

	Overall	Senior	Junior	Sophomore	Freshman
LJ	Bree Robinson 18'-3.25" 1/27/2007	Bree Robinson 18'-2.50" 2/29/2008	Bree Robinson 18'-3.25" 1/27/2007	Michaela Blackwell 16'-11.25" 1/27/2013	Christina Bergeron 15'-8.50" 1999
	Alexis Souhlaris 17'-9.75" 2/4/2006	Alexis Souhlaris 17'-9.75" 2/4/2006	Sherri Hughes 17'-3.00" 1/21/1983	Alexis Souhlaris 16'-8.75" 2/7/2004	Alexis Souhlaris 15'-4.50" 2/1/2003
	Sherri Hughes 17'-3.00" 1/21/1983	Kiah Quarles 17'-2.25" 2/7/2004	Michaela Blackwell 16'-11.00" 1/26/2014	Megan Richardson 16'-6.50" 2/7/1997	Hailey Laskiewicz 15'-4.00" 2/3/2019
	Kiah Quarles 17'-2.25" 2/7/2004				Jenelle Daniels 15'-4.00" 1/19/2002
	Eva Roberts 17'-0.25" 2/11/2024				
HJ	Jordan Wheaton 5'-6.00" 1/26/2023	Jordan Wheaton 5'-6.00" 1/26/2023	Jordan Wheaton 5'-2.00" 12/19/2021	Emily Lesbert 5'-4.00" 1/20/2018	Taylor Nastasi 5'-0.00" 1/14/2024
	Emily Lesbert 5'-4.00" 1/20/2018	Emily Lesbert 5'-4.00" 1/26/2020	Bethany Lebossier 5'-2.00" 1/2/2011	Nicki Pelletier 5'-2.00" 12/28/1996	Jordan Wheaton 5'-0.00" 12/14/2020
	Bethany Lebossier 5'-2.00" 1/2/2011	Nicki Pelletier 5'-2.00" 12/17/1998	Nicki Pelletier 5'-2.00" 1/3/1998	Kim Spofford 5'-2.00" 2/4/1983	Merissa Zdunko 5'-0.00" 1/31/2004
	Nicki Pelletier 5'-2.00" 12/28/1996	Jen Kotce 5'-2.00" 2/9/1990	Abby Willets 5'-2.00" 2/2/1996	Caryn Pepin 5'-0.00" 12/16/2006	Nicki Pelletier 5'-0.00" 1/4/1996
	Abby Willets 5'-2.00" 2/2/1996	Leah White 5'-2.00" 1/22/1987		Bethany Lebossier 5'-0.00" 1/16/2010	
	Jen Kotce 5'-2.00" 2/9/1990	Kim Spofford 5'-2.00" 1/25/1985			
	Leah White 5'-2.00" 1/22/1987				
	Kim Spofford 5'-2.00" 2/4/1983				
Shotput	Tiffany Dowden 37'-0.25" 2/9/2001	Tiffany Dowden 37'-0.25" 2/9/2001	Briana Danis 36'-9.00" 2/11/2022	Kayla Watson 34'-9.25" 12/29/2012	Briana Danis 33'-0.50" 1/26/2020
	Briana Davis 36'-9.00" 2/11/2022	Briana Danis 36'-0.00" 1/10/2023	Tiffany Dowden 36'-7.00" 2/11/2000	Tiffany Dowden 34'-4.00" 2/12/1999	Tiffany Dowden 29'-10.50" 2/7/1998
	Kayla Watson 36'-1.00" 1/11/2014	Katy Ebner 34'-9.00" 2/13/2011	Kayla Watson 36'-1.00" 1/11/2014	Cheryl Donnell 31'-3.50" 1/17/1997	Katy Ebner 29'-3.00" 12/15/2007
	Katy Ebner 34'-9.00" 2/13/2011				
Jameson Trask 33'-5.25" 1/18/2024					
Relay Records					
4x160m	E. Roberts, N. Brayall, H. Sippel, J. Wheaton 1:26.66 1/28/2023		4x400m A. Graves, M. Virga, N. Alves, B. Johnson 4:07.77 2/5/2017		
	M. Ronaghan, K. Quarles, S. Bakanosky, J. Sherry 1:26.9h 2003		M. Graves, M. Robidoux, M. O'Brien, A. Graves 4:08.48 3/2/2019		
	?, ?, A. Souhlaris?, K. Quarles 1:27.5h 1/31/2004		M. Houghton, Kaitlin Kwiecien, E. McCune, D. Shea 4:11.08 2/3/2007		
	E. Roberts, A. Sprague, N. Brayall, C. McNulty 1:27.81 1/28/2024		M. Graves, M. Robidoux, M. O'Brien, A. Graves 4:12.86 2/3/2019		
2007 1:27.6h 1/27/2007		I. Groulx, P. Knowlton, I. Sippel, H. Sippel 4:13.23 3/2/2024			
4x200m	A. George, C. McNulty, I. Sippel, N. Brayall 1:47.78 1/12/2025		4x800m S. Rzasa, P. Knowlton, I. Groulx, T. Silva 9:27.27 3/2/2024 NH State Record		
	E. Roberts, A. Sprague, N. Brayall, H. Sippel 1:48.40 2/11/2024		S. Rzasa, P. Knowlton, I. Groulx, T. Silva 9:40.69 2/3/2024		
	E. Roberts, A. Sprague, N. Brayall, H. Sippel 1:48.98 1/13/2024		O. Welch, M. McGaffigan, M. Preble, M. Graves 9:45.31 2/29/2020		
	E. Roberts, A. Sprague, N. Brayall, H. Sippel 1:49.40 12/27/2023		S. Rzasa, G. Beddard, P. Knowlton, I. Groulx 9:47.34 2/11/2024		
	J. Doherty, D. Cole, A. Maylor, C. Sennott 1:49.51 2/7/2010		S. Rzasa, P. Knowlton, I. Groulx, T. Silva 9:47.43 1/13/2024		
DMR	K. Macomber, L. Stokinger, B. Pomerleau, C. Hende 12:39.3h 1/28/2000				
	S. Pelarske, L. Stokinger, B. Pomerleau, J. Jill 12:54.2h 1/30/1999				
	2007 13:01.47 1/6/2007				
	2001 13:04.4h 1/5/2001				
S. Pelarske, L. Stokinger, B. Pomerleau, J. Jill 13:19.7h 1/30/1998					
			Electronic times are to .01 and hand times are to 0.1 with an "h". To convert, subtract 0.24s from electronic and round up to the tenth to get hand time.		
			If both hand/elec. listed, athlete ran both in separate races.		
			Corrections? Additions? Please contact Matt at mworster@paxtrack.com or look me up on the team facebook page		
Compiled 18 January 2025					

	Overall			Senior	Junior	Sophomore	Freshman	
1 Mile	Britney Johnson	5:16.71	1/9/2016		60m Eva Roberts	8.13	2/18/2024	
	Ariel Vaillancourt	5:18.54	1/11/2014					
	Beth Latham	5:18.3h	2/20/1982	former school record	200m Nora Brayall	27.23	1/11/2025	
	Karyn Tomaini	5:20.9h	2/21/1981	former school record	Eva Roberts	27.28	2/18/2024	
	Cindy Collins	5:25.2h	2/1/1980	former school record	Bella Sippel	27.44	1/11/2025	
2 Mile	Morgan Sansing	10:55.50	2/27/2015		400m Sherri Hughes	1:01.0	1/8/1983	
	Tess Silva	11:18.18	3/2/2024					
	Cindy Collins	11:19.5h	2/8/1980	former school record	800m Brittney Johnson	2:20.22	2/21/2016	
	Amy Kruschwitz	11:25.5h	3/3/1985					
	Meghan Cross	11:31.36	1/12/2019		Weight Throw Jameson Trask	27'-4.00"	1/11/2025	
Karyn Tomaini	11:32.7h	1/25/1980						
60y	Sherri Hughes	7.2h	2/21/1981					
300y	Cheryl Chadwick	38.9h	2/21/1981					
	Sherri Hughes	39.5h	2/21/1981					
600y	Beth Latham	1:32.4h	2/9/1980					
	Ann Grimard	1:36.6h	2/18/1978	former school record				
1000y	Lynn Wentworth	2:50.2h	1/16/1980					
	Heather Langton	2:53.0h	1/15/1982					
	Sharon Ahern	2:53.4h	2/23/1980					