in the shot put. Fourth places went to Riley in the 1000 and Kinhart in the shot and Becky Smith in the hurdles. Debbie Pike was fifth in the 300 meters.

O'Connell's concern was based on the fact that some of the

veterans were soundly beaten Friday.

"The newer runners we expected to be nervous and it will take time to adjust, but the vets..."

Also, the PA loss to Central was the most convincing beating the Astros have had in five years, "and with Portsmouth and Nashua looking strong, the next two weeks do not look rosy," mused O'Connell. "There won't be a meet that goes by where we won't be hard-pressed -- even by those clubs we used to consider weak."

After Wednesday's encounter the Astros will face Spaulding, Nashua and Salem on Friday, Dec. 30 at 10 a.m. at Durham.

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Central High Gals Capture 50th Straight

DURHAM, Dec. 17 — Central High captured its 50th straight regular season girls' winter-track event here Friday night, measuring four other teams in the opening meet of this year's schedule.

Central's regular season winning streak now has extended into its fourth straight season.

The Little Green is the defending state champion in girls winter track. Coach Joe O'Neil's team lost only to Nashua in the state finals during the preceding year.

Final totals on Friday night gave Central, 85, Pinkerton, 44, Concord, 30, Sanborn 13, and Traip Academy, Kittery, Me. 0.

The victory wasn't as easy as the final point standing would seem to indicate, however. The Little Green trailed Pinkerton, 28-26, after four events, the 3,000 meters, the hurdles, the 55 meter dash, and the shot put.

But Central turned it around on the strength of its middle distance runners, the team's usual forte.

The Central charge was paced by freshman Wendy Smith who won in her first winter track meet, posting a time of 3:17.11 in the 1,000 meter run. Finishing second was Central's Kris Haveles and another Little Green runner, Mary Ellen DeRocher, placed third to complete the sweep.

The 1-2-3 place finish gave Central and advantage it would never relinquish.

Continuing its middle distance domination, Central had the second place finisher (Nancy Boulanger) and the third place competitor (Sharyn Lefebvre) in the 600 meter run.

Amanda Caldon, the defending state champion from Concord, won the 600 meters in 1:44.2.

Central's Smith and Haveles went 1-2 again in the 1,500 meters to pretty well wrap things up for the Little Green. Smith had a time of 5:15.1 in recording her second win of the day.

Top winner on the day was Pinkerton's outstanding senior Sheri Hughes who took medals in the 55 meter dash (7.4), the 300 meter dash (44.1) and the 55 meter hurdles (8.9).

Other meet highlights included:

Central's senior Tracey Penny edging Pinkerton's Kim Spofford in the high jump. Both jumped 4 feet, 10 inches; but Penny won on fewer misses.

Sanborn's Kathy Murray nipping Central's Tracy Garceau by one and one-quarters inches in the shot put. The winning throw was 33 feet, nine and one-quarter inches.

Central's mile-relay team, Boulanger, DeRocher, Haveles, and Lefebvre, won the mile relay with a time of 4:27, the best time of any team in the state this far this season.

Wednesday Central will run against Nashua, Londonderry, and Oyster River at UNH at 4 p.m.

Track Action At UNH

Central 85, Pinkerton 44, Concord 30, Sanborn 13, Traip 0.

3000 meters — Riley, Pinkerton, Boulanger, Central, Krachwitz, Pinkerton. Time — 10:51. Hurdles — Hughes, Pinkerton, Turgeon, Central, Penny, Central. Time — 8.9. 55 meter dash — Hughes, Pinkerton, Stone, Central, Makere, Central. Time 7.4. 1,500 meters — Smith, Central, Haveles, Central, Coleman, Concord. Time — 5:15.1. 1,000 meters — Smith, Central, Haveles, Central, DeRocher, Central. Time — 3:17.1. 600 meters — Caldon, Concord, Boulanger, Central, Bloomfield, Sanborn. Time — 1:44.2. 300meters — Hughes, Pinkerton, Stone, Central, Bloomfield, Sanborn. Time 44.1. 4by440 relay — Central (Boulanger, DeRocher, Haveles). Time 4:27. Shot put — Murray, Sanborn, Garceau, Central. Distance 33 feet, 9 and one quarter inch. Long jump — Bull, Concord, Penny, Central, Nichols, Concord. Distance 15 feet, five inches. High jump — Penny, Central, Spofford, Pinkerton. Height — 4 feet, 10 inches.

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Pinkerton track

DURHAM, N.H. — Sherri Hughes won three events, but Pinkerton Academy had to settle for second place as the Girls Track League opened its season at the University of New Hampshire.

Manchester Central was the winner with 85 points. Pinkerton followed with 44, Concord 30, Sanborn 13 and Traip Academy failed

to score.

Hughes won the 55 meter hurdles in 8.9, the 55 meter dash in 7.4 and the 300 meter dash in 44.1.

Bridget Riley also picked up a first place for the Astros in the 3000 meters with a clocking of 10:51.

Pinkerton will run again Wednesday at UNH at 4 o'clock.

Relay team paces Astro girls' win

Durham — Thank heavens for that mile relay team.

As the Pinkerton girls' track team heads into tomorrow's (Friday's) scheduled meet here against Spaulding, Nashua and Salem, they'll be looking back at their close win over Portsmouth last Wednesday, hoping things won't be that tough again.

And the win has to be credited to the performance by relay runners Kelly Daneau, Debbie Pike and Cathy Pendergast with Peggy Richardson ready if needed.

Their victory gave the Astros a much-needed one-point victory Portsmouth, 78-77, with other participants Winnacunnet (13), Somersworth (3) and Dover (1) already out of the running.

Daneau bolted right out giving the Astros a much-needed lead that they hung on to. For the freshman Pendergast, it was her first relay ever.

"The kids did a nice job," said Astro coach Kathy O'Connell. "They hung together and showed a lot of spirit the whole meet -- something we were looking for, more than the victory."

It would have been tough for the Astros not to show emotion in a meet as close as this. It was nip-and-tuck all night, with the Astros doing well in the distance

events, and chipping away with seconds and thirds in most others.

"We knew if the girls could place well in the 1500 meters it would at least put us in striking distance with the relay to go," said O'Connell.

And the distance crew set the stage for the relay team, with Bridget Riley, Amy Kruschwitz and Sue Downing finishing one-three-five to get Pinkerton within a point of a win.

In the 3000 meters, the same trio finished one-two-four. Sherri Hughes, meanwhile, won the 55-meter dash and the 300 meter run, placing second in the hurdles and long jump.

Sharon Kinhart was second in the shot put with Jen Russell third and Chris Field fifth. Bonnie Chadwick was third in the 1500 meters while Kim Spofford placed second in the high jump.

In the 600 meters, Kelly Daneau was second, Richardson fourth and Russell fifth.

Trailing Hughes in the long jump for the Astros were Kim Gillespie (third) and Spofford (fifth).

Finally, Pike was third in the 300 and Kristi Mattson fifth.

Tomorrow's meet will begin at 1 p.m. at the University of New Hampshire's Paul Sweet Oval.

B.C. Classic

Four Astro runners, meanwhile, competed in the Boston College holiday classic on Monday.

Bridget Riley won the two-mile, beating out a small field from West Roxbury, Medford, and Darien, Conn. in 11 minutes, 51 seconds (11:51).

Debbie Pike ran a 43.1 in the 300-meter run, while Kelly Daneau won her 600 meter heat in 1:38 but failed to place in the main event.

Sherri Hughes, meanwhile, had a tough day as she fell in the hurdle semifinals and was disqualified in the 300 for running out of her lane.

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Pinkerton, Salem fall in UNH meet

DURHAM N.H. — The Nashua High girls defeated Pinkerton, Salem and Spaulding in New Hampshire Track League action yesterday at UNH

Nashua rolled up 67½ points with Pinkerton close behind with 60½ followed by Salem with 30 and Spaulding with 13.

Pinkerton's Sherri Hughes was a double winner taking the 55 meter dash in 7.6 and the 300 meters in 43.7. Also picking up first places for the Astros were

Bridget Riley in the 3000 meters with a time of 11:22 and Amy Kruschwitz in the 1500 meters at 5:28.

Placing second were Kruschwitz (3000), Riley (1000), Sue Downing (1500), Kelly Daneau (600) and the relay team of Daneau, Debbie Pike, Becky Smith and Peggy Richardson.

Pinkerton (9-2) will run again next Friday at UNH at 7 p.m.

MARTI STINER PACED SALEM with a first place and three

seconds.

She won the high jump at 4-10 and was second in the 55 meter hurdles (8.9), 55 meter dash (7.7) and the long jump (16-7).

Ruth Campbell, although finishing second in the shotput, set a new Salem school record with a toss of 32-8½. Sophia Martin grabbed a third place finish in the 1500 meters.

Salem will be back in action next Friday at UNH at 4 p.m.

PA girl runners look to get tough

in the next four weeks, track fans will see just what the Pinkerton Academy girls' team is made of.

This is the time that most coaches encourage their runners to dig down deep as they begin serious preparations for the state meet, which is just one month away. PA's Kathy O'Connell is no exception.

"Some of the girls have to start getting tough with themselves and demanding more of themselves," said the 9-1 Astros' mentor.

The Astros take on Concord, Exeter, Winnacunnet and Raymond this Friday night at 7 p.m., following last week's second-place finish (60½ points) behind Nashua (67½). The Astros bested Salem (30) and Spaulding (13) in the process.

With several top runners competing in the

Dartmouth Relays on Saturday in Hanover, the Astros will need their "supporting cast to come through in this meet," said O'Connell.

"We're hoping the next few meets will see some improvements in some of our 'new faces'," said O'Connell. "We're hoping that now that we're halfway into the season the adjustment period is over and improvements in times will come."

Last week's meet was closely contested throughout. Bridget Riley was first in the 3000-meter run in 11:22, while Sherri Hughes captured the 50-meter dash in 7.6 seconds and the 300-meter run in the excellent time of 43.7 seconds. In another PA first, Amy Kruschwitz took the 1500 meters in 5:28.

The Astros placed five seconds -- Riley in the 1500, Kruschwitz in the 3000, Sue Downing

in the 1500, Kelly Daneau in the 600 (a season's best in 1:47.4) and Daneau, Debbie Pike, Becky Smith and Peggy Richardson in the mile relay.

Downing was third in the 3000, as was Hughes in the hurdles and long jump. Jen Russell was third in the shot put and Debbie Simard the same in the high jump.

But, the lack of depth again hurt the Astros. They had no fourth place finishers and just two in fifth spots (Peggy Richardson in the 600 and Kristi Mattson in the 300). Top jumper Kim Spofford was out sick, another PA minus.

"Riley, Kruschwitz, Hughes, and Downing are the mainstays of the team right now," said O'Connell. "And Daneau seems to be coming on."

Pinkerton slips past Portsmouth

DURHAM, N.H. — The Pinkerton girls won the final mile relay event to nip the Portsmouth track team 78-77 yesterday at the University of New Hampshire.

Winnacunnet finished a distant third with 12 points followed by Somersworth with three and Dover with one.

Pinkerton trailed by four points going into the mile relay, but Kelly Daneau, Debbie Pike, Kathy Pendergast and Peggy Richardson grabbed the lead and kept it to clinch the win. The time was 4:41.9.

Bridget Riley and Sherri Hughes were double winners for Pinkerton.

Riley won the 3000 meters

in 11:05 and the 1500 meters in 5:11 while Hughes copped the 300 meters in 44.6 and the 55 meter dash in 7.5. She also had two seconds in the 55 meter hurdles and long jump.

Amy Kruschwitz also had a good day with a pair of seconds in the 300 meters and 1500 meters.

In other action at UNH, Marti Stiner won three events to lead Salem to a third place

finish against five teams.

Concord won the meet with 53 points followed by West (41), Salem (39), Alvirne (20) and Sanborn with 19.

Stiner won the hurdles in a new school record time of 8.6 while also finishing first in the 55-meter run (7.6) and the long jump at 16-10. She was second in the high jump with a leap of 4-8.

Also placing for the Blue

Devils were: Shotput — Ruth Campbell, 3rd, 32-2 1/4; Pam Keefe, 4th, 31-1/2; Hurdles — April Sciacca, 4th, 31-1/2; 600 meters — Sue Vandecasteele, 4th, 1:50.1; Long jump — Lesley Spirers, 4th, 14-10 1/2; High jump — Nancy Nagel, 4th, 4-2; 4X400-meter relay team (Sciacca, Kelly Maloy, Nagel and Vandecasteele) — 4:44.2.

Salem will be in action next Friday at UNH.

PA girls' depth comes through

The Pinkerton Academy girls' track team's 'supporting cast' came through last week as the Astros pulled out a victory Concord. Combine that with a good showing in the Dartmouth Relays, and the girls are in good shape for this Friday's meet against Exeter, West, and Memorial 4 p.m. at Durham.

While some of the Astros' top runners went a little lighter Friday due to Saturday's Dartmouth event, the entire team pulled together to nip Concord by four, giving PA coach Kathy O'Connell the display of depth she's been waiting for all year.

"I was very pleased to see the girls pull through for each other," said O'Connell.

The club had five firsts -- Amy Kruschwitz in the 3000 meter run (11:21), Bridget Riley in the 1500 (5:17.3), Sherri Hughes in the dash (7.3 seconds), 300 (44.1) and hurdles (9.0), Kim Spofford in the

high jump (4'10), and Jen Russell in the shot put (30'6).

Kelly Daneau was second in the

300, while the relay team of Becky Smith, Cathy Pendergast, Kristi Mattson and Peggy Richardson did the same.

Third-place performances came from Sue Downing (3000), Riley (1000) Richardson (600) and Mattson (300). Fourths went to Chris Field in the shot, Smith in the hurdles, Kim Gillespie in the dash, Bonnie Chadwick in the 1000 and Debbie Pike in the 300.

Finishing fifth were Lianne McGrath (shot), Sara Mushial (dash), Russell (600), Debbie Simard (long and high jumps) and Chadwick (1500).

The next day several Astros competed in the Dartmouth Relays.

Hughes, who won awards in three events last year, just missed the final cut in the hurdles (not one New Hampshire girl made the finals). She ran a 61.6 in the 400 meters and "looked very good -- better than she has," said O'Connell.

The mile relay team of Hughes, Daneau, Mattson and Pike ran a season's best of 4:28.

Sue Downing was second in the 1000 meter run, while Sharon Kinhart had a season best 28'5 throw in the shot put after being out sick two weeks. Kruschwitz, Riley, Sue Downing and Russell finished a surprising second in the relay.

Downing was third in the 3000, as was Jen Rackley in the hurdles, Kim Gillespie in the dash and Russell in the 600 meters. Kim Spofford was also third in the long jump.

Also, Daneau was fifth in the 3000, as was Chris Field in the shot.

The Lancers, meanwhile, are building. But they have solid performers such as Todaro from which they can begin to create a base.

Todaro was third in the 55 hurdles (9.9 seconds), and sixth in the 300 in 46.6 as the Lancers placed fourth in a six-team meet won by Manchester Central.

Chris Rioux continued her fine season with a first in the high jump at five feet even, while Stephanie Giordani set a school record in the 1000 meters with a sixth-place time of 3:19.5.

Also, the relay team of Todaro, Michelle Faford, Becky Farr and Giordani was fourth in 4:37.

With the PA-LHS rivalry a factor, and the fact that Concord had nearly beaten Pinkerton earlier in the season, this meet has all the ingredients of being a top primer for the Feb. 3 State Meet.

"We'll all be taking points from each other," affirmed O'Connell.

Sherri Hughes takes three

DURHAM — Sherri Hughes took three first-place finishes last night, pacing Pinkerton track to a win here at UNH.

They accumulated 81 points, West racked up 59 points, Memorial chalked up 20 points, and Exeter gathered 11 points.

Hughes won the hurdles in a 9.2 time, finished first in the 55-meters

Girls track

with a 7.5 time, and won the 300-meter dash in a 43.3 time.

Also placing first for Pinkerton was Bridget Riley in the 3000-meter dash with a 10:50 time, Jen Russel on the shot put, heaving 30 feet and four inches, Kelly Daneau on the 600-meter dash with a 1:47 time, Kim Spofford on the high jump with a jump of four feet, ten inches, and the relay which consisted of Daneau, Hughes, Kristy Mattson, and Kathy Pendergast.

Pinkerton will appear in another meet on Monday in the Methuen Invitational meet.

The Salem High girls tracksters finished third in a meet at UNH last night. They picked up 30 1/2 points, beating Somersworth and Raymond who racked up three points each, yet were defeated by Nashua, with 73 1/2 points, and Concord with 65 points.

Salem had one first place finisher in Ruth Campbell, who tossed the shotput 33 feet.

Marti Stiner also turned in a fine performance with three second place finishes in the 55 meter hurdles, the high jump and the long jump. She also had a fourth in the 55 meter dash.

PA girls prove a point in Methuen Invitational

The Pinkerton Academy girls' indoor track team showed a cluster of Massachusetts schools that New Hampshire girls take their track seriously as they placed sixth out of 21 teams in the Methuen, Mass. Invitational earlier this week.

PA, the only N.H. entry, garnered 32 points -- twice as many as they've ever had in this event -- with only eight runners making the trip.

Bridget Riley was second in the two-mile in 11:41 while Sherri Hughes took the number two spot in the 300-yard run (40 seconds flat).

Kelly Daneau was third in the

600 (1:37.4), while Peggy Richardson (600, 1:37.7) and Kim Spofford (high jump, 4'10) were fourth place finishers in their events. Amy Kruschwitz ran the two-mile in a fifth-place time of 12:11 to round out the PA scoring.

The Astros' successful week began on Friday, however, as Hughes' three firsts (dash, hurdles, 300) carried PA to a win over West, Memorial and Exeter.

Another big win in the meet for PA came when Bridget Riley outdistanced West's Karen Salvail down the stretch in 10:50.6. Other firsts for PA came in the shot put (Jen Russell, 30'4), 600 meters (Daneau, 1:47) high jump (Spofford, 4'10), and relay (Da-

neau, Kristi Mattson, Cathy Pendergast and Hughes in 4:29.9).

Sue Downing took a second in the 1000 meters while Spofford was 2nd in the long jump. Riley, meanwhile, was just ripped at the wire as she settled for second in the 1500 meter run.

Also, Becky Smith was third in the hurdles as was Kim Gillespie in the dash.

Bonnie Chadwick was fourth in the 3000, as was Sara Mushial in the 1000 and Peg Richardson in the 600. Amy Kruschwitz was fourth in the 1500 as well.

Kris Field, meanwhile, was

fifth in the shot put.

Several Astros -- Mushial, Mattson, and Chadwick were able to substantially improve this past week. The team picked up when Chadwick placed fourth in the 3000 in state meet qualifying time.

"It seemed to set the pace for the others to come alive," said

O'Connell, whose team faces Alvirne, Raymond and Winnacunnet this Friday at UNH at 6 p.m.

"There's two more meets to go (in the regular season) and many of the girls are seeing those times come down -- which is the whole idea, improvement," said O'Connell.

Falmouth beats a field of 18 in Methuen Invitational meet



LET IT SNOW - As part of the Pinkerton Academy physical education program, freshmen students are getting a chance to learn basic cross-country skiing techniques. Philip Loder of Derry here gets a lesson from instructor Elizabeth Shepard (right) on the Academy's grounds. (Perrin photo)

METHUEN -- Falmouth High topped a field of 18 teams to win the seventh annual Methuen High Invitational girls track yesterday at the Methuen High Fieldhouse.

Falmouth rolled up 53 points with Reading second at 46. Rounding out the top six finishers were Medford 45½, Swampscott 42, Billerica 34½ and Pinkerton Academy of Derry, N.H. 32.

Among the local teams Andover had 21, Haverhill eight and Methuen six.

Swampscott's Kyle Emery accounted for the lone meet record when set won the high jump clearing the bar at 5-6. The record was 5-5 set by Peggy Stewart of Danvers.

Andover's Jolyne Divino was the only local winner taking the two mile run with a clocking of 11:34.1.

Falmouth had one first place finisher, but picked up the necessary place finishers to wrap it up. Mary Cullinane picked up the first in the mile with a time of 5:12.3.

Tewksbury's Bev Luken, the defending state 50 yard champ, won her specialty in 6.2 and Bishop Williams' Dawn Roche turned in an impressive performance winning the shotput at 40-8½.

Former Methuen performer, now competing with Swampscott, won the 50 yard hurdles in 7.2 and Waltham's Beth Giardinia captured the 300 yard run nipped Pinkerton Academy's Sherri Hughes at the wire in 39.6.

The results:
Falmouth 53, Reading 46, Medford 45½, Swampscott 42, Billerica 34½, Pinkerton 32, Waltham 23, Andover 21, Bishop Fenwick 16, Wilmington 14, Winthrop 13, Tewksbury 13, Archbishop Williams 10, Haverhill 8, Methuen 6, Beverly 5, Natick 0, Chelmsford 0.
2 mile -- 1. Divino (And), 2. Riley (Pink), 3. McQuency (Read), 4. Hayden (Wil), 5. Krushwitz (Pink), 6. Forsythe (Tewk), T -- 11:34.1.

Shotput -- 1. Roche (ABW), 2. Hodgkinson (Al), 3. Peters (Fal), 4. Baiarous (Winth), 5. Harris (Read), 6. Iannucelli

Girls' Track

(Meth) D -- 40-8½.

High jump -- 1. Emery (Swamp), 2. Bolton (Fal), 3. Desrosier (BF), 4. Spofford (Pink), 5. (tie) VanOlinda (And) and Farrell (Fal), 6. Wooster (Read), H -- 5-6.

Mile -- 1. Cullinane (Fal), 2. McParlin (Bill), 3. Toby (Swamp), 4. Cash (Winth), 5. Johnson (Read), 6. Vecchia (Winth), T -- 5:12.3.

50 dash -- 1. Luken (Tewk), 2. Gumbert (Fal), 3. Robone (Swamp), 4. Simmons (Read), 5. Palmer (Bev), 6. Giarbinia (Walth), T -- 6.2.

600 -- 1. Saunders (Read), 2. Kelley (Bill), 3. Daneau (Pink), 4. Richardson (Pink), 5. Marsan (Meth), 6. Hobson (Fal), T -- 1:30.4.

50 hurdles -- 1. Maitland (Swamp), 2. Burt (Bill), 3. Rugg (Fal), 4. Poulin (Meth), 5. Wayland (Swamp), 6. Jensen (Fal), T -- 7.2.

300 -- 1. Giardinia (Walth), 2. Hughes (Pink), 3. Gately (Medf), 4. McDevitt (Swamp), 5. Fitzgerald (Medf), 6. Gifford (Bill), T -- 39.6.

440 -- 1. Jerardi (BF), 2. Harris (Read), 3. Walsh (Medf), 4. Lacerda (Fal), 5. Callahan (Walth), 6. LeClerc (Bev), T -- 61.0.

1000 -- 1. Santanowicz (Medf), 2. Anderson (Hav), 3. Desforge (Wil), 4. Errico (Wil), 5. McCauley (Read), 6. Wiesensee (Tewk), T -- 2:56.0.

2 mile relay -- Waltham, Billerica, Medford, Winthrop, Andover, Swampscott, T -- 10:51.8.

Mile relay -- Reading, Falmouth, Medford, Swampscott, Beverly, Billerica, T -- 4:24.1.

PA, LHS runners to tangle Friday



Kelly Daneau

It took until the next to last week of the season, but Pinkerton Academy and Londonderry High will finally lock horns in indoor track when the two schools' girls' squads take the floor at the University of New Hampshire's Paul Sweet Oval Friday at 6 p.m.

Actually, the two will also be fighting Concord, Spaulding, Dover and Exeter. The Lancer-Astro rivalry, thus, will be a bit downplayed.

"We'll be going all out at all of them for the win," said Pinkerton

coach Kathy O'Connell, and it's also a last shot for our kids to run some personal best times."

However, keep your eye on the 600 meter race where Lancer standout Diana Todaro will be going up against Pinkerton's Kelly Daneau.

"It'll be the highlight of the meet," said LHS coach Suzanne Johnson.

Todaro's best 600 time is 1:47.4, while Daneau's hovers just above the 1:46 mark. And, says O'Connell, watch out for Astro

Peggy Richardson.

"Daneau's funny; if she wants to run well, she can," said O'Connell. "But I wouldn't rule out the chance Peggy Richardson could beat them both."

The Astros beat everybody last week, besting Alvirne, Winnacunnet, Raymond, and Traip Academy, running their mark to 22-2.

Sherri Hughes, hampered a bit all week with a slight muscle irritation, competed in two events instead of her customary four -- and won them both in top league

times. She took the 55-meter dash in 7.3 seconds and the 300 meter run in 43.3.

Becky Smith stepped in to take the hurdles in 9.6 while Amy Kruschwitz won the 3000 in 11:10. Bridget Riley the 1500 in 5:25, Jen Russell the shot put in 28'9, Richardson the 600 in 1:48.3 and Kim Spofford the high jump in 4'8.

PA made a clean sweep of the 300 as Debbie Pike was second, Kristi Mattson third, Smith fourth and Cathy Pendergast fifth.

(TRACK. Page 23)



Diana Todaro

Girls Winter Track 1/27/54 Meeting

Pink-113 Conc-114 Lond-43 Spaulding 35 Exeter 33 Dover 33

- 300 meters
1. Riley Pink 11:00.7
 2. Edelman Con 11:07.7
 3. Kruchwitz Pink 11:16.9
 4. Trotzer Ex 11:35.4
 5. Downing Pink 11:55.1
 6. Chadwick Pink 12:29.0

- Hurdles
1. Hughes PA 8.9
 2. Parenteau Con 9.2
 3. Kehey Sp 9.7
 4. Nichol Con 9.7
 5. Bersen Ex 11.8

- 55 DASH
1. Hughes Pink 7.2
 2. Parenteau Con 7.7
 3. Thibodeau Con 7.9
 4. Berry Sp 8.0
 5. Gillispe Pink 8.1
 6. Kelsey Sp 8.2

- 1000 meters
1. Calder Con 3:22.4
 2. Hamburger Con 3:27.7
 3. Downing Pink 3:26.0
 4. Vogel Lond 3:37.8
 5. Gerard Ex 3:39.8
 6. Hood Pink 3:43.7

- 600 meters
1. Todaro Lond 1:45.4
 2. Giordani Lond 1:46.2
 3. Daneau Pink 1:47.1
 4. Richardson Pinks 1:47.3
 5. Thibodeau Con 1:47.9
 6. Monahan Sp 1:49.4

- Relay:
1. Concord 4:28.2
 2. Londonderry 4:28.4
 3. Pinkerton 4:33

- Shot Put
1. Russell Pink 30' 11 1/2"
 2. Sanderson Con 27' 11"
 3. Rogers Sp 27' 9 1/2"
 4. Kinhart Pink 27' 0"
 5. Williams Lond 26' 4"
 6. Field Pink 25' 8"

- Long Jump
1. Bull Con 15' 10 1/2"
 2. Rogers Sp 14' 8"
 3. Schuman Ex 13' 9 1/2"
 4. Nelson Ex 13' 10"
 5. Beers Ex 12' 10"
 6. Breunwald Lond 12' 9 1/2"

- 300 meters
1. Hughes Pink 43.7
 2. Parenteau Con 46.0
 3. Beers Ex 47.2
 4. Mattson Pink 47.4
 4. Kelsey Sp 47.4
 6. Pike Pink 47.6

- 1500 meters
1. Hamburger Con 5:22.3
 2. Riley Pink 5:24.7
 3. Edelman Con 5:27.1
 4. Kruschwitz Pink 5:27.9
 5. Trotzer Ex 5:33.3
 6. Boyle Sp 5:33.3

- High Jump
1. Riddix Lond 5' 0"
 2. Spafford Pink 4' 10"
 3. Bull Con 4' 6"
 4. Nelson Ex 4' 6"
 5. Nichols Con 4' 4"
 6. Havelcamp Ex 4' 4"

4. Spaulding 4:33.7
5. Exeter 5:00.0



Sherri Hughes



Tim Lord



Bridget Riley



Amy Kruschwitz



Don Cerri

The State Meets:

A local preview

It'll be a track fan's heaven. The state's top high school indoor track performers will all be headed for the University of New Hampshire this weekend for the State Championship Meets.

Among them will be several top local talents, most notably Pinkerton Academy's Sherri Hughes and Londonderry High's Dan Godin. Both stole the show last year, Hughes with three victories (the 55-meter dash, hurdles, and 300 meter run) and Godin with two (1500 and 300, both in record time).

Godin's feats occurred in the Meet of Champions, postscript to the Class Meets. This year, the two are combined into one huge boys' track and field party.

Can both repeat? Godin is almost a sure bet too, as he has run undefeated since February of 1982 indoors. Hughes is favored in the dash, a close second seed in the 300, and is ranked fifth in the hurdles. With this year's competitive field, to repeat 1983's performance would be quite an accomplishment.

"The league has been a lot more competitive," said her coach, Kathy O'Connell.

As far as team competition goes, the best finish may be made by Al Halpern's Londonderry Lancer boys. They should be in a battle with Timberlane for the second spot behind heavily favored Nashua.

The Astros' boys' squad, who finished with the best regular season record (13-2) in the school's history, are darkhorse for the number two spot along with Portsmouth and Somersworth.

"Any good things we do in the state meet will be frosting on the cake," said Astro mentor Glenn Listernick.

In the girls' meet, Pinkerton coach O'Connell does not see as strong a PA finish as in the past (they were third last season).

"It's not a strong state meet field as far as points go, but we'll be looking to run better



Dan Godin



Diana Todoró



Dan Gagnon



Stephanie Giordani



Scott Myer

times, jump and throw longer and higher, and our goals will be accomplished," she said.

As for Londonderry the young Lancers are looking for a good showing after last week's impressive third-place finish behind Concord and Pinkerton.

"We should go in with a lot of confidence after what we pulled off last week," said Lancer coach Suzanne Johnson.

Here's the lineup, by event, in the boys' meet on Saturday, which begins at 6 p.m.:

3000-meters -- For Londonderry, it'll be Godin (9:01 qualifying time), Dan Beaulay (9:31), Ken Millette (9:38) and Dave Beaulay (9:41). Pinkerton will use Scott Hayward (9:16.3) and Helmut Schmook (9:54.0). Godin's the heavy favorite, with Hayward having a legitimate shot to score. One of the other Lancers could sneak in there as well. Other Astros are Rob Stevenson (9:49.9) and Chris Maltner (9:46.4).

1500 - Godin's 3:59 is tops, while Hayward runs a 4:30. Dave Harrington, Dan and Dave Beaulay may also compete for LHS.

1000 - This will be Londonderry's Mark Sullivan's chance to escape from Godin's shadows, as he's seeded first with a 2:38.6 time. For PA, Eric Kling (2:52.8) and Schmook (2:51.5) will compete.

600 - PA's Joe Blouin should do well here with a 1:33.2 qualifier. For Londonderry, Doug Garcia (1:32.9) will run, as will Astro Rick Eaton (1:33 flat).

300 meters -- Londonderry's Dan Gagnon will compete for experience's sake with a qualifying time of 40 seconds flat.

55 meter dash -- Soph Dave Hartsock (6.9 seconds) will compete for LHS. Sprinting is

neither school's strength, but the experience will help.

Hurdles -- PA's Bob Hazelton has an 8.7-second best, while LHS' Gagnon "is the best freshman we've ever had in the hurdles," according to Halpern.

High jump -- Hazelton (5'8) is here for PA along with Calvin Knight (5'6) and Don Cerri (5'10). For Londonderry, Scott Myer (6'2) is a sure bet for a top three spot.

Long jump -- PA's Cerri (20'2½) is the top local here.

Shot put -- A Pinkerton strength with Tim Lord (52'5) Jeff Gibbons (41'10 3-4) and Todd Balise (42'4). LHS has Brian Webber at 44'8.

Relay -- LHS has Godin, Sullivan and Hartsock with a host of others vying for fourth, while PA (best time of 3:50.9) will use Cerri, Blouin, Hazelton and Eaton with Keith Webster an alternate.

Now for the girls' meet, this Friday at 6 p.m.:

3000 -- PA junior Bridget Riley is ranked fourth in 10:50.6, while Amy Kruchwitz is sixth in 11:02. Bonnie Chadwick will also compete as will Sue Downing.

1500 -- Riley (fifth, 5:10.1), Kruchwitz (10th, 5:19) and Sue Downing will run for Pinkerton.

1000 -- Look for Londonderry's Stephanie Giordani, who has a strong chance of placing with a 3:19 qualifier.

600 -- LHS' Diana Todaro won the showdown with Pinkerton last week, and Johnson says "She's mentally ready." Her best is 1:45, while PA's Kelly Daneau is ranked 10th and Peggy Richardson 11th.

300 -- Here Hughes is ranked second, just one-tenth of a second off the top time in 43.3 seconds, her best since her freshman year. Giordani of LHS is at 45.8.

55 dash and hurdles -- Hughes is tops in the dash in 7.2 seconds and fifth in the hurdles in 8.8.

Shot put -- PA's Jen Russell, in her first track season, is 10th at 30'11. She is the first Astro 'putter in three years to throw over 30 feet.

High jump -- Londonderry's Chris Blouin is seeded third in 5'2½ and could make second PA's Kim Spofford will also compete.

Relay -- Look for Debbie Pike, Kristi Mattson, Hughes and Daneau for Pinkerton, and Todaro, Giordani, Michelle Faford, and Becky Farr for LHS, whose 4:28.4 time has them tied for fifth.

APOLOGY

(Continued from Page 19)

Monday was Tomahawk Jim Donahue (18 points) who is noted for his inside play but not the 15-footers he was sinking. The Astros had scouted Merrimack numerous times, "and he didn't shoot like that," said Carnovale. But he did with 1:43 left to give Merrimack a 66-63 lead.

And then there was that little problem with the officials, who have Carnovale fit to be tied at this point in the season. Three technical fouls (one was called when Carnovale stepped onto the floor thinking time had been called) helped stifle a Pinkerton 27-22 lead and turn the game around to 30-27, Merrimack.

From there the 'Hawks expanded the lead to as many as eight in the second half before the Astros gained a brief 58-57 edge on an Erik Johnson jumper. But it was all downhill for Pinkerton after that.

They hope the same doesn't happen Friday. The Astros woke up just in time to press the usually disciplined Blackbirds to death at Keene in their 60-57 overtime win two weeks ago.

"They won't want to run against our press," said the PA mentor. "They'll want to be a little bit more deliberate and get our big guys in foul trouble again."

A win over Keene will help ease the pain from Monday night's loss even more.

"We didn't press until the fourth quarter," Carnovale was still dwelling after Tuesday's win, "and it was a mistake. We screwed up. It won't happen again."

RIVALRY

"Londonderry is going to have to contain Pinkerton on the boards," commented Exeter High coach Bill Taylor, who has played both and lost twice. PA outrebounded Exeter 42-15 Tuesday night.

Indeed, with four of their top six players over 6-2 (Nate Enright and Scott Williams are 6-5) the Astros have the definite advantage in

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HURDLES

2 SEMI PICK 3

HEAT #1

- 1 PARENTEAU ^{CON} 9.2
- 2 HUGHES ^{PINE} 8.8
- 3 PROCTOR ^{WALK} 8.3
- 4 KELSEY ^Y 8.7
- 5 WILLIAMSON ^{PORT} 9.2
- 6

HEAT #2

- 1 ~~HUGHES~~ SNIVELY ^{9.3} KEAR
- 2 GORI ^{PORT} 8.8
- 3 WALKER ^{PORT} 9.4
- 4 STINER ^{SAL} 8.4
- 5 TURBON, ^Y CENT 9.1
- 6 NICHOLS ^{CON} 9.4

55m DASH

2 SEMI'S PICK 3

HEAT #1

- 1 JANOSKY ^{NASH} 7.6
- 2 STONE ^{CENT} ~~PINE~~ 7.5
- 3 HUGHES ^{PINE} 7.2
- 4 ROSS ^{PORT} 7.5
- 5 BURKE, ^{NASH} 2.6
- 6 SPIRES ^{SAL} 7.7

HEAT #2

- 1 RESSLER, ^{NASH} 7.7
- 2 PARENTEAU ^{CON} 7.6
- 3 DOYLE ^{NASHUA} 7.4
- 4 MAKRE ^{CENT} ~~PINE~~ 7.5
- 5 MITCHELL ^{TIM} 7.6
- 6 PAUL ^{KEAR} 7.7

300 m

HEAT #1

- 1 MITCHELL ^{TIM} 45.4
- 2 HEATH ^{MGM} 45.7

HEAT #2

- 1 JANOSKY ^{NASH} 44.8
- 2 PARENTEAU ^{CON} 45.8

HEAT #3

- 1 O'NEARON ^{FALL} MT 44.2
- 2 DOYLE ^{NASH} 45.8

HEAT #4

- 1 PROCTOR ^{NASH} 44.1
- 2 BLOOMFIELD ^{SANB} 45.0

HEAT #5

- 1 STONE ^{CENT} 43.4
- 2 GORDAN ^{LONG} 45.8

HEAT #6

- 1 HUGHES ^{PINE} ~~8~~ 43.3
- 2 MAKRE ^{CENT} 45.8

HEAT #7

- 1 LIVINGSTON, ^T KENNETT 43.2
- 2 ROSS ^{PORT} 46.0

QUALIFIERS

1983-1984

HURDLES (11)

8.3	Sr Proctor	Nash
8.4	Sr Stiner	Sal
	Sr Walker	Port
8.7	Jr Kelsey	SP
8.8	Sr Hughes	Pink
9.1	Jr Turgeon, Y	Cent
	Jr Gori 8.8	Port
9.2	So Parenteau	Con
	Sr Williamson	Port
	Loucheau	Han
9.4	Jr Tedaro	Lond
	Sr Nichols	Con
	Snively 9.3	Kear
9.5	Sr Penny	Cent

55m DASH (12)

7.2	Sr Hughes	Pink
7.4	Sr Doyle	Nash
7.5	Sr Proctor	Nash
	So Stone	Cent
	Sr Makere	Cent
	Jr Ross	Port
7.6	So Parenteau	Con
	Sr Durko, K	Nash
	Jr Mitchell	Timb
	Sr Stiner	Sal
	Jr Janosky	Nash
7.7	Jr Ressler	Nash
	Lang	Han
	Sr Spires	Sal
	Sr Williamson	Port

PAUL

NEAR

300m DASH (14)

43.2	Livinston	Ken
43.3	Sr Hughes	Pink
43.4	So Stone	Cent
44.1	Sr Proctor	Nash
44.2	Jr Janosky	Nash
	Sr Walker	Port
45.1	Jr Mitchell	Timb
45.4	Sr Durko, K	Nash
45.7	So Heath,	Mem
45.8	Sr Doyle	Nash
	Bloomfield	Sanb
	Jr Giordani	Lond
	So Parenteau	Con
	Sr Makere	Cent
46.0	Jr Ross	Port
	Jr Ressler	Nash

Siacca SAL. ALT

HIGH JUMP

5'5	Sr Walker	Port
5'4	Sr Somero	Alv
5'2 1/2	Sr Rioux	Lond
5'2	Sr Bacon	Kear
5'1 1/2	Sr Penny	Cent
5'0	Sr St. Jean	Mem
4'10	Jr Spofford	Pink
	So Bull	Con
	Sr Stiner	Sal
	Jr Boulanger	Cent
	Sr Snowden	Winn
	Jr Ross	Port
4'8	Sr Quinn	Hol
	So DeStefani	Cent
	Sr Williamson	Port
	So Moore	Nash
	Sr Nichols	Con
	Jr Trickett	Sal

SHOT PUT

36' 3/8	Clark	Fall Mt
35' 3	Sr Lafrance, K	Nash
35' 1/8	Sr Somero	Alv
34' 4 1/8	So Garceau	Cent
34' 4	Jr Campbell	Sal
34' 3 3/4	Sr Murray	Sanb
31' 3 1/2	Sr Gaudreault	Mem
31' 3/4	Jr Keefe	Sal
	Jr Rogowicz	West
30' 11 1/8	Sr Russell	Pink
30' 4 1/8	Sr Canning	Cent
30' 1	Sr Stevens	Cent
29' 11	3/4 Sr Burke, C	Nash
29' 11 1/8	Jr Lafrance, T	Nash
29' 7	Gaudreault	Port

3 Throws
7 to Finals

LONG JUMP

18' 2 1/2	Sr Proctor	Nash
17' 3 1/8	Sr Stiner	Sal
17' 1 1/8	Sr Walker	Port
16' 11	Sr Williamson	Port
16' 2"	SNIVLEY	KEAR
15' 10 1/8	So Bull	Con
15' 8 1/8	Sr Nichols	Con
15' 7 1/8	Sr Quinn	Hol
15' 7	Jr Gori	Port
15' 5 1/8	So Thibodeau	Con
15' 3	Sr Hughes	Pink

MILE RELAY

4:17.0	Nashua
4:22.1	Central
4:24.9	Portsmouth
4:28.2	Concord
4:28.4	Pinkerton
	Londonderry
4:33.7	Spaulding
4:33.8	Timberlane
4:35.0	Salem
4:39.4	West
4:42.5	Memorial
4:47.5	Alvirne
4:55.2	Exeter
4:55.6	Hollis
4:56.3	Portsmouth
5:11.0	Raymond
5:11.2	Winnacunnet

5 of 3

FALL MT.

OPENING HEIGHT
4'6"

600M (21) 3 OF 7

1500m

3

2

1st

(6)

2nd

(5)

1:40.5	JR Boulanger	Cent
1:40.7	SR Thys	Han
1:44.2	JR Caldon	Con
1:44.5	FR Harnett	Timb
1:44.9	SR Burke, K	Nash
1:45.2	SR Creighton	Port
1:45.3	Bloomfield	Sanb
1:45.4	JR DeRocher	Cent
1:45.4	JR Todaro	Lond
1:46.1	JR Lefebvre	Cent
1:46.2	JR Giordani	Lond
1:46.4	FR Ressler	Nash
1:47.1	SO Daneau	Pink
1:47.3	SO Richardson	Pink
1:47.9	SO Thibodeau	Con
1:48.3	JR Walsh	West
1:49.1	FR Francoeur	Sanb
1:49.4	FR Smith	Cent
1:49.4	SO Lamothe	Alv
1:49.6	Monahn	SP
1:49.8	FR Labrie	Port
1:49.9	SR Salvail	West
	SO Vandercastele	Sal
1:50.1	SR Berry	Sp
1:50.4	FR St. Hilaire	Som
1:51.0	SO Dickson	Cent
1:51.2	JR Gilbert	Timb
1:51.4	SO DeStefani	Cent
1:51.5	SR Lybaek	Ex
1:51.7	JR Coughlin	Nash
	1000m	
3:06.3	FR Smith	Cent
3:06.4	JR Walsh	West
3:10.1	SR Thys	Han
3:13.5	JR DeRocher	Cent
3:13.8	SR Donovan	SP
3:14.0	SR Haveles	Cent
3:14.5	JR Gilbert	Timb
3:14.6	Mathewson	Dev
3:15.4	FR Harnett	Timb
3:15.9	FR Francoeur	Sanb
3:16.1	FR Labrie	Port
3:16.6	JR Boulanger	Cent
3:17.7	Bloomfield	Sanb
3:18	SR Salvail	West
3:19.2	SR Hamburger	Con
3:19.5	JR Giordani	Lond
3:19.9	JR Philbrick	Cent
3:20.0	JR Riley	Pink
3:21.4	JR Caldon	Con
3:22.4	SR Tuttle	Dev
3:22.7	JR Simmons	Alv

1489 Pelham FALL MT

1st

2nd

2nd

1st

Gorham Hopkinton

4:57.6	JR Boulanger	Cent
	FR Smith	Cent
5:00.9	JR Walsh	West
5:10.1	JR Riley	Pink
5:13.1	SR Salvail	West
5:16.3	JR O'Connor	Port
	SR Haveles	Cent
5:16.5	FR Labrie	Port
5:19.1	JR Kruchwita	Pink
	SR Hamburger	Con
5:19.6	SO Caterina	Cent
5:20.2	SO DeStefani	Cent
5:20.5	SR Edelman	Con
5:20.9	FR Francoeur	Sanb
	JR Gilbert	Timb
5:22.4	FR Connolly	Cent
5:23.7	JR Philbrick	Cent
5:24.4	JR Simmons	Alv
5:26.5	Linahan	Han
5:26.1	2nd Finan	Port
5:26.2	SR Donovan	Sp
5:27.0	FR Spacek	Alv
5:28.5	SO Lamothe	Alv
5:29.3	JR Downing	Pink
5:29.6	SO Reynolds	Cent

Livingston Kenn

3000m

10:35	St Pierre	Kenn.
10:39	SR Salvail	West
10:43.4	JR Boulanger	Cent
10:50.6	JR Riley	Pink
10:57.6	FR Smith	Cent
11:00	Mathewson	Dev
11:02	JR Kruchwita	Pink
11:06.3	SR Edelman	Con
11:10	FR Connolly	Cent
11:19.7	SR Canning	Cent
11:20.4	SO Caterina	Cent
11:25	SO Lamothe	Alv
11:27.9	JR DeRocher	Cent
11:30	Trotser	EX
11:38.4	JR Downing	Pink
11:41.7	2nd Finan	Port
11:42.4	LaRocca	West
11:42.6	King	Trail
11:43	SO Swakla	Nash
11:47	JR Simmons	Alv
	SO DeStefani	Cent
11:48	FR Spacek	Alv
11:49	SO Reynolds	Cent
11:49.1	SR Chadwick	Pink
11:50	JR Dickson	Cent

Central Girls Putting Undefeated Record on Line

Pinkerton, Nashua Track Favorites

By C. J. McCARTHY
Staff Sports Writer

DURHAM — Two months ago there was serious doubt as to whether Manchester Central High School would have a winter track program.

The program had been cut from the local athletic budget in these austere times and only the private fund raising of the Central High Booster Club provided the dollars for the boys' and girls' programs to continue.

Come Friday night at the University of New Hampshire's Paul Sweet Oval at the Field House, the Little Green, coached by Joe O'Neil, will be putting its undefeated 17-0 regular season record on the line at the New Hampshire Interscholastic Athletic Association Girls' Winter Track Championships are held, beginning at 6:30.

Prior to the start of the meet, at 6:15 p.m., the announcement of the All-State selections in each event as well as team, athlete and coach of the year awards will be presented.

Central, despite its undefeated record and its 46-0 undefeated mark over the past two-and-one-half seasons of regular season competition, is not favored to win Friday's team competition.

Pinkerton Academy of Derry, mainly because of the potential four event winner Sherri Hughes, along with defending champion Nashua High are favored to edge the Little Green for the title. Last year's fourth place finisher Portsmouth is expected to join the other three in the top four again this year.

Ironically, Central finished undefeated during regular season competition a year ago only to finish second to Nashua in the state championship.

If Central is to nip the Astros, the key effort will have to come from senior Ellen O'Neil, who has been undefeated all season in the 1,000, 1,500 and 3,000 meters and will compete in all three events.

However, as her coach (and brother) points out, "Seldom does one run distances of a half-mile, a mile and two miles in the same evening and win all three. But if she does, then we may have a chance to edge out Pinkerton and Nashua.

"But," he continues, "you must remember that it only takes 65 points to win the championship and if Sherri Hughes wins four events that's 40 points right there."

Hughes is the current state record holder in the 300 meters (42.6) while O'Neil has bettered former teammate Ellen Abbott's mark in the 3,000 meters with a 10:39.6 clocking this season.

Along with Hughes, Pinkerton will be looking for possible points from the distance trio of Mary Sheridan, Bridget Riley and Amy Krushwitz in the 1,500 and 3,000 meters while Central is fortified by Sheryl Bishop and Nancy Boulanger in the 600 meters and the "Sprint Crew" of Heather Makere, Sue Goley and Kris Stone in the 55 meters.

Central qualified 17 athletes for the state championships, more than any other team, which is why their overall team depth aided them during regular season competition.

TRACK

Page 39

"However," noted O'Neil, "it's the outstanding individuals that can bring you the state title."

Expected to provide competition from Nashua is Robyn Proctor in the 55 and 300 meters and the long jump, Leanne Gill in the shot put and high jump and Lisa Laford in the 1,000 meters.

Portsmouth is paced by Cathy Ross in the shot put, Laura Webber in the 1,500 meters and Sue Williamson in the long jump.

Other outstanding athletes competing Friday night include Dover's Tracy Tuttle in the 1,500 meters, Leslie Nichols of Exeter and Kim Donovan (defending champion) in the 1,000 meters, Lauren Wilks of Salem in the 55 and 300 meters, Liisa Somero of Alvirne High in the high jump and Sharon Carney of Raymond High in the 1,000 and 3,000 meters.

There will be no Tri-State competition this year.

9 tracks?

NHIAA Track

184

Schoolgirl Winter Track Meet

Long jump: Proctor, Nashua, 18 ft., three-and-a-half inches; Steiner, Salem, 17 ft., eight-and-a-half; Williamson, Portsmouth, 17 ft., 4 inches; Walker, Portsmouth, 17 ft., 4 inches; Nichols, Concord, 15 ft., 9 and-a-quarter inches; Quinn, Hollis, 15 ft., 8½ inches.

High jump: Somero, Alvirne, 5 ft., 4 in.; Walker, Portsmouth, 5 ft.; Roux, Londonderry, 5 ft.; three ties for fourth at 4 ft., 10 inches, Steiner, Salem, Spofford, Pinkerton, and St. Jean, Memorial.

Shot put: Murray, Sanborn, 33 ft., seven-and-three-quarters; Somero, Alvirne, 33 ft., 6 in.; Clark, Fall Mountain, 32 ft., 11-and-a-quarter inches; Lafrance, Nashua, 32 ft., five-and-three-quarter inches; Fitz, Fall Mountain, 32 ft., 1 inch; Keefe, Salem, 31 ft., 8 inches.

3000-meter run: St. Pierre, Kennett, 10:32.4; Belanger, Central, 10:47.5; Smith, Central, 10:47.7; Riley, Pinkerton, 10:50; Salvail, West, 10:54.8; Kruschwitz, Pinkerton, 10:55.6.

55-meter hurdles: Walker, Portsmouth, 8.4; Proctor, Nashua, 8.6; Hughes, Pinkerton, 8.6;

Steiner, Salem, 8.7; Gori, Portsmouth, 8.7; Parenteau, Concord, 9.2.

55-meter dash: Hughes, Pinkerton, 7.4; Doyle, Nashua, 7.5; Parenteau, Concord, 7.6; Ross, Portsmouth, 7.6; Stone, Central, 7.6; Makere, Central, 7.7.

1000-meter run: Walsh, West, 3:07.1; Smith, Central, 3:11.1; Haveles, Central, 3:12.7; Francoeur, Sanborn, 3:12.8; Hamburger, Concord, 3:13.1; Gilbert, Timberlane, 3:13.6.

600-meter run: Belanger, Central, 1:39.8; Caldon, Concord, 1:42.7; Hartnett, 1:14.5; Todaro, Londonderry, 1:45.6; Creighton, Portsmouth, 1:45.9; Ressler, Nashua, 1:46.1.

300-meter dash: Proctor, Nashua, 42.9; Stone, Central, 43.5; Hughes, Pinkerton, 43.8; Livingston, Kennett, 44.0; tie: Janosky, Nashua, and Ross, Portsmouth, 45.0.

1500-meter run: Walsh, West, 4:57.0; Livingston, Kennett, 4:57.6; Smith, Central, 5:06.2; Haveles, Central, 5:06.5; Belanger, Central, 5:06.7; Riley, Pinkerton, 5:07.1

Relay: Won by Central, in 4:18.2, (Boulanger, DeRocher, Haveles, Stone); Nashua, second in 4:18.4; Portsmouth, 4:28.0; Timberlane, 4:28.5; Londonderry, 4:29.1; Pinkerton, 4:29.7.

Pinkerton girls fourth

DURHAM N.H. — Pinkerton finished fourth among some 24 schools yesterday in the New Hampshire Girls State Track meet at the University of New Hampshire.

Manchester Central was the winner with 71 points to far outdistance second place Nashua with 50. Portsmouth was third with 43 followed by Pinkerton with 31. Salem was ninth with 15 and Londonderry had 12.

Pinkerton's Sherri Hughes

won the 55 meter dash with a time of 7.4 and also picked up two third place finishes in the 300 meters (43.8) and the 55 meter hurdles (8.6).

Bridget Riley was fourth in the 3000 meters and sixth in the 1500 meters while Kim Spofford tied for fourth in the high and Amy Kruschwitz was sixth in the 3000 meters. The mile relay team of Hughes, Kelly Danneau, Kristy Mattson and Kathy Pendergast finished sixth.

Marti Stiner turned in a fine performance for Salem with a second place finish in the long jump (17-10½) and fourth places finishes in the 55 meter hurdles and high jump. Pam Keefe also scored with a sixth in the shotput.

Londonderry's Kris Rioux picked up a third in the high jump at 5-0 and Diana Todaro had a fourth in the 600 and the mile relay team had a fifth.

The following are the results of Friday night's New Hampshire State Girls Track Meet held at the University of New Hampshire:

Mile Relay — 1. Central 4:18.2, 2. Nashua 4:18.4; 3. Portsmouth 4:28

Long Jump — 1. Robyn Proctor, Nashua, new state record, 18-3.5; Marti Stiner, Salem, 17-18.5; 3. Vanessa Williamson, Portsmouth, 17-4

3,000 meter run — 1. Dominique St. Pierre, Kennet, 10:32.4, new state record; 2. Nancy Boulanger, Central, 10:47.5; 3. Wendy Smith, Central 10:47.7

Shot put — Linda Murry, Sandbourn, 33-73/4; 2. Lisa Somero, Alvirne, 33-6; 3. Ceila Clark, Fall Mountain, 32-11

Hurdles — 1. Sandi Walker, Portsmouth, 8.4; 2. Robyn Proctor, Nashua, 8.6; 3. Sherri Hughes, Pinkerton, 8.6

55 yard dash — 1. Sherri Hughes, Pinkerton, 7.4; 2. Kathy Doyle, Nashua, 7.5; 3. Becky Parenteau, Concord, 7.6

High jump — 1. Lisa Somero, Alvirne, 5-4; 2. Sandi Walker, Portsmouth, 5-0; 3. Kris Rioux, Londonderry, 5-0

Long Jump

1. Robyn Proctor	Nash	18 3/8"
2. Marti Shiner	Sal	17 1/8"
3. Vanessa Williams	Port	17 1/4"
4. Sandy Walker	Port	17 1/4"
5. Lisa Nichols	Con	15 2/4"
6. Kelly Quinn	Nol	15 5/8"

High Jump

1. Lisa Sumero	ALV	5'-4"
2. Sandy Walker	Port	5'-0"
3. Kris Rivox	Land	5'-0"
4. Marti Shiner	Sal	4'-10"
4. Kim Spofford	pink	4'-10"
4. Celest St. Jean	Mem	4'-10"

3000 meters

1. Dominique St. Pierre	Ken	10:32.4
2. Nancy Boulanger	cent	10:47.5
3. Wendy Smith	cent	10:47.7
4. Bridget Riley	pink	10:50.0
5. Lisa Salvail	West	10:54.8
6. Amy Kruschwitz	Pinkerton	10:55.6

1000 meters

1. Katy Walsh	West	3:07.1
2. Wendy Smith	Cent	3:11.1
3. Kris Heveteg	Cent	3:12.1
4. Mary Franbourg	Sal	3:13.1
5. Margo Hamburger	Con	3:14.1
6. Colleen Gilbert	Land	3:15.1

100m Hurdles

1. Linda Murry	Sal	32'7 3/4"
2. Lisa Sumero	ALV	32'6"
3. Julia Clark	Port	32'11 1/4"
4. Kris Luciano	Abn	32'5 3/4"
5. Beth Fitz	Port	32'1"
6. Pam Keefe	Sal	31'8"

600 meters

1. Nancy Boulanger	Cent	1:52.1
2. Andrea Calder	Con	1:54.2
3. Wendy Harrett	Land	1:54.5
4. Diana Torino	Cent	1:55.1
5. Michele Creighton	Port	1:55.9
6. Nancy Kessler	Nash	1:56.1

400m Hurdles

1. Sandy Walker	Port	8.1
2. Lynn Proctor	Nash	8.6
3. Sherri Hughes	Port	8.6
4. Marti Shiner	Sal	8.7
5. Beth Cori	Port	8.7
6. Becky Parenteau	Con	9.2

3000 meters

1. Robyn Proctor	NASH	42.9
2. Kris Stone	Cent	43.5
3. Sherri Hughes	Pinkerton	43.8
4. Terri Livingston	Kennett	44.0
5. Kris Janosky	Nashua	45.0
5. Nicole Ross	Portsmouth	45.0

55 DASH

1. Sherri Hughes	Port	7.4
2. Kelly Doyle	Nash	7.5
3. Becky Parenteau	Con	7.6
4. Nicole Ross	Port	7.6
5. Kris Stone	Cent	7.6
6. Heidi Makere	Port	7.7

1500 meters

1. Katy Walsh	West (?)	4:57.0
2. Cathy Livingston	Kennett	4:57.6
3. Wendy Smith	Central	5:06.2
4. Kris Heveteg	Central	5:06.5
5. Nancy Boulanger	Central	5:06.7
6. Bridget Riley	Pinkerton	5:07.1

Girls State Meet
February 3, 1984

one mile relay

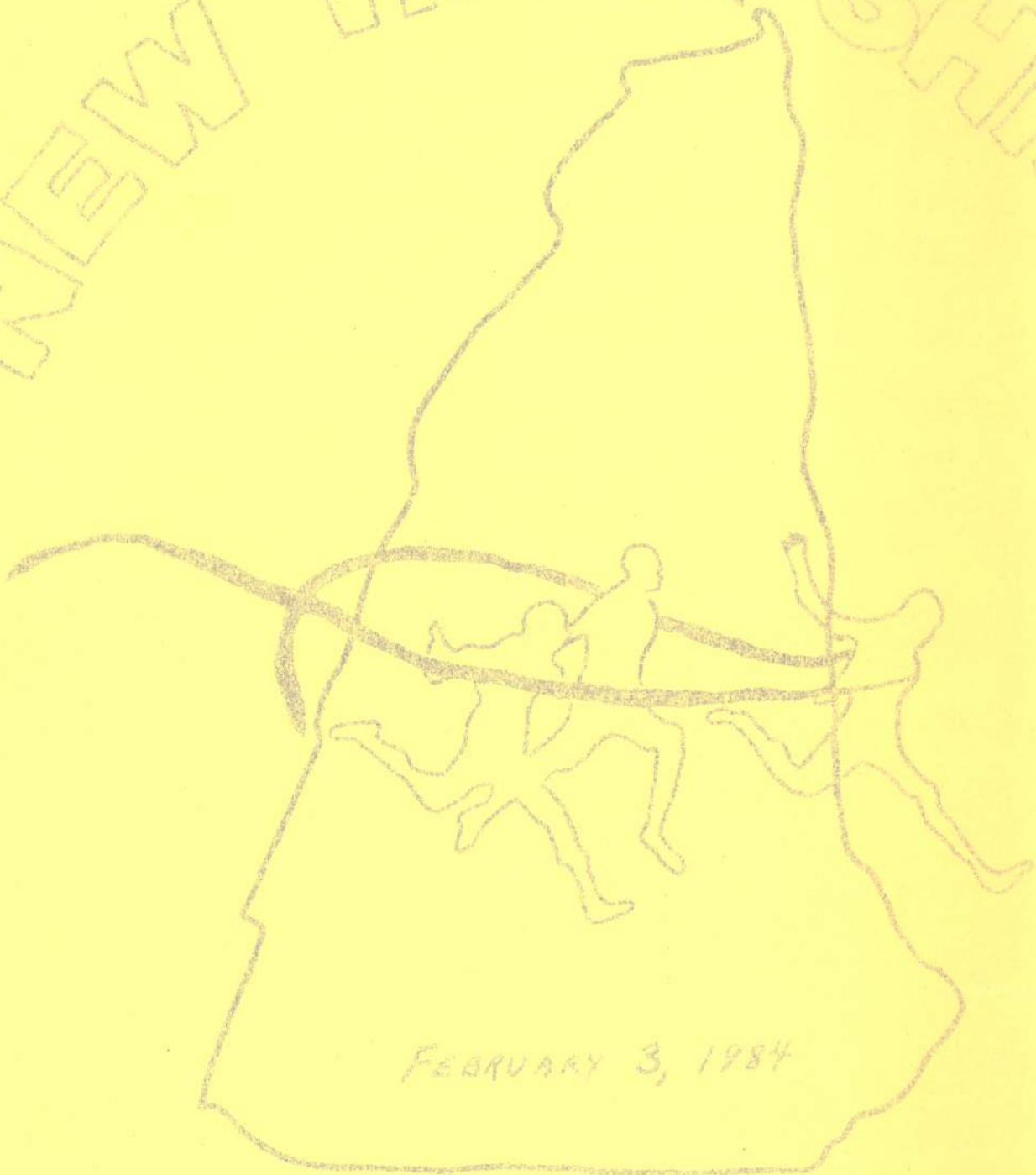
1. Central	4:18.2
2. Nashua	4:18.4
3. Portsmouth	4:28.0
4. Timberlane	4:28.5
5. Londonderry	4:29.1
6. Pinkerton	4:29.7

teams results

Nashua	50 1/2	2)
Salem	15 1/39	
Portsmouth	43 1/2	3)
Concord	197	
Hollis	1	
Kennett	22	5)
Central	71	1)
Pinkerton	31 1/2	4)
West	22	3)
Fall Mts	8	
Sanborn	14 ¹⁰	
ALVIRNE	18 ⁸	
Londonderry	12 ¹¹	
Memorial	2 1/3	
Timberlane	11	

EXETER
SOM
RAY
HANOVER
BELMONT

NEW HAMPSHIRE



FEBRUARY 3, 1984

STATE MEET

OFFICIALS

The NH Winter Track League wishes to give SPECIAL THANKS to the University of New Hampshire for their cooperation and use of their facility and to the following officials who have made this meet and the entire season such a success!

NHIAA WINTER TRACK COMMITTEE:

Larry Martin, chairman; Pat Hicks, Pinkerton; Ed Daniels, Alvirne;
Rich Nagy, Londonderry; and Jim Boulanger, GNH

MEET DIRECTOR & REFEREE: Larry Martin

JURY OF APPEALS: Larry Martin, Pat Hicks, Ed Daniels, Rich Nagy and
Jim Boulanger

CLERK OF COURSE: John Mildrew

STARTER: Andy Papanalis

ASSISTANT STARTER & ASSISTANT CLERK: Sue Durkse

HEAD FIELD EVENT JUDGE: Ed Daniels

SCORER: Eia Marchulaitis

FIELD EVENTS:

LONG JUMP - Darlene Hartung

HIGH JUMP - Bob Bennett & Brian Gori

SHOT PUT - Bob Parker

TIMERS & FINISH LINE JUDGES:

Tei Wilson

Tracy Parker

Joe Boyle

Bob Brown

Kathy Stocker

Sue Hart

Phyllis Kalar

Becky Smith

Ed Thibodeau

Joel Jenne

Paul Bonneville

CORNER JUDGES: Larry Martin, Rich Nagy, Pat Hicks, Ed Daniels & Mike Grogan

VIDEO TAPE: Ed Daniels

GATE: Marguerite Martin & Jennifer Martin

SHOT PUT

STATE RECORD: 42' $\frac{1}{2}$ " Cathy Ross Portsmouth 1983
 1983 WINNER: 42' $\frac{1}{2}$ " Cathy Ross Portsmouth

3 Throws per competitor - Top 7 advance to finals for 3 additional throws

FLIGHT #1

FLIGHT #2

Jr. Gamber	Port	29'7"	Sils	Fall Mt.	33'10"
Shibles	Sal	29'9"	Sr. Murray	Cent	32'9" $\frac{3}{4}$
Fr. Lafranco, T	Nash	29'11 $\frac{1}{2}$ "	Jr. Campbell	Sal	32'4"
Sr. Burke	Nash	29'11" $\frac{3}{4}$	So. Garceau	Cent	34'4 $\frac{1}{2}$ "
Sr. Stevens	Cent	30'1"	Sr. Somero	Alv	35'1 $\frac{1}{2}$ "
Sr. Canning	Cent	30'4 $\frac{1}{2}$ "	Sr. Lafranco, K	Nash	35'3"
Sr. Russell	Pink	30'11 $\frac{1}{2}$ "	Clark	Fall Mt.	36'3 $\frac{1}{2}$ "
Jr. Rogovius	West	31' $\frac{3}{4}$			
Jr. Keefe	Sal	31' $\frac{3}{4}$			

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

3000 METER RUN

STATE RECORD: 10:39.6 Ellen O'Neill Central 1983
 1983 WINNER: 10:39.6 Ellen O'Neill Central

HEAT #1

HEAT #2

So. Lamoths	Alv	11:25.0	St. Pierre	Annct	10:35.0
Jr. Trotter	El	11:30.0	Sr. Salvail	West	10:39.0
Jr. Downing	Pink	11:38.4	Jr. Boulanger	Cent	10:43.4
Yth Firas	Ray	11:41.7	Jr. Riley	Pink	10:40.6
So. LaRocca	West	11:42.4	Fr. Smith	Cent	10:57.6
So. Swakia	Nash	11:43.0	Jr. Kruschwitz	Pink	11:02.0
Fr. Spack	Alv	11:43.0	Sr. Edelman	Cent	11:06.3
So. Reynolds	Cent	11:49.0	Fr. Connolly	Cent	11:10.0
Sr. Gindrick	Pink	11:49.1	Sr. Canning	Cent	11:19.7
			So. Caterina	Cent	11:20.4

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

12 METER HURDLES (33")

STATE RECORD: New Record

1983 WINNER: (30") 8.4

Sherri Hughes

Pickerton

2 Semi-finals - Top 3 advance to finals

HEAT #1

HEAT #2

<u>Lane</u>					<u>Lane</u>				
1	So.	Parenteau	Con	9.2	1		Scively	Kear	9.3
2	Sr.	Hughes	Pink	8.8	2	Jr.	Gori	Port	8.8
3	Sr.	Praetor	Nash	8.3	3	Sr.	Walker	Port	8.4
4	Jr.	Kelsey	Sp	8.7	4	Sr.	Stiner	Sal	8.4
5	Sr.	Williamson	Port	9.2	5	Jr.	Turgeon, T	Cent	9.1
6					6	Sr.	Nichols	Con	8.4

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

15 METER DASH

STATE RECORD: 7.2

1983 WINNER: 7.4

Cecilia Kindgren

Sherri Hughes

Nashua

1982

Pickerton

2 Semi-finals - Top 3 advance to finals

HEAT #1

HEAT #2

<u>Lane</u>					<u>Lane</u>				
1	Fr.	Jarecky	Nash	7.6	1	Fr.	Hoxley	Nash	7.7
2	So.	Stone	Cent	7.5	2	So.	Parenteau	Con	7.6
3	Sr.	Hughes	Pink	7.2	3	Sr.	Doyle	Nash	7.4
4	Jr.	Koss	Port	7.6	4	Jr.	Makare	Cent	7.5
5	Sr.	Hurko, E	Nash	7.6	5	Jr.	Mitchell	Timb	7.6
6	Sr.	Spirea	Sal	7.7	6		Paul	Kear	7.7

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

300 METER DASH

STATE RECORD: 42.6 Sherri Hughes Pickerton 1982
 1983 WINNER: 43.2 Sherri Hughes Pickerton

7 Heats - Winner determined on time

<u>HEAT #1</u>				<u>HEAT #3</u>			
Jr.	Mitchell	Timb	45.4	So.	Stone	Cent	43.4
So.	Heath	Mem	45.7	Jr.	Giordani	Lead	45.8
<u>HEAT #2</u>				<u>HEAT #5</u>			
Fy.	Janosky	Nash	44.8	Sr.	Hughes	Pink	43.3
So.	Parenteau	Con	45.8	Sr.	Makore	Cent	45.8
<u>HEAT #4</u>				<u>HEAT #7</u>			
	O'Hearn	Fall Mt	44.2		Livingston, T	Kenn	43.2
Sr.	Doyle	Nash	45.8	Jr.	Ross	Port	46.0
<u>HEAT #6</u>							
Sr.	Proctor	Nash	44.1				
Jr.	Bloomfield	Sanb	45.8				

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

1500 METER RUN

STATE RECORD: 4:54.4 Mary Broadbent Exeter 1981
 1983 WINNER: 5:05.1 Ellen O'Seal Central

2 Heats - Winner determined on time

<u>HEAT #1</u>				<u>HEAT #2</u>			
So.	DeStefani	Cent	5:20.2	Jr.	Boulangier	Cent	4:57.6
Sr.	Edelman	Con	5:20.5	Fy.	Smith	Cent	4:47.6
	Francoeur	Sanb	5:20.9	Jr.	Walsh	West	5:00.9
Jr.	Gilbert	Timb	5:20.9		Livingston, C	Kenn	5:05.0
Fy.	Connolly	Cent	5:22.4	Jr.	Riley	Pink	5:10.1
Jr.	Philbrick	Cent	5:23.7	Sr.	Salvail	West	5:13.1
Jr.	Simmons	Alv	5:24.4	Jr.	O'Connor	Port	5:16.3
7th	Finan	Port	5:26.1	Sr.	Havelex	Cent	5:16.3
Sr.	Donovan	Sp	5:26.2	Fy.	Lehrle	Port	5:16.5
Fy.	Spacek	Alv	5:27.0	Jr.	Krischwita	Pink	5:19.1
So.	Lamothe	Alv	5:28.5	Sr.	Hamburger	Con	5:19.1
Jr.	Downing	Pink	5:29.3	So.	Caterina	Cent	5:19.6
So.	Reynolds	Cent	5:29.6				

RESULTS:

1. _____ 2. _____ 3. _____
 4. _____ 5. _____ 6. _____

ONE MILE RELAY

STATE RECORD: 4:11.2 Portsmouth 1981
1983 WINNER: 4:21.3 Nashua

Heats determined by score - Winner determined on time

Alvirne	Nashua
Central	Pinkerton
Concord	Portsmouth
Exeter	Salem
Fall Mt.	Spaulding
Hollis	Timberlane
Londonderry	West
	Winnacunnet

RESULTS:

1. _____ 2. _____ 3. _____
4. _____ 5. _____ 6. _____

PREVIOUS STATE CHAMPIONS - DEAR

CLASS 1

CLASS 1.M.S.S

	<u>CHAMPION</u>	<u>RUNNER-UP</u>		<u>CHAMPION</u>	<u>RUNNER-UP</u>
1977	Dover	Portsmouth	1977	Exeter	Stevens
1978	Dover	Portsmouth	1978	Oyster River	Exeter
		1979	Portsmouth	Lewer	
		1980	Portsmouth	Oyster River	
		1981	Pinkerton	Nashua	
		1982	Nashua	Central	
		1983	Central	Nashua	

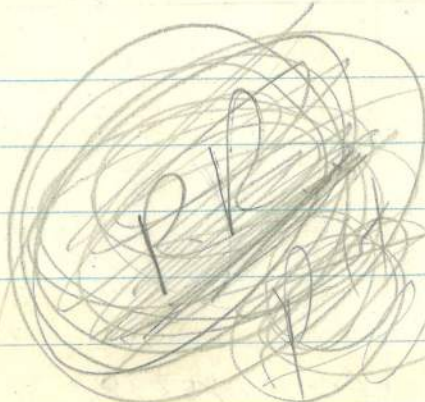
~~29' 23"~~

30' 9"

shotput.

Jen. 28' 7"
29' 3"

Hullo



8:16
10:38
10:

~~PR~~

P.R.

10:49
10:54
Bridget ~~10:23~~

~~19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1~~

P.R.

Amy

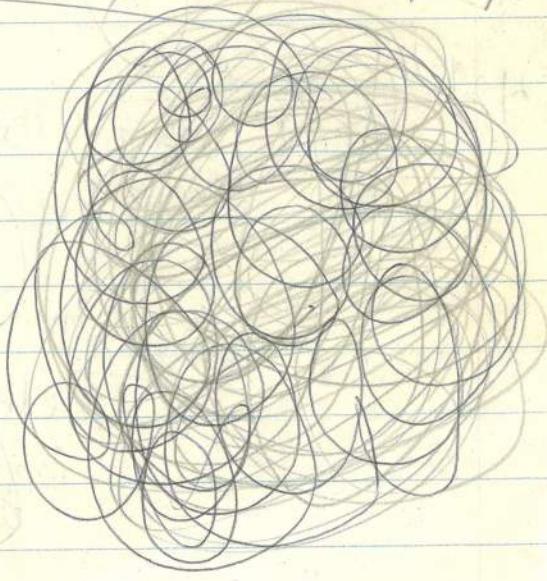
~~19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1~~

Sue ↓

19:49
12:14
~~19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1~~

Bonnie

~~19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1~~



SHOT
Jan
29' 3" 8TH

~~428~~ ~~condolemy~~

1500
Sue 6:19.2

300
③ Hughes 43.8

3000
Sue 11:49
Bonnie 12:14

Kelly
Kristi
Cathy
Sherri

175
T4 Spofford PA 4'10"

DASH
① Hughes 7.4

1500
5:07.1 Budy
5:24 Amy

Kelly 1.07 67
Kristi 2.15 68
Cathy 3.25 70
Sherri 4.29 64

Hurdles
③ Hughes 8.6

~~428~~
~~325~~
~~620~~
429.7

3000
④ Riley 10:50.0
⑥ Kruschwitz 10:55.6

600M
Kelly 1:47.9
Peg 1:49.4

1000M

Amy K 3:29 Bridge 3:20 Sue 3:24.9 Bonnie 3:31
Lianne 3:57 Kaiten 4:11 Hood 3:43.9 Tomaini 3:59
Stacy 4:04 Mashial 3:32.9

LONG

Shawn 15'3" Deb S 14'2" Kim S 14'34" Jen^R 12'2" Kim B 14'24"

SHORT

Shawn 28'5" Jen 30'11 1/2" Lianne 23'4" Field 25'9 1/2"
Radant 20'11" Wendy 22'2"

600

Kelly D 1:47.1 Pej 1:47.3 Simard 2:00 Amy K 1:58.4
Stacie 2:01 Tomaini 2:12 Hood 2:02 Kaiten 2:16
Squeech 2:04 Hilt 1:58 Sarah 1:59 Jen R 2:05
Russell 1:58.0

BOOM

Hughes 43.3 Pike 46.7 Mattson 46.7 Penel 47.9
Smith 48.3 Squeech 50.7 Hilt 51
Cilespie 48.8 Lana 48.9 Joan 54.7
Lisa 56.6 Rach 51.9 Coombs 54.5

Relay 4:29.9 Daran Penel Hifer Mattson

3000M

Riley 10:50.6 AH 11:02 Sue 11:58
Kelly 11:54 Bonnie 11:49.1

1500

BR 5:10.1 AT 5:19.7 Chad 5:43

Sue 5:29.3

~~Dist~~

SH 7.2 Pend 8.2 Kinkart 8.1 Kimb 7.8

Carmen 9.4 Joan 9.1 Lisa 9.2

Coombs 9.2 Lana 8.4 Renee 9.1

Rodan 9.1 Norm 8.8 Sara 8.3 Pike 8.3

Hurdles

SH 8.8 Becky 9.6 Jen 10.4 Cathy 10.3 ^{11.2} Sarah

Kater 11.2 Carmen 11.5 Renee 10.4

Stacy 11.2 Sara 11.2

High

De 4'4"

Kim 4'10"

Sarah 3'10"

PA, LHS indoor track seasons come to a close

LHS boys 4th, Astros 6th

Simply put, last Saturday was not the best of days for the Lancers. And it wasn't the worst for the Astros. Londonderry perhaps hurt even more after their disappointing fourth-place finish in the State Track and Field Meet last weekend, for they were really gunning for that second spot behind top-ranked (and champion) Nashua. And, to make matters worse, Dan Godin lost his first indoor race (3000 meters) since 1982.

Godin had the lead at the end of the first mile, but eventually fell to fifth in 9:29.3, just ahead of teammate Dan Beasley (9:31.9). "Dan was having trouble catching his breath in the humid fieldhouse and could never get back into the race," said Lancer mentor Al Halpern.

But, there was still joy in Lancerland as Mark Sullivan produced his finest effort of his high school career as he captured the 1000 meter run in 2:39.4, a near perfect pace. "He just turned on the jets," said Halpern.

Scott Myer finished in the tie for second at 6'0 in the high jump, while Godin rallied from his disappointing 3000 meter run to win the 1500 in 4:14.0, working hard to hold off Nashua's Steve Farr. It was Godin's seventh indoor title.

The Lancers' mile relay team of Dave Hartsock, Shane Roundy, Sullivan, and Godin finished fourth in 3:46.0, their best time of the

The Lancers' mile relay team of Dave Hartsock, Shane Roundy, Sullivan, and Godin

finished fourth in 3:46.0, their best time of the season.

But while the Lancers weren't dancing, the Astros from Pinkerton Academy had to smile. True, they didn't finish in the top five (Portsmouth edged them by four with a place in the mile relay) but they did muster up 20 points, more than expected.

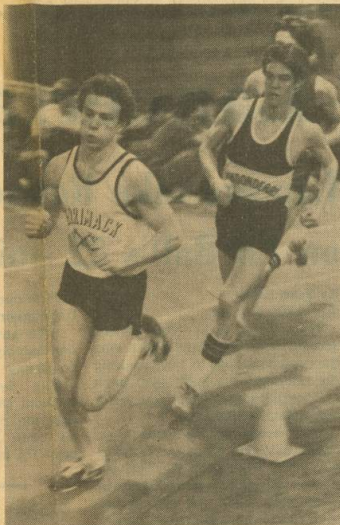
"Maybe we didn't finish in the top five," said P.A. mentor Glenn Listernick, "but as far as points are concerned, that was the best we could've done."

Senior Tim Lord closed out his indoor shot put career with a second place toss of 50'7, (behind a state record throw of 56'2). Don Cerri, meanwhile, finished tied with Myer and one other in the high jump at 6'.

Scott Hayward was third with his best 3000 meter time of the year, 9:14.9, while the mile relay team, despite not scoring, finished with a school mark of 3:49.4. The runners were Bob Hazelton, Keith Webster, Cerri, and Joe Blouin.

While the PA can look to its 13-2, regular season mark and sixth place finish and weakly smile, Halpern and his team must force a grin, despite finishing fourth and enjoying a 17-3 mark.

"You can drive yourself crazy by second-guessing yourself or thinking 'What if?'" said Halpern. "But we can certainly be proud of a 17-3 season, a fourth place finish, and numerous school marks."



GAINING - Lancer Mark Sullivan (right) appears to be gaining on the lead runner en route to his victory in the 1000 meters in the State Meet at Durham last Saturday. (Ryan photo)

PA girls 4th, Lancers 11th

As far as state meets go, it didn't have the flare of 1983, but the locals' performances were nothing to sneer at.

True, Pinkerton's girls' squad finished fourth (one place lower than last year) but Sherri Hughes did retain her state title in the 55 meter dash, winning in 7.4 seconds. And, on the Londonderry High side, the Lancers finished 11th with more points (12) than last year.

First, the Astros. Hughes has now won the 55 meters in three of her four years of competition. But, true, she didn't pull off the triple crown of '83, finishing third in the 300 meters (43.8) and third in the hurdles (8.6).

"She was a little disappointed in herself in the 300 meters, but she really did a great job. An excellent finish to a super indoor career for PA," said her coach, Kathy O'Connell.

Meanwhile, Bridget Riley was fourth in the 3000 in 10:50, and sixth in the 1500 in 5:07.1. Kim

Spofford tied for fourth in the high jump at 4'10.

The talk of the day for PA was Amy Kruschwitz, who ran a "very inspiring" 3000 meters to take sixth with a personal best of 10:55.6.

"She was determined to come home a winner, and she did," said O'Connell.

Finally, the relay team of Hughes, Kelly Daneau, Kristi Mattson and Cathy Pendergast was sixth in 4:29.7.

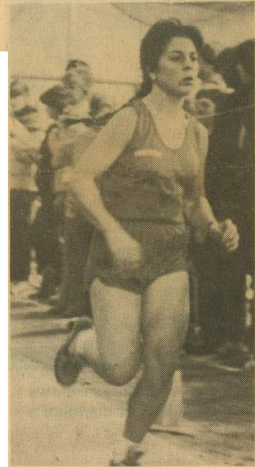
For Londonderry, Chris Rioux led the way with a third place in the high jump at five feet even.

Diana Todaro was fourth in the 600 at 1:45.6 and the relay team of Todaro, Michelle Fafford, Becky Farr, and Stephanie Giordani was fifth in 4:29.1.

One more LHS note--Giordani set a school mark with a 3:14.7 in the 1000, good enough for eighth.

"Everyone came out exactly where they should have or a little above," said LHS mentor Suzanne Johnson. "We have a good, strong base to build from now."

And for Pinkerton, no surprises. "We finished basically where we expected," said O'Connell, who wasn't surprised to see Central take top honors. "Our kids did pretty much what we expected them to do."



MEDAL WINER — Amy Kruschwitz inspired her teammates with a medal finish Friday night. (Ryan photo)

Pinkerton track star has 'haunted' her opponents

WINDHAM — It has all the makings of a good horror spoof: local girl high school track star is possessed.

Well, Pinkerton Academy's state champion Sherri Hughes isn't quite ready for Exorcist III, despite haunting her opponents for three years now in the Granite State.

When the race is done, there is hardly anything demonic about the pretty and pleasant athlete, who ranks 15th in her class academically. But look out, once this 5-4 junior from Windham steps on the track. Then, the eyes of Sherri Hughes start to burn.

"Everytime I run people say, 'Oh God you look possessed,'" laughs the 16-year-old flyer.

"She looks like she's possessed, she really does," says Kathy O'Connell, head coach of Pinkerton's

Matt Spencer



girl's winter track team. "She looks like she has demon eyes."

Last Friday night at the University of New Hampshire, the fire was certainly there. Miss Hughes almost singlehandedly possessed the New Hampshire State Girls Track Championships, blazing to three first places. She roared to state titles in the 55-meter hurdles, 55-meter dash, and the 300 meter run.

Somehow, Sherri still had enough energy to add a third place in the long jump. The resident of 17 Sirod Road had picked up 36 of Pinkerton's 52 points, sparking the Astros to a third place finish.

"Once she wins one there's no stopping her," says Miss O'Connell. "She wants another, and another. She gets possessed. But once again, it's for the team and not for her."

And despite all the victories and sensational times, the team always comes first for Sherri Hughes. "Never once has she said 'for me,'" says Miss O'Connell. "Everything for her is the team."

And when Sherri Hughes is out on the track, she doesn't plan on coming out second best. Often entering four events a day, she burned up the dual meet season unbeaten. She has a slew of school records, including the 300 (42.6), dash (7.3), the long jump (17-2) and hurdles at 8.3.

"I always tell myself I'm gonna win," says Miss Hughes. "Sometimes I don't."



Sherri Hughes

Those are rare occasions indeed. This winter at the prestigious Dartmouth Relays, Miss Hughes took a

second in the 300, and two thirds, including the hurdles, despite adjusting to three inch higher gates.

Because of her versatility, Miss O'Connell feels her Pinkerton star is already the outstanding track athlete in the state. "She and Monica Baker (Methuen) are probably the two best track people around the Merrimack Valley," she adds.

But the future could be even more awesome. By this time next year, many a college track coach will drop by with a stop watch ready. And for Sherri Hughes, she still dreams of running in the Olympics.

As a youngster, Sherri Hughes was always a burner, outrunning all the kids at recess breaks. But she now appears to be more devastating in the longer sprints.

As a freshman she won a state title in the dash, but couldn't run one lap around the track. But she kept getting stronger. Last winter, she won the state title in the 300. Last spring, Miss Hughes peeled off a school record 49.0 in the 400 meters for second in the All-State Meet, and then went on to take third in the New England Meet.

The biggest fan is Sherri's father Ray, a former black belt in karate, who tries to get her to use that same mental concentration in running. But this Pinkerton junior has a different method.

"When I run longer distances I sing to myself," she says. "This year it was 'Super Freak.' Last year, it was 'I love Rock 'n Roll.'"

Yeah, Sherri Hughes has got the beat. And the hits just keep on coming.

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Sports Review, Page 10

Players of the Week, Page 10

SPORTS

Track stars named

Five local performers were named to the New Hampshire Winter Track All-Star team by coaches across the state based on their overall regular season and state meet performances, it was announced this week.

Picked to the team and also named Athlete of The Year was LHS senior Dan Godin, who captured every regular season race he ran and holds Londonderry records from the 600 to 3000 meters.

He also is the two-year reigning champ in the 1500 meters, and captured the Methuen Invitational mile, the Dartmouth Relay mile, and the recent Eastern States high school mile (see page 21).

Also named from Londonderry were seniors Mark Sullivan and Scott Myer. Sullivan won every race he entered this past winter -- except the races he lost to Godin. He won the state meet at this distance and had a personal best time of 2:38.6.

Myer, meanwhile, jumped 5-10 or higher in every meet, placing second in the state meet and capturing the Methuen Invitational with a 6'2 leap.

From Pinkerton Academy, both Tim Lord and Sherri Hughes were honored. For Hughes, a four-event qualifier in the state meet with a title in the 55 meter dash, it was an unprecedented fourth selection.

She holds the state record in the 300 meter run and has won six individual, relay, and team titles in her four-year career.

Lord rounds out the local selections as he emerged as the best shotputter in the league this past winter, finishing undefeated with a personal best of 52'5.



Mark Sullivan



Sherri Hughes



Scott Myer



Tim Lord



Dan Godin

PA girls' track at crossroads

The Pinkerton Academy indoor girls' track program has reached a point coach Kathy O'Connell had known it would sooner or later.

It must begin life without four-year sensation Sherri Hughes.

"We're at a crossroads right now, with Sherri Hughes graduating," said O'Connell. "We'll have to have a few girls get that 'Eye of the Tiger' if we're to stay competitive."

Hughes ended what was one of the most productive high school girls' indoor track careers ever two weeks ago, retaining her championship in the 55 meter dash. Overall, she won state titles seven different times in her four years of state meet competition. Needless to say, she was the cornerstone of the program.

With Hughes, PA finished at 24-3 and fourth in the states, a record O'Connell and her squad take great pride in. They will have to work twice as hard without her, however, to maintain it.

"We feel we have lots of potential but it's the desire to develop that's the question," noted O'Connell. Indeed, perhaps she and the Astros were spoiled for four years as Hughes ran each and every event as if it were her last.

The distance corps O'Connell says, is thinning. That's a sharp contrast to the situation four years ago, when cross-country types were the bulk of the team. Still, there are Bridget Riley, Amy Kruschwitz and Sue Downing to fall back on.

"But we need some young girls to train with them," noted O'Connell. "They're out there, but this is a tough season and you have to be a tough kid."

The same situation exists in the middle distance spots, where Kelly Daneau and Amy Richardson did a better than average job. "But there's no depth," moaned O'Connell.

Still, the PA mentor is eyeing a few young girls who could fill in the gaps -- she's hoping. Frosh Cathy Pendergast and Jen Rack-

ley have shown potential in the short runs while fellow freshmen Sarah Mushial and Janette Hood improved in the middle distances.

The PA achilles heel, however, lies in the field events. "We were poor and thin," admits O'Connell.

The usually reliable Kim Spoford didn't quite attain her 1983 form in the high jump, "and we had virtually no long jumpers," said O'Connell. Also, only one Astro threw the shot put over 30 feet -- Jen Russell, who's graduating.

Thus, despite the fact the program is more established than many others in the state, O'Connell realizes keeping it in that shape could be difficult.

This year's numbers totaled 35. O'Connell wants at least that next year.

"We're hoping more girls will see indoor track as a potentially valuable experience," she said, while adding a message to those who already have:

"The vets have to realize nothing comes easy and they'll have to work twice as hard as before," she said.



FOND FAREWELL - PA track coach Kathy O'Connell won't have Sherri Hughes to hold on to next season, and that worries her. (Ryan photo)



BIG SPORTS - The prestigious Coaches Awards were given out at last week's annual winter sports banquet. Recipients included (l to r): Derry senior Dawn Manke, cheerleading; Derry senior Joseph Blouin, boys' winter track; Derry junior Cora Gibbons, girls' basketball; Derry senior Steven Achilles, boys' basketball; and Windham senior Sherri Hughes, girls' winter track. (Perrin photo)

As Selected by the Coaches

Girls' NH Winter Track League All-Stars

(EDITOR'S NOTE: Following are the Girls' New Hampshire Winter Track League All-Star selections as chosen by the New Hampshire Winter Track Coaches, based upon regular-season performances.)

Beth Gori, Hurdles, Co-Athlete of Year

Portsmouth High's Beth Gori was undefeated in the hurdles all year and was the only unanimous All-Star selection. Beth won the hurdles and long jump competition at the State Meet and finished fifth in the dash. The Clippers' captain also competed in the high jump and shot during the regular season for coach Stan Lyford's Clippers and was very instrumental in their second place state finish.

Nancy Boulanger, 1500, Co-Athlete of Year

Last year's 600 meter All-Star, Manchester Central's Nancy Boulanger was undefeated in seven races ranging from 300 to 1000 meters. In the State Meet she won the 3000 and the 600 meters breaking her own state record in the 600 meter with a run of 1:38.7. She also finished second in the 1500 meter and ran in the relay. She was Central's top scorer and instrumental in Central repeating as State Champs.

Coach of Year: Kathy O'Connell, Pinkerton

O'Connell has coached the Astros the past six seasons. This year the team finished at 14-0 with a fifth place State Meet finish and a second place finish at the Methuen Invitational. The Astros have a 111-9 record over the past six years winning the State and Tri-State Championships in 1981. O'Connell was also named soccer coach of the year in 1981.

Amy Kruschwitz, Pinkerton, 3000 M Run

A senior and a four-year runner for the Astros and 1984-85 co-captain, Amy was a major contributor in the Astros' 14-0 season. She finished third in the State Meet in a new school record of 10:42. She also qualified in the 1500 meter run, and was undefeated during the regular league season at 3000 meters. She is also an outstanding cross-country runner who led the team to the Class L championship.

Wendy Smith, Central, 1000 M Run

A sophomore, Wendy was undefeated all season long in all her races ranging from the 600 meter run to the 3000 meter run. She posted the top regular season times in the 3000 meter, 1500 meter and the 1000 meter runs. She won the state championship in this latter event in 3:05. She also won the prestigious New England mile at the Dartmouth Relays. Wendy is also a champion ski racer.



BETH GORI



NANCY BOULANGER



KATHY O'CONNELL



AMY KRUSCHWITZ



WENDY SMITH



AMANDA CALDON



NICOLE ROSS



KRIS STONE

Meet in the 600 meter and sixth in the 1500 meter as well as running a leg on the relay squad. She is the defending champion in 400 meters outdoors.

Nicole Ross, Portsmouth, 300 M Dash

A senior, Nicole qualified in the 300 meter, 55 meter, high jump and long jump while also being a regular on the mile relay team. She won the 55 meter dash and placed third in the 300 at the State Meet. Nicole is one of coach Stan Lyford's top spring sprinters and will be a big factor outdoors.

Kris Stone, Central, 55 M Dash

A junior, Kris was named to the dash All-Star spot for the second year. She had the fastest league time at 7.1 and finished second in the State Meet as well as anchoring the winning relay team and finishing second in the 300 meters. Kris is also an honorable mention All-Star in soccer.

Kristen Janosky, Nashua, Long Jump

Kris was outstanding all year in the long jump and dashes, jumping a personal best of 16' 11 3/4" to take second in the State Meet. She also placed third in the 55 meter dash and fourth in the 300 meter dash. Only a sophomore, Kris is an outstanding spring track runner and plays soccer for the Purple Panthers.

Lisa Trickett, Salem, High Jump

Salem's co-captain is a three-season runner who jumped a personal best of 5'0" this past season. She also qualified in and competed in the State Meet in the hurdles, long jump and was the anchor on the mile relay squad.

Tracey Garceau, Central, Shot Put

A senior, Tracey was Central's top thrower for the past four years and was undefeated during the regular season with the top throw of 37' 11 1/2". She placed second in the State Meet and was also second at the Dartmouth Relays.

Mile Relay Squad, Manchester Central

Comprised of senior Nancy Boulanger, senior Mary Ellen Derocher, junior Kris Stone and sophomore Wendy Smith this team posted a great time of 4:14.3 at the relay carnival, 10 seconds faster than any other team. They placed first at the State Meet in a time of 4:21.3.

Team of the Year: Manchester Central

Central was awarded this honor for the fourth straight year. The team was undefeated at 11-0 in regular season, with its only setback being a second place at the relay carnival. The team posted its third straight state championship, winning this year by more than 50 points! The team had four state All-Stars, relay All-Star and co-athlete of the year. . . . A real credit to coach Joe O'Neil.



KRISTEN JANOSKY



LISA TRICKETT



TRACEY GARCEAU



MARY ELLEN DEROCHE

Three from St. John's Named to All-Star Team

NEW YORK (UPD) — Chris Mullin, Walter Berry and Bill Wennington of St. John's Sunday were named to the District 2 All-Star team as selected by the United States Basketball Writers Association.

Patrick Ewing and Bill Martin of Georgetown, Randy Cozens of Army, Dwayne Washington and Rafael Addison of Syracuse, Carey Scurry of Long Island University and John Battle of Rutgers round out the 10-man squad.

Two Share Honors

LITTLETON, Colo. (UPD) — New Mexico forward Johnny Brown and Utah guard Manual Hendrix were named co-Western Athletic Conference Players of the Week.

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Kruschwitz shines in HC meet

The number of local high school runners qualifying for the prestigious March 3 Eastern States Championships at Princeton, N.J. may become three.

Pinkerton Academy's Amy Kruschwitz is waiting to see if her 10:42 state meet time in the 3000 meter run two weeks ago will be enough to qualify.

Two Londonderry High runners, Dave Hartsock and Stephanie Giordani, have already qualified for the event — Hartsock with his state record time of 1:24.7 in the 600 and Giordani with a 1:41.7 in the identical girls' event.

Kruschwitz, meanwhile, posted a 3000 time of 10:58 in last weekend's Ninth Annual Holy Cross Crusade Invitational, running under the auspices of the Run-egade Track Club.

Her performance placed her

sixth overall, the lone high school runner in the event.

Other locals who participated in the meet included Peg Richardson, who ran a 3:16 1000-meter race; Leah White, who won her 200-meter heat in 29 seconds flat; and Kelly Daneau, who ran a 65.3 in the 400.

While Kruschwitz awaits word on whether or not she qualified, both Hartsock and Giordani are said to be deciding whether or not they will make the trip to Princeton to compete.



Amy Kruschwitz

PA coaches honored by peers

Local runners also named to star squad

It was the Year of the Coach locally this past winter track season as both Pinkerton Academy mentors Kathy O'Connell and Glenn Listernick were voted girls' and boys' Coach of the Year, respectively, by the New Hampshire Winter Track Coaches' Association.

The Association also released its annual All-Star team, which included Londonderry's Dave Hartsock as well as Pinkerton's Amy Kruschwitz. Fellow Astro Kim Spofford received an honorable mention.

Their coach, O'Connell, has led the Astros the past six seasons to a record of 111-9, including a 14-0 season this year.

The Astros won a State and Tri-State title in 1981, and finished fifth in the State Meet this year. They also were second at the Methuen Invitational.

Listernick, meanwhile, also concluded his sixth year as Astro head coach with two school marks — a regular season best dual meet mark of 9-1 and a total of 14 athletes qualifying for the State Meet.

His teams have won close to 75 percent of their meets and have recorded two third State Meet finishes.

Before coming to Pinkerton in 1979, Listernick served as an assistant coach at Lynfield (Mass.) High for two years.

Kruschwitz, meanwhile, was named the state's best in the 3000 meter run, where she was undefeated during the regular season and third in the State Meet with a school record time of 10:42.

"She improved consistently all year and capped off a very good four-year indoor career," said O'Connell.

Londonderry's Hartsock, meanwhile, was the logical choice for the 600 meter run, after also going unbeaten in that event during the regular season. What clinched it for him, though, was his state record time of 1:24.7 in the State Meet, shattering Winnacunnet stand-out Pete McConnell's mark in 1982 by one tick of the clock.

Hartsock also excelled in the 55 and 300 meter dashes, as well as being a key to the successful LHS mile relay squad.

"Dave's as aggressive a runner as you will see," said Lancer coach Al Halpern.

Pinkerton's Spofford was only one of two girls who cleared 5-2 in the high jump this past season, and was second in the State Meet by virtue of a tiebreaker. A four-year veteran, she showed consistency this year, said O'Connell.

"Both girls (Spofford and Kruschwitz) were major factors in the 14-0 season," said O'Connell. "Both carried out their track commitment, worked hard, and it paid off — they deserve the recognition."

Kruschwitz, Giordani hit marks

Pinkerton Academy runner Amy Kruschwitz added to her state All-Star status with a performance in last Sunday's Eastern States competition that placed her near the top in the school's record books.

Also, Londonderry's Stephanie Giordani ran a personal best in the 600-yard dash, where she placed sixth overall in 1:27.89.

"This meant a lot to her," said her coach, Suzanne Johnson. "There's four weeks between the State Meet and the Easterns. This was something she did for herself, and she did it real well."

Kruschwitz won her two-mile heat in 11:25.5, a personal best and good enough to place her second on the PA all-time list behind the legendary Cindy Collins. Collins was the 1980 state champion in the two mile in 11:19.

Fellow Astro Bridget Riley also copped a two-mile personal best, finishing in 11:40, 13th overall.

Kruschwitz' performance was good for 10th in the field of 20.

The event, held at Harvard University, featured top runners from Virginia to Maine.



ROY CROSSBOURNE
Nashua Relay

GREG PRICE
Nashua Relay

TIM BUSH
Nashua Relay

SCOTT HATCH
Nashua Relay

KAREN BURKE
Nashua Relay

KATHY DOYLE
Nashua Relay

KATHY RESSLER
Nashua Relay

KRIS JANOSKY
Nashua Relay

WENDY SMITH
Nashua Relay

NANCY BOULANGER

TIM NEVERETT

DAN GODIN

MIKE MacLEOD

SCOTT MYER

MARK SULLIVAN

TIM TURGEON

TIM LORD

KRISTEN LaFRANCE

SHERRI HUGHES

BRIDGET RILEY

MARTI STINER

SANDI WALKER

ROBIN PROCTOR

STAN LYFORD
Coach of the Year
Girls Track

ED DANIELS
Coach of the Year

KRIS STONE

KATIE WALSH

Winter Track Coaches Select NH All-Stars, 1984

New Hampshire's winter track coaches have made their All-Star selections for 1984, and also their Coach of the Year and Team of the Year selections.

These individuals were chosen on regular season performances, and not just their state meet finish.

Following are thumb-nail sketches of the boys and girls selected.

All photos are by Larry Martin of Londonderry High School, and the N.H. Winter Track League. Martin is also Boys Meet Director, and NHIAA Winter Track Chairman, and a devoted, tireless worker in all things track.

The selections:

BOYS

Shot Put: Tim Lord — Pinkerton Academy — Senior

Tim Lord, a senior at Pinkerton Academy, emerged as the best shot-putter in the New Hampshire Winter Track League this past winter. He finished the season undefeated, with a personal best put of 52.5'. Lord, along with two of his teammates, captured first place in the shot put relay at the inaugural New Hampshire Relay Carnival. In the fall, Lord was a member of the Astros football team and was selected as a member of the New Hampshire Division II All-State Team.

1000 Meters: Mark Sullivan — Londonderry — Senior
During this past winter, Sullivan won every race that he was in — except when he lost to teammate Dan Godin. Mark won the state meet at this dis-

tance and had a personal best time of 2:38.6. Sullivan was also a vital part of Londonderry's mile relay team, which was one of the best in the state. According to Lancaster coach Al Halpern, "the only way to describe Mark's running style is all-out. I've never seen a tougher runner in a fine student, Sullivan plans on attending a 4-year college in New England and competing in track.

High Jump: Scott Myer — Londonderry — Senior
Despite a leg injury that lingered most of the season, Londonderry senior Scott Myer jumped 5'10" or higher in every meet. Myer won the Methuen, Massachusetts Invitational at 6'2" and also jumped 6'2" in the Dartmouth Relays. Myer, who placed second in the state meet, plans on attending the University of New Hampshire in the fall where he hopes to continue his track career.

500 Meters, 300 Meters and Athlete of the Year: Dan Godin — Londonderry — Senior
Londonderry senior Dan Godin won every race he was in during the regular season and he now holds every Londonderry High School record from 600 to 3000 meters. He won the Methuen, Massachusetts Invitational Mile, the Dartmouth Relays high school mile, the Eastern States high school mile and competed in the prestigious Millrose Games high school mile. Godin was the New Hampshire 1500 meter champion for the past two winters and is now being highly recruited by numerous colleges and universities. This past fall Godin also won both the Class Land Meet of Champions cross country titles.

High Jump (Tie) and High Hurdles: Tim Turgeon — Somersworth — Senior
Somersworth senior Tim Turgeon, a four year veteran of winter track competition, was undefeated during the regular season in both the high jump and high hurdles. His best time of 7.5 seconds is the fastest time ever recorded by a New Hampshire athlete in the 60 meter high hurdles. In the state meet, Tim won both events — the high jump for the second consecutive year. Turgeon, who also participates in football and spring track, comes from a family rich in track tradition as his father and four brothers and sisters also excelled in the sport.

Coach of the Year: Ed Daniels — Alvirne
Ed Daniels, the New Hampshire Winter Track League Coach of the Year, took over the Alvirne winter track team for the 1983-84 season — his 12th year of coaching in New Hampshire high school track. Though he has also been included 3 years at Oyster River, 7 years at Raymond, and 2 years at Londonderry. Along with his high school coaching experience, Ed has also worked as an assistant coach for the University of New Hampshire men's track team, as a video analyst for the Rhode Island pole vault school, and currently holds positions

on both the NHIAA Winter and Spring track committees — serving as the assistant chairman for the Spring group.

This past season, under Daniels' leadership in the Broncos ran up a 16-3 regular season record and had ten individual qualifiers in the state meet, where they placed ninth. With these efforts, Daniels helped establish a new sense of respect for the Alvirne track program.

Team of the Year: Nashua High School
Nashua High School has been selected for this award for the third time in four years. Nashua has lost only one regular season meet in four years — that being a loss this year to West, Nashua, in winning its second consecutive championship this year, over doubled the average team in points scored.

Mile Relay: Nashua High School
Nashua High School has won this award for five consecutive years — every year it has been given. Nashua also won this event in the first annual New Hampshire Relay Carnival, and capped an undefeated regular season in the event by also winning the mile relay in the state meet.

Long Jump: 300 Meter Dash and 600 Meter Run: Mike MacLeod — Nashua — Senior

Mike MacLeod, a senior at Nashua High, is a three event 1984 state champion as well as the All-Star Selection in those events — namely, the 300 meter dash, the 600 meter run and the long jump, all three of which he was undefeated in during the regular season. The versatile MacLeod also regularly competed in the 55 meter dash and the high hurdles and was a key member of Nashua's All-Star mile relay. MacLeod, who also participates in football and spring track, plans on attending college in the fall.

55 Meter Dash: Tim Neverett — Nashua — Senior
Tim Neverett was the only New Hampshire sprinter to run 6.4 seconds during the regular season. He consistently led the strong Nashua sprint corps which captured three places in the dash in the state meet. Along with the dash, Neverett regularly competed in the 300 meters and 600 meter runs.

GIRLS

N.H. Girls Winter Track All Stars
Mile Relay Team: Nashua High School

Team consisted of seniors Kathy Doyle and Karen Burke, and Freshmen Kris Janosky and Kathy Ressler. Remained undefeated during the regular season. Third year in a row that Nashua has been named relay team of the year.

Shot Put: Kristen LaFrance — Nashua — Senior
Kris is a senior at Nashua who showed constant improvement during the season. Her best effort was 35'3", the best effort by any shot putter at UNH this season. Kris placed at the state meet.

High Jump: Sandi Walker — Portsmouth — Senior

Undefeated in the high jump during the regular season, Sandi managed to break the school record 3 times during the season. She also recorded the best season jump of 5'5". A very versatile performer, Sandi also set a state record in the hurdles (8.4) and placed 4th in the long jump at the state meet.

Long Jump — Athlete of the Year: Robin Proctor — Nashua — Senior
Senior Tri-Capt. of the Nashua Purple Panthers who placed second at the State Meet. Robin was the defending state champion in the long jump and runner placed by winning the event and setting a new state record of 18'3 1/2". Besides her long jump title, Proctor won the 300m dash (42.9) placed 2nd in the hurdles and competed in the dash. She also competed in the high jump and relay during the regular season and was Nashua's most versatile and leading scorer.

Hurdles: Marti Stiner — Salem — Senior
Stiner was a very versatile performer for the Blue Devils. The senior runner placed 4th in the state meet in the hurdles; in the high jump, in the dash and 2nd in the long jump. Marti is an outstanding field hockey player and also runs spring track.

Bridget Riley — Pinkerton Academy — Junior
Riley, the Astros top distance runner, qualified for three events in the state meet opting to run the 3000m, placing fourth and the 1500m placing sixth. Bridget was undefeated during the regular season. The versatile 3000m and a constant point scorer for the fourth place Astros. Riley won the Boston College Invitational 2 mile run and placed an impressive second in the Methuen (Mass.) Invitational. An outstanding cross country runner and spring track performer.

1500m: Wendy Smith — Central — Fresh
Smith, only a frosh, made a significant impact on the winter track scene. Ranked first in the 1000m during reg. season, she placed 8th with team-mate Boulanger as top seed in the 1500m. Four event qualifier who is also an outstanding skier. Scored 20 points in the state meet placing 3rd in the 3000m, 2nd in the 1000m and 3rd in the 1500m. A major factor in Central repeating as State Champs.

1000m: Katie Walsh — West — Junior
First year participating in indoor track, Walsh was undefeated in the 1000m all season and suffered only one defeat in the 1000m. Walsh captured the city title in both these events and went on to win both events at the state meet. Walsh also competes in spring track and will be a force to recon with in the future. Nancy Boulanger — Central — Junior
This extremely durable athlete qualified in 5 events for the state meet and competed in four. Nancy had the top times

in both the 600m and 1500m races. She finished no lower than 2nd all year and had 10 victories of 15 races. Won the State Meet 600m in a new record time of 1:39.8. Scored 22 points with her first in the 600m, 2nd in the 3000m, 5th in the 1500m and first in the relay. A main factor in Central repeating as State Champs.

300m: Sherri Hughes — Pinkerton Academy — Senior
Hughes appears as a State All Star for the fourth time, an unprecedented feat. A 4 event qualifier. Hughes was the mainstay of the Astro squad that finished at 23-3 this year. Sherri closed out an outstanding 4 year career winning the State Championship in the 50m dash, placing third in the hurdles and third in the 300m run. She also ran a leg of the 6th place relay team. Hughes holds the state record in the 300m run and has won 6 individual, a relay and a team championship in her four years. Also runs spring track and will decide between Dartmouth, Colby, Northeastern, Cornell and Holy Cross for next year (a member of the National Honor Society). Will be sorely missed by the Astros next year.

55m Dash: Kris Stone — Central — Soph.
Suffered only one setback in the dash this reg. season and placed 5th at the state meet. Suffered only one setback in the 300m and went on to place second in the state meet. Ran a very impressive leg of the relay (60.8) to insure the victory for Central. A soccer player in the fall, Stone also runs spring track where she is the reigning state champ in the 200m run.

Team of the Year — Central — Coach of the Year: Stan Lyford — Portsmouth
10th year coaching girls track, 8th year as head coach. Served as 1984 Meet Director. Lyford's teams have won championships in 79 and 80 and were runners-up in 78 and 82. This year's squad finished a very successful year taking third in the State Meet.

Jockey of the Month

LAKE SUCCESS, N.Y. (UPI) — Randy Romero was named Jockey of the Month for the second straight month by the Turf Publicists of America after winning 52 races in February.
Romero had 96 winners after two months, putting him on a pace to break Chris McCarron's single-year record of 546 set 10 years ago. Romero won three or more races on a single program at the Fair Grounds nine times in February and won six races on Feb. 8. It was his second six-winner session of the year.

Woods, Water and Wildlife

By John Harrigan

WE GOT A CHANCE to put the snowshoes on last weekend, something we want to do more often but seem to get to do only once in a while. Winter, like summer, can be gone before you know it. New Hampshire has four good, hard, well-defined seasons, no matter what you hear people say about nine months of winter; and like a lot of other things in life, we tend not to appreciate snow until it's gone.

I am not going to lapse into one of those boring essays on wonderful discoveries in the wintertime woods, the exciting tales that animal tracks in the snow can tell, or how good it makes the mind and body feel to climb ridges on snowshoes. That kind of stuff is for rainy-day columns, when if you can't wax your skis, you wax poetic.

But two things about this particular trip.
First, every snowshoe trip reinforces my stubborn belief that there's not much better way to travel in the wintertime, unless it's by plane to a two-week vacation in Tahiti. Let all those people who drive Volkswagens and have saunas and wear rimless glasses and are now talking about "microbiotic diets" (yuk — it reminds me of chickpeas and tofu) glide around on cross-country skis.

Oh, I don't know — cross-country skis are just so doggone'd trendy. And graceful! My snowshoes, on the other hand, are downright ugly, and ungainly. There is an about as much grace to it as a bear wallowing in a dump. You just strap on two ridiculous-looking ovals of wood and rawhide, and no matter how much you've snowshoed, you waddle off.

In short, you do not meet Beautiful People on snowshoes. They are off somewhere eating Gorp and showing off by squirting wine from foul-smelling goatskins. No, on snowshoes,

you're going to meet game wardens, trappers, rabbit hunters, and me, with my back-pocket pint of blackberry brandy, which I consume at appropriate resting spots with all the savvy and grace of that bear back there foraging at the dump.

Who says snowshoers aren't beautiful people?
BUT I DIGRESS. (Lofty writers always say that. "I digress." Like William (as in F.) Buckley. Will I ever be lofty enough to say, with my forcefulness and self-assuredness, "I digress?" Above all, we'll never mind be a Buckley.)

There was a second thing I wanted to impart about our otherwise meaningless and meandering snowshoe trip.
Everywhere we came upon the evidence of the Presence of Partridges. Fastidious biological types call them "ruffed grouse," the same people who call a poplar an "aspen" and a rabbit a "hare" and even worse, a fisher cat a "fisher."

The partridges had dovebombed into fluffy snowdrifts here and there before the storm, and hollowed out little cavities to weather out the tempest in. And then they had burst forth when it was all over, leaving somewhat messy little caves behind them, and only wing-marks to show that they'd become airborne.
I think partridges are funny, besides being tasty. People who snowshoe, on the other hand, are just plain funny.
(Mr. Harrigan's address: Box 28, Lancaster, N.H. 03584. Send no tofu, please.)