

# Hard work will be the key for Astro girls' track squad

It doesn't appear that overconfidence will be a problem for the Pinkerton Academy girls' winter track team this season.

On the contrary, this will be the first time in four years that they go into the season without a star attraction, namely Sherri Hughes. Thus, in a way, it is a team searching for an identity.

"We have no illusions of grandeur," said PA coach Kathy O'Connell, who faced a similar situation in soccer (no Jen Russell) and came out of it a state semifinalist. "We'll do the best we can, which is all anyone can ask."

It's a large enough group (34), but as O'Connell points out, it has little proven talent or experience. But that doesn't mean the ability isn't there. It will just take hard work to bring it out.

"This is a tough sport to participate and practice in, for only the strong survive," said O'Connell. "We have six seniors fulfilling a commitment, and we'll be doing our best for them."

Here's a look, categorized by events:

**Distance** -- The backbone of the Class L cross country champions, seniors Bridget Riley, Amy Kruschwitz and Sue Downing, along with sophomore Carrie Gula will anchor the longer runs. The three seniors are proven point-scorers while Gula came on strong toward the end of the fall season.

**Middle distance** -- Juniors Kelly and Peg Richardson, both state qualifiers in the past in the 600 meter run, will run that event again as well as the 1000. But, this team has suffered injury and

illness already and Daneau was among the illness victims. How long she'll be out isn't quite known. Meanwhile, freshman Julie Saulnier has looked good in practice.

**Sprints** -- This was Hughes' territory, but no more. Two new faces, sophomore Leah White and freshman Loralee Ott, could cushion that blow, though. White had a good spring track season and just needs to get back into track shape. Ott looks strong and could be a factor as the season progresses. O'Connell also hopes Becky Smith can recover from recent Achilles' Heel problems, as she adds depth in the 300. Meanwhile, junior Kim Gillespie just missed qualifying in the 55 meter run last year and will lead the short sprints this year. Senior Kristi Mattson hopes to be a

factor in the 300 and the relay.

**Hurdles** -- Assistant coach Pat Hicks has a young group, as this was also a Hughes special. Smith, who practiced under Hughes' wing a year ago, would be the natural number one if healthy. If not, the PA coaching staff will turn to junior Renee Messer and soph Jen Rackley.

**High jump** -- Senior Kim Spofford has owned this event (as far as competition within the Astros has gone) the last couple of years. She was second in the state in 1983, and O'Connell hopes hard work will bring her back to 5'0 form. She will be pushed, however, by White. Ott also shows potential.

**Long jump** -- It's always a PA problem due to no real practice facility, so O'Connell will just have to wait and see. Hey, even Hughes didn't shine as much in

this event as she did in her others.

**Shot put** -- Unfortunately, the mishap bug has hit here as well, as senior Sharon Kinhart has a sprained knee. "I hope it gets better soon," says O'Connell, "because she has the talent to qualify if her mental attitude is positive." Gillespie, Spofford, Kim Malloy, Jen Lake, Kathy Bresciani and frosh Marcy Ray will throw as well.

**Relay** -- "Too early to tell," says O'Connell. The combination mapped out thus far includes Mattson, Smith, White, Ott, Daneau, Richardson, frosh Carmie Crowl and Lisa Pavlock.

This team's primary goal is a simple one -- to have fun. Two achievements that would ensure that happening would be a strong showing in the Methuen, Mass. Invitational on Jan. 6 (PA was sixth there last year with a skeleton crew) and a strong

representation at the season-ending state meet. O'Connell would like to see all her seniors go out in style.

The Astros' first meet is on Monday at 8:15 p.m. at UNH vs. Central and Exeter. Central, with the Joe O'Neil tradition, will be tough this season as will Nashua, Portsmouth and Concord. O'Connell hopes PA will be respectable as well, as it certainly has been in the past.

"We've been 97-9 over the last five years," she noted. "A lot of hard work went into that. We're hoping to continue the same."

## Astro girls break out fast

The Pinkerton Academy girls' indoor track team discovered Monday what lies ahead for them this winter.

"It will be a closer winter track season than many are used to," said PA coach Kathy O'Connell. "We will have to dig down a little deeper as it hit some what no Sherri Hughes means - no 15-20 points from a single competitor."

But, the Astros overcame that problem with a strong one-two punch in the 1500 meter run from Bridget Riley and Amy Kruschwitz Monday to edge Salem, Portsmouth and Alvirne in their season opener, 66-55-45-6.

PA's top two distance runners tied for first in the 3000 at 11:23.9, while Riley won the 1500 in 5:22.4. In another PA first-place finish, Kim Spofford cleared 4'10, the only girl in any state competition to clear that mark Monday.

Seconds went to Leah White in the 300 meter run (46.7 seconds), Sharon Kinhart in the shot put (29'8), Kruschwitz in the 1500 (5:22.6) and Peg Richardson in the 1600 (1:48.6).

Also, the Astro relay squad of Richardson, Kelly Daneau, Becky Smith and Jen Rackley took second at 4:39.0.

White was third in the dash in 7.9 seconds, Daneau took a similar spot in the 600 meters at 1:50.4. Other thirds went to Julie Saulnier (1000, 3:33.7) and Smith (hurdles, 9.75).

Fourth place finishers for PA included Janette Hood in the 600, Sue Downing in the 3000, Kim Gillespie in the shot, and White in the high jump. Jen Lake was fifth in the shot, while Lora Lee Ott was likewise in the high jump. Renee Messer took fifth in the hurdles while Gillespie did the same in the dash.

"White and Ott did a nice job, as did Saulnier," said O'Connell. "We had some good times from some new kids and they got accustomed to what indoor (track) is all about."

The Astros head for Durham again tomorrow (Friday) to face Portsmouth again and Oyster River at 4 p.m. Then they take a week off for the holidays, a rest O'Connell has mixed emotions about.

"It doesn't help, track-wise," she said. "The kids realize they have lots of running to do on their own if they have any hopes of being there Feb. 1."

DURHAM, N.H. — Lisa Trickett won three events and Ruth Campbell set a new school record as the Salem High girls track team topped three other rivals in New Hampshire State League action yesterday at the University of New Hampshire.

Salem, now 5-1, rolled up 65 points with Londonderry second at 56 followed by Spaulding with 26 and Timberlane 25.

Trickett scored 19 points in winning the long jump (15-4), 55 meter hurdles (9.5) and high jump (5-0) and run a leg with the mile relay team which finished second.

Salem's outstanding shotputter Ruth Campbell set a new school record in the event for the second time this season with a winning toss of 37-½ feet. Other Salem winners were Lisa Potter in the 55 meter dash (7.9) and Sue Vandecasteele in the 3000 meter run (11:44.9).

Londonderry's Sue Arruda won the 1500 meter run (5:20.5), Stephanie Giordani captured the 300 meter run (45.9) and the mile relay team was a winner in 4:37.2.

Timberlane's Colleen Gilbert won the 600 meters in 1:50.7.

**THE PINKERTON ACADEMY GIRLS' TRACK TEAM** stayed unbeaten (6-0) stopping Nashua High 51-44 in a dual meet at UNH.

Bridget Riley was a double

## Sportnotes

winner in the 1500 meters (5:17) and the 1000 meters (3:17) and she also had a second in the 3000 meters. Becky Smith won the 55 meter hurdles (9.7) and had a second in the 300 meters while Amy Kruschwitz won the 3000 meters (10:52) and had a second in the 1500 meters. Kelly Daneau had a first place in the 600 meters (1:51).

The mile relay team of Daneau, Peg Richardson (second in the 1000), Smith and Kristi Mattson also posted a first with a time of 4:32.

Next Friday, Pinkerton will run against Salem and Londonderry at UNH at 7 p.m.

**CENTRAL CATHOLIC'S JV HOCKEY** team won its fourth game in five starts yesterday defeating Methuen 5-0 at Merrimack College. Brian Sheehan, Mark Ouellette, Mark Foderaro and Tom Herling each had a goal and an assist. Brendan Murphy added a goal and Paul Leonardo had a pair of assists. Central used three goalies, Fred Torrissi, Dave Gray and Joe Lussier.

**SACRED HEART OF LAWRENCE** defeated Sacred Heart of Bradford yesterday, 32-9, in girls' basketball action. Shawna Currier

# Experience bests youth in Astro-Lancer duel

It was a curious matchup, youth vs. experience. When it was all over, the Pinkerton Academy girls' track team's experience gained some respect for the Londonderry Lancers' youth, but also the expected victory as well.

"In general, Londonderry is a young club with a lot of good potential," said PA coach Kathy O'Connell. "We are more senior-junior orientated...they seem to be a younger group with a good future."

Grabbing numerous thirds and fourths, though, the Astros were able to best the Lancers and third entry Salem. The final tally read PA 53, Salem 41 and LHS 24. The win was a typical Pinkerton meet, noted O'Connell.

"It was a good team effort, which is what the season has evolved into - a lot of girls got into the scoring," she said.

Actually, the Blue Devils provided the biggest headache for the Astros. The two were tied through four events but PA outscored Salem 30-19 over the last seven.

Astro firsts included Bridget Riley in the 1000 in 3:20 and the 1500 in 5:35. Amy Kruschwitz took the 3000 in 11:18 while Leah White won the dash in 7.9 seconds. Kim Spofford took the high jump at 4'10.

Seconds for PA included Kim Gillespie (shot put), Peg Richardson (1000), Kelly Daneau (600) and Becky Smith (300).

Six Astros were third -- Sue Downing in the 3000, Smith in the hurdles, Jen Lake in the shot, Gillespie in the dash, Janette Hood in the 600 and White in the 300.

Fourth went to Larrie Gula (3000), Gillespie (long jump), Julie Saulnier (1000), and Sharon Dillion in the 600.

Lancer coach Suzanne Johnson was also pleased with her club's performance, despite the team's third-place showing. Remember, the Lancers went on the record last week saying that individual performances would be their barometer.

Stephanie Giordani responded to that call, setting two school records. She made everyone take notice in the 600, winning the event with a state qualifying time of 1:42.6.

Giordani's other school mark came in the long jump, where she finished third with a leap of 14'11.

The Lancers had three seconds -- Sue Arruda in the 3000 (11:32.5), Tyche Hutchkiss in the hurdles (9.5, state qualifier), and the mile relay team (4:35.5). Arruda's performance was a school record and state meet qualifier all rolled into one.

## Daneau, Kruschwitz shine

Kelly Daneau won her 400 meter heat and Amy Kruschwitz set a personal record in the two-mile run to highlight the Pinkerton Academy girls' indoor track team's performance in the prestigious Dartmouth Relays last Saturday.

Kruschwitz was ninth in a field of 30 and finished the race in 11:52.

In addition to Giordani's third in the long jump, other Lancer third-place spots went to Holly Greenwood in the high jump (4'6) and Casey Vogel in the 1500 (5:41.9).

Janet Dowd was right behind Vogel in fourth place in the 1500 in 5:45.9. Barbie Faucher was rated fourth in the high jump behind teammate Greenwood, also at 4'6, while Becky Farr was likewise in the 55 dash at 8.1 seconds. She was also fourth in the 300 meter run in 47.5 seconds.

Both teams now head back to Durham this Friday at 4 p.m. for the first-ever girls' state relay event. It's after this event that both teams will be scrambling to add people and events to their list of qualifiers.

"We were looking for some good individual performances from some people, and that's what we got," Johnson noted, while adding she is looking ahead to the regular season's final two meets after this weekend.

"We should have some good times," she projected. "That should help us a lot."

"It put a little reality back into the kids' minds as the top high school kids in the East were there," said PA coach Kathy O'Connell, whose club had just bested Londonderry and Salem the day before.

"It showed the kids what 'good' really is," she added. "I hope they came back a little more inspired to work harder."

# PA girl runners to battle Concord

The Pinkerton Academy girls' indoor track team will have its hands full with not one but three opponents this Friday at UNH when they take on Concord, Spaulding and Alvirne in a 4 p.m. meet.

However, it's the Crimson from up north that worries PA's Kathy O'Connell the most.

"Concord was third in the relays," she noted. "They're a good team that's obviously well-coached."

The Astros warmed up for the event with solid performances from their state qualifiers in Tuesday's Methuen, Mass. Invitational. The group of nine came home a surprising second place finisher out of a field of 18

Medalists were: Kim Spofford in the high jump(second, 5'0), Bridget Riley in the two-mile(second, 11:53), Peggy Richardson in the 1000 yard run(second, 3:00), and Amy Kruschwitz in the two-mile (third, 11:56).

Also, the mile relay team of Kelly Daneau, Leah White, Becky Smith and Richardson finished third in 4:27 to cop a medal as well.

Ribbons were awarded to Daneau, who was fourth in the 600 yard run, Sue Downing(fourth, 1000) and White(fifth, 440 yard run).

"It was a good day by all," beamed O'Connell. "We went down to get some track work in and came home second — a worthwhile trip for the kids."

The state Relay Carnival did not prove to be the best of nights for the Astro girls, but the club finished fifth out of 20 teams just the same.

First, the good news:

Kim Spofford(5'0), Leah White(4'6), and Loralee Ott(4'2) combined to give the Astros a tie for first with Concord in the high jump relay(13'8).

The distance medley team of Julie Saulnier, Kristi Mattson, Bridget Riley and Amy Kruschwitz finished second in 13:18.4.

The shot put team of Kim Gillespie, Jen Lake, and Kathy Bresciani finished fourth in 83'0, as did the mile relay squad of Kelly Daneau, Becky Smith, White and Peg Richardson. Their 4:26.1 time was the Astros' best this year, and "our best in a long time," according to O'Connell.

Spofford's high jump performance really pleased O'Connell.

"If Kim would be tough on herself, she can get back into that 5'2 form of '83," said the PA coach. "She did a nice job Friday."

The bad news? Not much to say except for the fact that the Astros didn't place in three events. They didn't enter a long jump team, had a fall in the shuttle hurdles, and were disqualified in the 4x100 for passing out of the zone. Still, you won't see O'Connell frown for long.

"Kelly Daneau ran a 64.7 split in the relay, which is a great run for her," O'Connell noted. "Smith, White and Richardson all ran well, too...It's coming."

## PA girl runners unbeaten

For the first time in its 10-year existence, the Pinkerton Academy girls' indoor track program has produced an undefeated team.

Kathy O'Connell's Astros finished the regular season at 14-0 with a win over Winnacunnet, Alvirne, and Hollis last Friday at UNH.

"I'm very happy for the kids," said O'Connell. "They went 14-0 and I know most of them are very proud of that...the juniors and seniors put a lot of hard work into that 14-0."

Kim Gillespie had a big night for PA, taking firsts in the shot(29'9) and the dash(7.7 seconds) while finishing second in the long jump.

Other PA firsts included Becky Smith in the hurdles(9.6), Peg Richardson(1000 meters, 3:17), Kelly Daneau in the 600(1:51.9), Leah White in the 300(45.9), and Kim Spofford in the high jump(5'2).

The mile relay team of Richardson, Daneau, White and Smith also finished first in 4:26.3

The Astros compiled six seconds, including Gillespie's: Renee Messer(hurdles), Bridget Riley(1000 meters), Amy Kruschwitz(600), Smith(300) and White (high jump). Julie Saulnier was third in the 1500.

"The kids have done well," said O'Connell. "This was our strong point this year — we were a team."

# Blue Devil girls take second in UNH meet

DURHAM, N.H. — The Salem High girls track team boosted its record to 18-8 Friday with a second place finish at the University of New Hampshire.

Manchester Central won the meet with 150 points, followed by Salem (87), West (42), Londonderry (29), Timberlane (28) and Dover with four.

Marti Stiner set new school records in the 55-meter hurdles with a time of 8.4 and the long jump at 17-3½. She placed first in both events.

Ruth Campbell won the shotput with a new school record heave of 34-4. Pam Keefe took second in the shot at 30-½ and April Sciacca grabbed a second in the 300-meter run in 46.1.

The Blue Devil third place finishers were: Stiner, 50-meter dash, 7.7; Leslie Spires, long jump, 14-7½; Stiner, high jump, 4-8; and 4X400-meter relay team (Sciacca, Maloy, Trickett and Vandecasteele) in 4:35.0.

Salem will take on Portsmouth, Nashua, Alvirne and Winnacunnet next Friday at UNH.

DURHAM, NH — Pinkerton Academy upped its record to 22-2 with a first-place finish at the University of New Hampshire Friday night.

## Track Roundup

Pinkerton won the meet with 92 points, followed by Alvirne (43), Winnacunnet (27), and Raymond with eight points.

Pinkerton was led by Sherry Hughs, who won both the 55-meter dash (7.3) and the 300-meter run (43.3). Other winners for the Astros were: Amy Kruchwitz, 3000M, 11.10; Becky Smith, 55M hurdles, 9.6; Peggy Monahan, 600M, 1:48.3; Bridget Riley, 1500M, 5:25.00; Jen Russell, shotput, 28-9; and Kim Spoffard, high jump, 4-8.

Second place finishers for the Astros were: Sue Downing, 1000M; Sharon Kinhart, shotput; Amy Kruchwitz, 600M; Debby Pike, 300M; and the relay team (Kruchwitz, Downing, Riley, and Russell).

### Londonderry boys win

The Londonderry boys' track team raised their record to 14-2 with a first place finish in a track meet held at the University of New Hampshire.

The Lancers (76½ points) easily outdistanced Hollis (65½), Manchester Central (24), Raymond (2), and Traip Academy (0).

## Track

### Pinkerton Girls Win Four-Way Track Meet

DURHAM — Led by Bridget Riley who won two events, Pinkerton Academy of Derry captured a four-way track meet Monday night at the Paul Sweet Oval at the University of New Hampshire. The Astros recorded 66 points to 55 for Salem, 43 for Portsmouth and 8 for Alvirne of Hudson.

Riley annexed the 3,000 meter in 11:23.9 and the 1,500in 5:22.3.

Salem established two records for its school. Co-captain Ruth Campbell set one in the shotput with a toss of 34 ft., 7 in., while teammate Sue Vandecasteele set the other school mark of 321.6 in the 1,000 meters. The other Blue Devils' co-captain, Lisa Tickett, won the long jump with a mark of 15 ft., 5½ inches. April Sciacca won the 300 meters in 45.9 seconds for Salem which also won the 4 x 400 relay in 4:36 with Sciacca, Vandecasteele, Lisa Potter and Trickett.

# Astro girls runners bid for unbeaten season

Years from now, they'll be calling it the Great Candy Cap-er.

That's what Pinkerton Academy girls' track coach Kathy O'Connell and her runners dubbed their big 85-67 win over Concord last week, as the Astros' coach set up a betting scheme based on improvement points for the meet with sweet treats the prize. Candy, you see, is a big PA no-no during track season.

"It cost me a lot of M&M's, but it took the edge off practicing for a tough meet," joked O'Connell after the win. "It was worth it."

That's because Concord had been considered the biggest hurdle on the road to an unbeaten season, especially after the Astros knocked off Nashua weeks ago. Tomorrow night

(Friday) they take on Alvirne, Winnacunnet and Hollis at 6 p.m. at UNH in the team's regular season finale and third annual Parents Night affair.

The reasons for PA's success are many, according to O'Connell, but one point really stood out.

"It was a continued display of what the word 'team' is all about," she said. "We got some great performances from kids who mentally decided it was up to them to make the difference."

One girl who made a big difference was distance standout Amy Kruschwitz, who posted a top league time and personal best in the 3000 meter run, winning in 10:50. She also posted another personal best (5:13) in placing second in the 1500.

Other firsts for PA included

Peg Richardson in the 1000(3:20), Kim Spofford in the high jump(5'0), Kim Gillespie in the shot(28'3) and Kelley Daneau, Becky Smith, Leah White and Richardson in the relay(4:25.2).

Other second place finishers were Bridget Riley (3000 and 1000), White(300 and 55 dash), Jen Lake(shot), Smith(hurdles), and Daneau(600).

Thirds went to Smith in the 300, Spofford in the dash, and Gillespie in the long jump and dash. On the night, Gillespie collected 12 points in just three events.

Kristi Mattson qualified for next week's state meet with a fourth spot in the 600 while Kathy Bresciani was also fourth in the shot. Fifteen points from the PA shot putters "put us over the top," added O'Connell.

# State Meets this weekend

## It's desert for Pinkerton girls, the whole season for Londonderry runners

There are really only two ways for teams to approach this Friday night's girls' indoor track and field state championships — either it's the season's main course or just dessert after dinner.

It just so happens that both views are represented locally. The larger, more established Pinkerton Academy squad is happy to have concluded an undefeated regular season mark and its members are looking for some individual glory when the action begins at 6 p.m. at UNH's Paul Sweet Oval.

The Londonderry High Lancer squad is smaller in numbers, however, and thus has no reason to dwell on won-lost records. But the Lancers would have a lot to gain by making some noise tomorrow night.

"This is what we set ourselves up for the whole sea-

son," said LHS coach Suzanne Johnson.

"If the kids come home happy, I'll be happy," countered PA mentor Kathy O'Connell. "This is their individual night."

Here's a list, by event:

**3000 meters** — The Astros have two of the state's top six in seniors Amy Kruschwitz and Bridget Riley, while on the flip side the Lancers are going with youth, frosh Dianne Hartsock, whose best time is 11:38. Six of the runners, including the two Astros, are under 11 minutes, "so it'll be a horseshoe," notes O'Connell. Sue Downing will run in the second heat for PA.

**1500** — Again, it's the Astros' one-two punch of Riley and Kruschwitz. There are 10 runners under 5:20, and PA's pair are seeded in the

middle. Lancer Casey Vogel (5:27.3) has a good scoring chance, too.

**1000** — Proven distance talent Sue Arruda (3:15.4 last weekend to qualify) will represent LHS, while PA is entering junior Peg Richardson, who has had a super year. She will have to run extremely well to be in the money, feels O'Connell.

**600** — PA junior Kelly Daneau is right up there, while senior teammate Kristi Mattson strives for a personal best. But Giordani, at 1:42.6, has a good shot at shining. "She has just as much a chance as anybody else," says Johnson.

**300** — PA soph Leah White is in mid-pack and will have to run outstanding to medal, but she has the ability. No Lancers in this one, as Johnson can't stretch seven competitors over 11 events.

**55 dash** — White and ju-

nior teammate Kim Gillespie, both at 7.7 seconds, have good shots to earn medals, feels O'Connell. Again, no Lancers.

**55 hurdles** — Lancer Tyche Hotchkiss (9.6 seconds) has been a pleasant surprise for Johnson, and a good performance from her could make a difference for LHS. PA counters with another 9.6 in Becky Smith, who needs a good start or she could have trouble. What she already has, though, is ability.

**Shot** — Gillespie is hoping to throw over 30 feet, but PA is really hoping for the return of senior Sharon Kinhart, who hasn't thrown in three weeks due to orthopedic surgery on her knee. It's doubtful she'll be ready, though.

**High jump** — Astro senior Kim Spofford is one of only two girls to jump over 5'2, so

she should place. "How high is up to her," adds O'Connell. PA's Leah White qualified, but she will bypass this event.

**Long jump** — Two Lancers here, but no Astros. Giordani qualified with a 15'5, as did Arruda with a 16'½, just six inches behind top spot.

**Relay** — Should be the best event of the night for both clubs. PA's team of Daneau, Richardson, Smith and White have the state's third best time this season in 4:25.2. If they go under 4:24.4, they would move into second on the all-time Astro relay list. Meanwhile, the Dowd twins (Jackie and Janet) will join Giordani and Arruda. They ran 4:31.3 against Nashua and Concord last week, missing second by one-tenth of a second.

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## PA-LHS girl runners to square off

There's a funny feeling surrounding tomorrow's (Friday's) scheduled 7 p.m. clash at the University of New Hampshire's Paul Sweet Oval between the Pinkerton Academy and Londonderry High girls' track squads.

Sure, both want to do well. Sure, both want to make an impression on each other. But, yes, both have other things on their minds right now rather than the traditional Lancer-Astro rivalry.

PA coach Kathy O'Connell will most likely be holding back several key Astros, especially the distance crew, for the prestigious Dartmouth relays the following day.

And Suzanne Johnson will have her Lancers prancing around from one event to the other with no clear-cut method, as her runners try out different events in a search for proper combinations, with an eye on the season's stretch run.

"That's why it's important to get a little bit of a break right now," said Johnson. "We'll be a little bit more relaxed and then

we'll come on strong for our last couple of meets."

Both teams will also be eyeing Salem, who beat the Lancers 65-66 last week. Johnson knows what Salem can now do, but her hesitation about hyping Friday might also be based on realism — after all, the Astros are coming off perhaps one of their biggest regular season wins ever, a 51-44 triumph over Nashua.

"Pinkerton we know is out of our reach," she said. "They beat Nashua, and we're not up to that caliber yet."

But that doesn't mean that there won't be some fine individual matchups. It was a group effort, though, that gave PA its big win last weekend, sort of a late gift from Santa.

It came down to the mile relay effort of Kelly Daneau, Becky Smith, Kristi Mattson and Peg Richardson, and they did the job in 4:32.6.

Also, Amy Kruschwitz took a first in the 3000 meters with a personal best of 10:52.7. Smith won the hurdles in 9.8 seconds,

while Bridget Riley won the 1000 in 3:17.7 and the 1500 in 5:17.0. Kelly Daneau's 1:51.3 win in the 600 rounded out the PA triumphs.

Riley, running three distance events for the first time, showed durability with a second in the 3000. Richardson took a similar spot in her first 1000, a superb qualifying time of 3:17.9. It was her running in the relay that did the trick as well.

"She almost got caught in the last leg but gutted it out to pull away and win the meet," noted O'Connell.

Other PA seconds included Kruschwitz in the 1500, Smith in the 300, Kim Gillespie in the shot put (29'1) and Lora Lee Ott in the high jump. Thirds went to Renee Messer (hurdles), Gillespie (dash) and Kinhart (shot).

"Going into the meet we didn't figure we had a chance but we got (TRACK)..... Page 29) bot

### TRACK

some fantastic displays of desire from Kruschwitz, Riley, Richardson and others," beamed O'Connell, who was without state qualifiers Leah White and Kim Spofford.

White (if healthy) could be a key, along with other sprinters, tomorrow. The sprints, feels O'Connell, is what will "make it or break it" for PA.

Of course, the main Lancer in the Astro sights will be Stephanie Giordani. She won the 300 meter run last weekend in 45.9 seconds, and was a member of the victorious mile relay team along with Janet and Jackie Dowd, and Sue Arruda. They came in at 4:37.

Arruda, though, is dangerous. She won the 1500 and 5:20, setting a school record in the process.

The Lancers have strength, mainly built around Arruda and a strong distance corps that could have the upper hand Friday if O'Connell chooses to rest people like Kruschwitz and Riley. Diane Hartsock is an ever-improving Lancer, taking second in the 3000 last weekend in 12:04. Teammate Janet Dowd was number two in the 600 (you may see Giordani there as well Friday) in 1:57. Other Lancer seconds belonged to Tyche Hutchkiss (long jump) and Holly Greenwood (high jump).

Thirds went to Greenwood in the long jump, Giordani in the 55 dash Jackie Dowd in the 1000, Barbie Faucher in the high jump, and Becky Farr in the 300. Farr's fourth in the dash,

(Continued from Page 28)  
Tammy Grasser's fourth in the 600, and fifths by Casey Vogel (1000) and Becky Dztura (600) rounded out the Lancer efforts, which despite the loss to Salem brought them wins over Spaulding and Timberlane.

For the Astros, tomorrow's meet will be a chance for some of the less experienced to shine. For the Lancers, it will be a chance for the experienced to try new things.

But don't count out the rivalry factor — some of the Astros, O'Connell reports, have been heard echoing the familiar phrase, "We have to beat Londonderry."

**SPORTS FANS! I BET YOU DIDN'T KNOW**



Brought To You By Ziggy Trocha

Which 2 teams played in the very first post-season football bowl game?.. First bowl in history was the Rose Bowl of 1956

# Astros fifth in state meet

## Lancers tripped up en route to ninth

Although neither team finished in the top three, the Pinkerton Academy and Londonderry High girls' indoor track squads made some noise at last weekend's state indoor championships at the University of New Hampshire.

The Astros posted two seconds and one third while the Lancers came away with two third-place finishes in various events.

The Astros' depth carried them into a tie for fifth out of 22 teams. "We finished where we should have," noted PA coach Kathy O'Connell. "We had some very good performances."

The best of which had to be Kim Spofford's 5-2 effort in the high jump. It was good enough for a first-place tie, but it was on her third try, dropping her to second. Still, she wrapped a four-year indoor career in style and should be a threat during this spring's outdoor season.

Meanwhile, the mile relay team of Kelly Daneau, Becky Smith, Leah White and Peg Richardson finished number two in 4:32.5, just two seconds behind Central's winning time of 4:21.

Still, it ranked them second on the Astros' all-time list, which they were shooting for. All being underclasswomen, they will be a threat this spring and next winter.

In what was probably the most exciting race of the night, PA's Amy Kruschwitz finished third in the 3000 while setting a new school record at 10:42 (breaking Beth Latham's 1981 10:47 mark). Bridget Riley was fifth in 11:00.

Speaking of fifths, Kim Gillespie set a new school record by placing just that in the shot put with a toss of 32'6, 2'9 better than her previous best. Meanwhile, Peg Richardson came out of nowhere to finish fifth in the 1000, winning her secondary-seeded heat in 3:14, another personal PA best.

Other Astro notes: Becky Smith and Leah White made it

to the semis in the hurdles and dash, respectively, while Riley and Kruschwitz ran a season's best of 5:11 in the 1500, as did Sue Downing in the 3000. Kelly Daneau and Kristi Mattson competed in the 600.

Meanwhile, Lancer coach Suzanne Johnson was pleased with her crew's performance, despite their finishing ninth overall.

"Overall, individually, the kids did real well," said Johnson.

Stephanie Giordani finished third in the 600 with a school record time of 1:41.7, qualifying her for the Eastern States Championships next month. Sue Arruda, meanwhile, placed third in the long jump with another school mark, 16'2½.

The Lancers received a blow, however, when junior Tyche Hotchkiss took a spill in the semifinals of the 55 meter hurdles and suffered a mild concussion. It was later discovered the hurdles were incorrectly aligned. Hotchkiss, who had set a school mark of 9.2 in the qualifying heat, is said to be okay now.

"That shook her up quite a bit," Johnson noted.

Arruda also scored in the 1000, finishing sixth in 3:17.6. And, although she didn't score, freshman Diane Hartsock (one of four in the lineup for LHS) set a school record in the 3000-meter run in 11:32.

Manchester Central, as expected, captured the event with a whopping 93 points, while Portsmouth had 40 in second. Two Clippers nailed down 38 of them, while two West girls scored all 32 of the Blue Knights points. That had O'Connell thinking.

"Think of it — you can place second overall with just two girls — like Sherri Hughes scoring 24 points herself," she began. "So is it a team competition?... That's why we so greatly emphasize the regular season."

A season that both the Astros and Lancers are happy with.

7 February 1985  
Derry News



# Track

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[initials]

## Girls' Winter Track Championship Results Team Standings

1. Central, 93; 2. Portsmouth, 40; 3. Nashua, 35; 4. West, 32; 5. (Tie) Pinkerton and Concord, 20; 7. Salem, 23; 8. Oyster River, 15; 9. Londonderry, 13; 10. Kennett, 12; 11. Kearsarge, 8; 12. Fall Mountain, 6; 13. Timberlane, 3; 14. Memorial, 2; 15. Alvirne, Exeter, Hanover, Sanborn, Spaulding, Winnacunnet, 0.

**SHOT PUT** — 1. Ruth Campbell, Salem, 37.5; 2. Tracey Garceau, Central; 3. Celia Clark, Fall Mountain; 4. Tracy McKillip, Nashua; 5. Kim Gillespie, Pinkerton; 6. Cheri Gamestar, Portsmouth.

**3000-METERS** — 1. Nancy Boulanger, Central, 10:41.2; 2. Wendy Smith, Central;

3. Amy Kruschwitz, Pinkerton; 4. Jody Higgins, Concord; 5. Bridget Riley, Pinkerton; 6. Sharon Caterina, Central.

**HIGH JUMP** — 1. Allison Poulin, Oyster River, 5-2; 2. Kim Spofford, Pinkerton; 3. Margie Moore, Nashua; 4. Lynn Kinsman, Concord; 5. (Tie) Nicole Carignan, Memorial and Lisa Trickett, Salem.

**1000-METERS** — 1. Wendy Smith, Central, 3:07.1; Katie Walsh, West; 3. Mary Ellen DeRocher, Central; 4. Jody DeStefani, Central; 5. Peggy Richardson, Pinkerton; 6. Sue Arruda, Londonderry.

**55-METERS** — 1. Nicole Ross, Portsmouth, 7.3; 2. Kelly Pearson, West; 3. Kristen Janosky, Nashua; 4. Kris Stone, Central; 5. Beth Gori, Portsmouth; 6. Diana Tilley, Portsmouth.

**LONG JUMP** — Beth Gori, Portsmouth, 17-0; 2. Chris Janosky, Nashua; 3. Sue Arruda, Londonderry; 4. Lisa LaBrecque, Nashua; 5. Christi Sheltehamer, Winnacunnet; 6. Cathy Ressler, Nashua.

**600-METERS** — 1. Nancy Boulanger, Central, 1:38.7 (STATE RECORD); 2. Amanda Caldon, Concord; 3. Stephanie Giordani, Londonderry; 4. Alison Poulin, Oyster River; 5. Wendy Harnett, Timberlane; 6. April Sciacca, Salem.

**55-METER HURDLES** — Beth Gori, Portsmouth, 8.7; 2. Diane Snively, Kearsarge; 3. Lisa Trickett, Salem; 4. Ann Parenteau, Concord; 5. Elaine Turgeon, Central; 6. Alison Pulin, Oyster River.

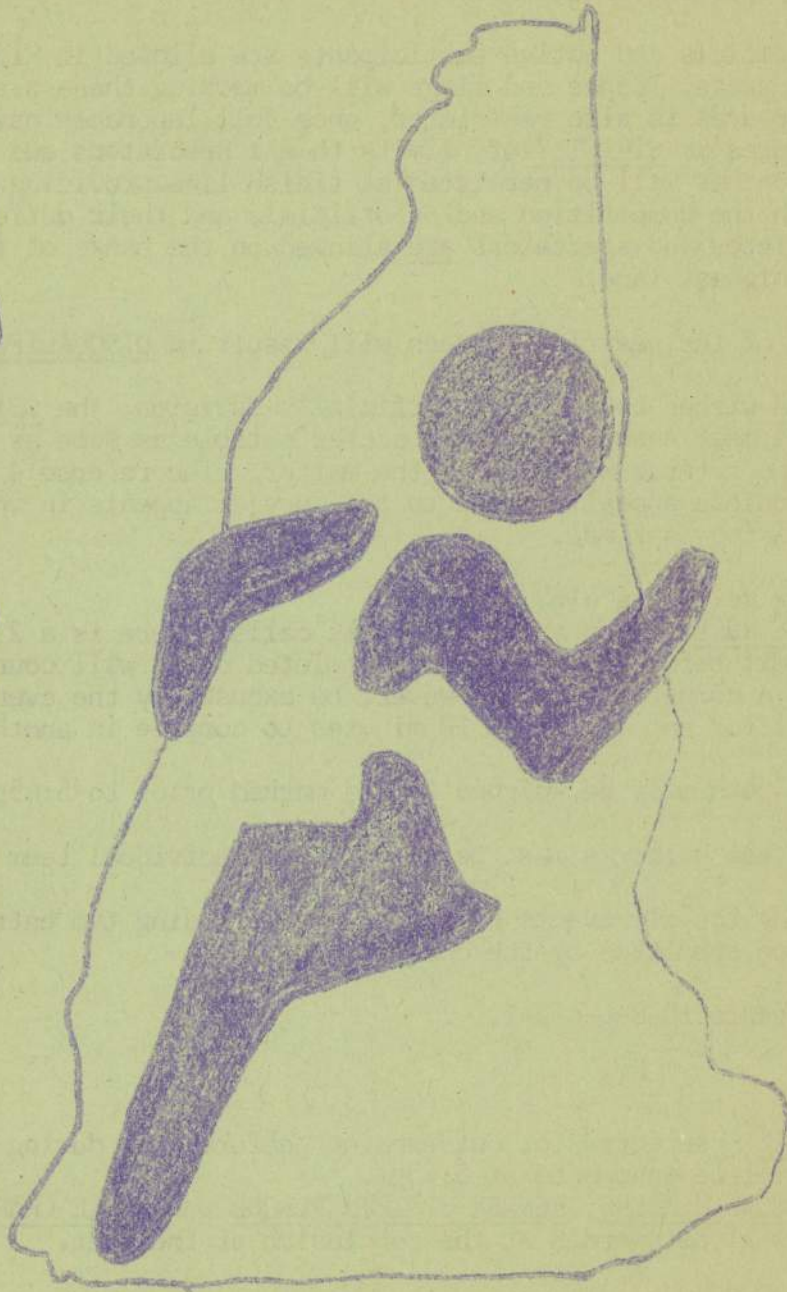
**300-METER DASH** — 1. Kelly Pearson, West, 43.9; 2. Kris Stone, Central; 3. Nicole Ross, Portsmouth; 4. Chris Janosky, Nashua; 5. Cynthia Bennett, Central; 6. Ann Thibodeau, Concord.

**1500-METERS** — 1. Theresa Livingstone, Kennett, 5:00; 2. Nancy Boulanger, Central; 3. Katie Walsh, West; 4. Wendy Smith, Central; 5. Stephanie Gore, Kennett; 6. Amanda Caldon, Concord.

**MILE RELAY** — 1. Central (Boulanger, DeRocher, Smith, and Stone), 4:21.3; 2. Pinkerton; 3. Concord; 4. Salem; 5. Nashua; 6. Timberlane.

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GIRL'S WINTER TRACK

FEBRUARY 1, 1985

NEW HAMPSHIRE INTERSCHOLASTIC ATHLETIC ASSOCIATION

WINTER TRACK

GIRL'S STATE MEET

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PAUL SWEET OVAL  
UNIVERSITY OF NEW HAMPSHIRE

FRIDAY FEBRUARY 3, 1985

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ORDER OF EVENTS

5:30pm - SHOT PUT WEIGH-IN

5:45pm - ALL-STAR TEAM

6:00pm - LONG JUMP  
SHOT PUT  
HIGH JUMP

6:30pm - 3000 METER RUN - FINALS  
55 METER HURDLES - Trials  
55 METER DASH - Trials  
55 METER HURDLES - Semi's  
55 METER DASH - Semi's  
1000 METER RUN - FINALS  
55 METER HURDLES - FINALS  
55 METER DASH - FINALS  
600 METER RUN - FINALS  
300 METER DASH - FINALS  
1500 METER RUN - FINALS  
ONE MILE RELAY - FINALS

\*AWARDS PRESENTATION\*

Individual Medal Winners  
Runner-up Team Plaque  
State Championship Team

LONG JUMP

STATE RECORD: 18'3½      Robyn Proctor      Nashua      1984  
1984 WINNER: 18'3½      Robyn Proctor      Nashua

<u>FLIGHT #1</u>			<u>FLIGHT #2</u>		
Jr. Bull	Con	15'0	Sr. Trickett	Sal	15'7½
8th Maskins	Nash	15'0	So. Ressler	Nash	15'9½
Jr. Heath	Mem	15'1	Jr. DeStefani	Cent	16'0
So. Shellehamer	Winn	15'3	So. Arruda	Lond	16'½
Sr. Giordani	Lond	15'5	Sr. Ross	Port	16'4½
Jr. Tobin	Cent	15'5½	Sr. Gori	Port	16'10½
So. Potter	Sal	15'6½	So. Janosky	Nash	16'11½
Jr. Labrecque	Nash	15'6½			

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

HIGH JUMP

STATE RECORD: 5'6½      Jaye Ouellette      Nashua      1981  
1984 WINNER: 5'4      Liisa Somero      Alvirne

STARTING HEIGHT: 4'6"

Jr. DeStefani	Cent	4'8
Jr. Bull	Con	4'8
Jr. Lambert	Mem	4'8
Fr. Sluskonis	Nash	4'8
So. Schultz	Winn	4'10
Jr. Carignan	Mem	4'10
Sr. Ross	Port	4'10
So. Kinsman	Con	5'0
Sr. Trickett	Sal	5'0
Jr. Moore	Nash	5'0
Sr. Spofford	Pink	5'2
Fr. Poulin	OR	5'2

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

SHOT PUT

STATE RECORD: 42'½ Cathy Ross Portsmouth 1983  
1984 WINNER: 33'7 3/4 Linda Murray Sanborn

3 throws per competitor - Top 7 advance to finals for 3 additional throws

Sr. Kinhart	Pink	29'8
Jr. Gillespie	Pink	29'9½
Sr. Gamester	Port	30'1
So. LaFrance	Nash	31'2 3/4
Sr. McKillip	Nash	31'6
Sr. Garceau	Cent	37'11½
Sr. Campbell	Sal	38'6½

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

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3000 METER RUN

STATE RECORD: 10:32.4 Dominique St. Pierre Kennett 1984  
1984 WINNER: 10:32.4 Dominique St. Pierre Kennett

2 Heats - Winner determined on time

HEAT #1

Sr. Howard	Nash	11:34.6
Jr. Jenkins	Alv	11:37.1
Fr. Bernier	Nash	11:38.0
Fr. Hartsock	Lond	11:38.8
Jr. LaRocca	West	11:39.4
Sr. Boyle	SP	11:39.4
Sr. Levesque	Nash	11:44.0
Sr. Downing	Pink	11:45.0
Fr. Caruso	Sal	11:49.6

HEAT #2

So. Smith	Cent	10:43.9
Sr. Boulanger	Cent	10:46.1
Fr. Higgins	Con	10:47.9
Sr. Krushwitz	Pink	10:50.3
Sr. Riley	Pink	10:51.0
Sr. Caterina	Cent	10:57.1
So. Connolly	Cent	11:12.8
So. Mullavey	Port	11:18.0
Fr. Bouchard	Nash	11:18.2

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### 55 METER HURDLES

STATE RECORD: 8.4 Sandi Walker Portsmouth 1984  
 1984 WINNER: 8.4 Sandi Walker Portsmouth

3 Heats - Top 4 advance to Semi's

2 Semi's - Top 3 advance to Finals

#### HEAT #1

<u>Lane</u>				
1				
2	Jr. Hotchkiss	Lond	9.4	
3	Sr. Gori	Port	8.6	
4	Jr. Labrecque	Nash	9.3	
5	Jr. Smith	Pink	9.6	
6				

#### HEAT #2

<u>Lane</u>				
1				
2	Jr. Heath	Mem	9.6	
3	Sr. Snively	Kear	8.8	
4	Sr. Turgeon	Cent	9.2	
5	Fr. Poulin	OR	9.7	
6	Sr. Kelsey	Sp	9.7	

#### HEAT #3

<u>Lane</u>				
1				
2	Fr. Sluskonis	Nash	9.6	
3	Sr. Trickett	Sal	8.9	
4	Jr. Parenteau	Con	9.2	
5	Sr. Bourque	Cent	9.7	
6	So. Goding	OR	9.7	

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### 55 METER DASH

STATE RECORD: 7.2 Cecilia Kindgren Nashua 1982  
 1984 WINNER: 7.4 Sherri Hughes Pinkerton

4 Heats - Top 3 advance to Semi's

2 Semi's - Top 3 advance to Finals

#### HEAT #1

<u>Lane</u>				
1	Jr. Gillespie	Pink	7.7	
2	Sr. Gori	Port	7.6	
3	Sr. Stone	Cent	7.1	
4	So. Potter	Sal	7.6	
5	Jr. Parenteau	Con	7.7	
6	Jr. Mead	Alv	7.8	

#### HEAT #2

<u>Lane</u>				
1	So. White	Pink	7.8	
2	So. Goding	OR	7.7	
3	Fr. Pearson	West	7.2	
4	Sr. Lefebvre	Cent	7.6	
5	So. Toth	EX	7.7	
6	So. Peahl	Nash	7.8	

#### HEAT #3

<u>Lane</u>				
1	So. Scholes	Ray	7.7	
2	So. Bennett	Cent	7.6	
3	Br. Ross	Port	7.4	
4	So. Janosky	Nash	7.5	
5	Jr. Carignan	Mem	7.7	
6	Sr. Mitchell	Timb	7.8	

#### HEAT #4

<u>Lane</u>				
1	So. Brooks	EX	7.8	
2	So. Ressler	Nash	7.7	
3	Jr. Thibodeau	Con	7.5	
4	Sr. Tilley	Port	7.5	
5	So. Shellehamer	Win	7.7	
6	So. Devine	Dov	7.8	

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

1000 METER RUN

STATE RECORD: 3:05.2 Ellen O'Neil Central 1983  
1984 WINNER: 3:07.1 Katie Walsh West

2 Heats - Winner determined on time

HEAT #1

Jr. Richardson Pink 3:17.0  
Fr. Higgins Con 3:17.1  
So. vanstanvoord West 3:20.3  
Sr. Boyle SP 3:20.6  
8th Finan Port 3:22.0  
So. Pickens Cent 3:22.6

HEAT #2

So. Smith Cent 3:05.3  
Sr. DeRocher Cent 3:09.8  
Sr. Walsh West 3:11.2  
Jr. vandercastelee Sal 3:11.6  
Jr. DeStefani Cent 3:13.4  
So. Arruda Lond 3:15.4  
So. Spacek Nash 3:15.5

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

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600 METER RUN

STATE RECORD: 1:39.8 Nancy Boulanger Central 1984  
1984 WINNER: 1:39.8 Nancy Boulanger Central

4 Heats - Winner determined on time

HEAT #1

Jr. Lamothe Alv 1:30.6  
So. Percoski Nash 1:50.6  
Sr. Gilbert Timb 1:50.7  
Jr. Tobin Cent 1:51.3  
Jr. Mattson Pink 1:51.9  
So. Wydra Timb 1:52.0

HEAT #2

So. McCabe Nash 1:48.0  
So. Labrie Port 1:48.4  
Fr. Coughlin Nash 1:48.6  
So. Wachs West 1:49.5  
Jr. Monahan SP 1:49.6  
Jr. Dickson Cent 1:50.0

HEAT #3

Jr. Daneau Pink 1:46.4  
So. Harnett Timb 1:46.7  
Sr. Lefebvre Cent 1:46.9  
Sr. DeRocher Cent 1:47.5  
Fr. Poulin OR 1:47.8

HEAT #4

Jr. Swakla Nash 1:41.0  
Sr. Caldon Con 1:41.0  
Sr. Boulanger Cent 1:41.3  
Sr. Giordani Lond 1:42.6  
Jr. Sciacca Sal 1:45.2

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### 300 METER DASH

STATE RECORD: 42.6 Sherri Hughes Pinkerton 1982  
 1984 WINNER: 42.9 Robyn Proctor Nashua

6 Heats - Winner determined on time

<u>HEAT #1</u>				<u>HEAT #4</u>			
Jr.	Heath	Mem	45.3	Jr.	Stone	Cent	43.6
So.	White	Pink	45.5	Jr.	Labrecque	Nash	45.7
<u>HEAT #2</u>				<u>HEAT #5</u>			
So.	Janosky	Nash	44.8	Fr.	Pearson	West	43.6
Jr.	Thibodeau	Con	45.5	So.	Bennett	Cent	45.7
<u>HEAT #3</u>				<u>HEAT #6</u>			
Sr.	Ross	Port	44.6	Fr.	Vendetti	Han	43.1
Sr.	Mitchell	Timb	45.7	So.	Ressler	Nash	46.0

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

### 1500 METER RUN

STATE RECORD: 4:54.4 Mary Broadbent Exeter 1981  
 1984 WINNER: 4:57.0 Katie Walsh West

3 Heats - Winner determined on time

<u>HEAT #1</u>				<u>HEAT #2</u>			
Jr.	Dickson	Cent	5:25.9	Jr.	Caterina	Cent	5:13.7
Sr.	Levesque	NaSH	5:26.0	Sr.	Krushwitz	Pink	5:13.9
So.	Ransom	Dov	5:26.2	So.	Gore	Kern	5:14.0
So.	Vogel	Lond	5:27.3	Sr.	Riley	Pink	5:17.0
Jr.	Jenkins	Alv	5:27.6	So.	Spacek	Nash	5:17.4
Fr.	Caruso	Sal	5:27.8	Sr.	Boyle	SP	5:21.2
Fr.	Bouchard	Nash	5:28.2	Jr.	DeStefani	Cent	5:21.8
So.	Mullavey	Port	5:28.5	So.	Russell	Winn	5:22.5
So.	Tibbetts	Cent	5:29.3	Sr.	Howard	Nash	5:24.9
So.	Gonthier	Winn	5:29.6				
Jr.	Lamothe	Alv	5:30.0	<u>HEAT #3</u>			
				So.	Smith	Cent	4:59.8
				Sr.	Boulangier	Cent	5:02.9
				Sr.	Walsh	West	5:06.4
				Jr.	Swakla	Nash	5:06.7
				Sr.	Livingstone	Kern	5:06.9
				Sr.	Caldon	Con	5:11.1

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_



ONE MILE RELAY

STATE RECORD: 4:11.2 Portsmouth 1981  
1984 WINNER: 4:18.2 Central

Heats determined by score - Winner determined on time

Alvirne	Londonderry	Salem
Central	Nashua	Spaulding
Concord	Oyster River	Timberlane
Dover	Pinkerton	West
Exeter	Portsmouth	Winnacunnet

RESULTS:

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

PREVIOUS STATE CHAMPIONS - TEAM

<u>CLASS L</u>			<u>CLASS I, M &amp; S</u>		
	<u>CHAMPION</u>	<u>RUNNER-UP</u>		<u>CHAMPION</u>	<u>RUNNER-UP</u>
1977	Dover	Portsmouth	1977	Exeter	Stevens
1978	Dover	Portsmouth	1978	Oyster River	Exeter
		1979 Portsmouth		Dover	
		1980 Portsmouth		Oyster River	
		1981 Pinkerton		Nashua	
		1982 Nashua		Central	
		1983 Central		Nashua	
		1984 Central		Nashua	

Alvirne	---
Central	93-1
Concord	28-5 <sup>10</sup>
Exeter	---
Hanover	---
Kearsarge	8-11
Kennett	12-10
Londonderry	13-9
Memorial	2-14
Nashua	35-3
Oyster River	15-8
Pinkerton	28-5 <sup>10</sup>
Portsmouth	40-2
Raymond	---
Salern	23-7
Sanborne	---
Spaulding	---
Timberlane	3-13
West	32-4
Winnicunnet	---
Fall Mt.	6-14

22

Shot Put

1. Campbell, Ruth Sal 37' 1/2"
2. Garcean, Tracey Cent 36' 11 1/2"
3. Clark, Celia Fall Mt. 33' 4 1/2"
4. McKillip, Tracy Nash 32' 7 1/2"
5. Gillespie, Kim PA 32' 6"
6. Gamester, Cheri Ports 30' 5"

3000 meters

1. Boulanger, Nancy Cent 10:41.2
2. Smith, Wendy Cent 10:41.5
3. Kruschwitz, Amy PA 10:42.8 ✓
4. Higgins, Jody Conc 10:52.7
5. Riley, Bridget Pink 11:00.6 ✓
6. Caterina, Sharon Cent 11:35.9

High Jump

1. Poulin, Allison OR 5'2"
2. Spofford, Kim PA 5'2"
3. Moore, Marqia Nash 5'0"
4. Kinsman, Lynn Con 5'0"
5. Carignan, Nicole Mem 4'10"
6. Trickett, Lisa SAL 4'10"

1000 meters

1. Smith, Wendy Cent 3:07.1
2. Walsch, Katie West 3:08.5
3. DeRoche, Mary Ellen Cent 3:11.0
4. DeStefani, Jody Cent 3:12.0
5. Richardson, Peggy PA 3:14.1 ✓
6. Arruda, Sue Lond 3:17.6

Dash

1. Ross, Nicole Ports 107.3
2. Pearson, Kelly West 107.5
3. Janosky, Kristen Nash 107.6
4. Stone, Chris Cent 107.6
5. Gori, Beth Ports 107.8
6. Tilley, Diana Ports 107.8

Long Jump

1. Gori, Beth Ports 17'0"
2. Janosky, Chris Nash 16' 11 3/4"
3. Arruda, Sue Lond 16' 2 1/2"

4. LaBreaque, Lisa Nash 15' 8 1/2"
5. Shellekner, Christi Wiam 15' 7 1/2"
6. Bessler, Cathy Nash 15' 6 1/2"

600 meters

1. Boulanger, Nancy Cent 1:38.7
2. Caddon, Amanda Conc 1:39.6
3. Giordani, Stephanie Lond 1:41.7
4. Poulin, Alison OR 1:43.1
5. Harnett, Wendy Timb 1:43.8
6. Sciacca, April Sal 1:44.7

1 Mile Relay

1. Central 4:21.3
2. Pinkerton 4:23.7
3. Concord 4:25.1
4. Salem 4:26.7
5. Nashua 4:28.8
6. Timberlake 4:36.4

55 Hurdles

1. Gori, Beth Ports 1:08.7
2. Snively, Norma Kear 1:08.9
3. Trickett, Lisa Sal 1:09.1
4. Parenteau, Ann Conc 1:09.4
5. Turgeon, Elaine Cent 1:09.4
6. Poulin, Alison OR 1:09.6

300 Dash

1. Pearson, Kelly West 1:43.9
2. Stone, Chris Cent 1:44.0
3. Ross, Nicole Ports 1:44.4
4. Janosky, Chris Nash 1:44.7
5. Bennett, Cynthia Cent 1:44.9
6. Thibodeau, Ann Conc 1:45.0

1500 meters

1. Livingstone, Theresa Kenn 3:00.0
2. Boulanger, Nancy Cent 3:01.9
3. Walsch, Katie West 3:02.1
4. Smith, Wendy Cent 3:02.9
5. Gore, Stephanie Kenn 3:05.3
6. Caddon, Amanda Conc 3:08.8

Girls Winter Track State Meet

1985

600 meters

- 1. Boulanger, Nancy Cent 1:38.7
- 2. Caldron, Amanda Conc 1:39.6
- 3. Gagnon, Stephanie Lond 1:41.7
- 4. Poulton, Alison DR 1:43.1
- 5. Hornett, Wendy Timb 1:43.8
- 6. Sciaccia, April Sal 1:44.7

1 Mile Relay

- 1. Centrad 4:21.3
- 2. Pinkerton 4:25.1 ✓
- 3. Concord 4:27.1
- 4. Salem 4:28.7
- 5. Nashua 4:28.8
- 6. Timberlane 4:36.4

55 Hurdles

- 1. Gori, Beth Ports 1:08.7
- 2. Snively, Elaine Kear 1:08.9
- 3. Trickett, Lisa Sal 1:09.1
- 4. Parenteau, Ann Conc 1:09.4
- 5. Turgeon, Elaine Cent 1:09.4
- 6. Poulton, Alison DR 1:09.6

300 Dash

- 1. Pearson, Kelly West 1:43.9
- 2. Stone, Chris Cent 1:44.0
- 3. Ross, Nicole Ports 1:44.4
- 4. Janosky, Chris Nash 1:44.7
- 5. Bennett, Cynthia Cent 1:44.9
- 6. Thibodeau, Ann Conc 1:45.0

1500 meters

- 1. Livingstone, Theresa Kenn 5:00.0
- 2. Boulanger, Nancy Cent 5:01.9
- 3. Walsch, Katie West 5:02.1
- 4. Smith, Wendy Cent 5:02.9
- 5. Gore, Stephanie Kenn 5:05.3
- 6. Caldron, Amanda Conc 5:08.8