

55m

1	Bree Robinson	2/3/2008	7.32
2	Eva Roberts	2/11/2024	7.41
3	Abbey Smith	2/5/2012	7.42
4	Nora Brayall	1/25/2025	7.43
5	Sherri Hughes	4/1/1982	7.2h
6	Alexis Souhlaris	2/4/2006	7.52
6	Jordan Doherty	2/7/2010	7.52
6	Maggie Barrie	2/5/2012	7.52
9	Hannah Sippel	2/4/2023	7.54
9	Megan Richardson	1/17/1997	7.3h

High Jump

1	Jordan Wheaton	1/26/2023	5' - 6"
2	Emily Lesburt	1/21/2018	5' - 4"
3	Beth Labossier	1/2/2011	5' - 2"
3	Abby Willets	2/2/1996	5' - 2"
3	Nicki Pelletier	12/28/1996	5' - 2"
3	Jen Kotce	2/9/1990	5' - 2"
3	Leah White	1/22/1987	5' - 2"
3	Kim Spofford	2/4/1983	5' - 2"
9	Taylor Nastasi	1/14/2024	5' - 0"
9	Michaela Blackwell	1/19/2014	5' - 0"
9	Caryn Pepin	12/16/2006	5' - 0"
9	Merissa Zdunko	1/31/2004	5' - 0"
9	Jenn Furstenu	1/15/2000	5' - 0"
9	Jenn Kooken	2/9/2001	5' - 0"

55m HH

1	Jordan Wheaton	2/4/2023	8.37
2	Kiah Quarles	2/7/2004	8.46
2	Sherri Hughes	1983	8.3h
4	Maria Virga	2/5/2017	8.60
5	Abbey Smith	2/5/2012	8.67
5	Brittany Cole	2/3/2007	8.78
7	Seren Laponius	2/14/2003	8.78
8	Rylee Robinson	1/25/2025	9.06
9	Lindsey Bulkley	2/9/2001	9.08
9	Caroline Sennott	2/7/2010	9.10

Long Jump

1	Bree Robinson	1/27/2007	18' - 3.25"
2	Alexis Souhlaris	2/4/2006	17' - 9.75"
3	Kiah Quarles	2/27/2004	17' - 4.75"
4	Sherri Hughes	1/21/1983	17' - 3.00"
5	Eva Roberts	2/11/2024	17' - 0.25"
6	Michaela Blackwell	1/27/2013	16' - 11.25"
7	Monica Ronaghan	2/27/2004	16' - 10.50"
8	Megan Richardson	1/16/1998	16' - 9.75"
9	Aeriela Thornton	1/31/2015	16' - 5.00"
10	Alexis Maylor	2/8/2009	16' - 4.25"

300m

1	Amelia Graves	2/5/2017	41.73
2	Hannah Sippel	1/13/2024	41.80
3	Maria Virga	2/5/2017	41.91
4	Maggie Barrie	1/29/2012	42.10
5	Bree Robinson	12/22/2007	42.77
6	Sherri Hughes	1982	42.6h
7	Alexis Souhlaris	2/4/2006	42.84
8	Madison Connors	1/16/2022	42.94
9	Kaitlin Kwiecien	1/22/2006	43.2h
10	Cheryl Chadwick	2/6/1981	43.3h

Shot Put

1	Tiffany Dowden	2/9/2001	37' - 0.25"
2	Briana Danis	2/11/2022	36' - 9.00"
3	Kayla Watson	1/11/2014	36' - 1.00"
4	Katy Ebner	2/13/2011	34' - 9.00"
5	Shelly McIntyre	1/11/1978	33' - 8.00"
6	Jameson Trask	1/18/2024	33' - 5.25"
7	Melissa Henrick	2/9/2001	33' - 3.00"
8	Cheryl Donnell	2/12/1999	33' - 1.00"
9	Adrianna Buccieri	2/9/2020	33' - 0.75"
10	Kim Gillespie	1986	32' - 9.00"

600m

1	Kaitlin Kwiecien	2/3/2007	1:37.67
2	Britney Johnson	1/15/2017	1:38.8h
3	Beth Labossier	2/13/2011	1:39.18
4	Jacqui Wyka	2/2/2014	1:39.79
5	Sarah Rzasa	1/12/2025	1:39.88
6	Macy Graves	2/1/2020	1:40.63
7	Kailee Kwiecien	2/5/2012	1:41.68
8	Beth Pomerleau	1/15/2000	1:42.04
9	Meredith Houghton	2/6/2005	1:42.70
10	Nicole Blake	2/11/2024	1:42.78

1500m

1	Britney Johnson	1/22/2017	4:42.0h
2	Chelsea Henderson	2/5/2000	4:50.3h
3	Ariel Vaillancourt	12/21/2013	4:51.97
4	Morgan Sansing	2/21/2015	4:54.54
5	Liz Stokinger	12/23/2000	4:54.5h
6	Kate Burakowski	2/2/1996	4:54.80
7	Ashley Morgenstern	2/6/2005	4:55.10
8	Sarah Pelarske	1/23/1999	4:55.9h
9	Izzy Groulx	1/6/2024	4:56.26
10	Tess Silva	1/6/2024	4:56.72

1000m

1	Britney Johnson	1/31/2016	2:59.29
2	Izzy Groulx	1/13/2024	3:03.75
3	Tess Silva	1/13/2024	3:04.17
4	Beth Pomerleau	2/5/2000	3:05.0h
5	Sarah Pelarske	2/6/1999	3:05.1h
6	Jordan Vaillancourt	2/7/2016	3:05.40
7	Chelsea Henderson	1/21/2000	3:06.6h
7	Kristen Rackley	2/10/1989	3:06.6h
9	Ariel Vaillancourt	1/26/2014	3:07.89
10	Mariesa Preble	2/1/2020	3:09.25

3000m

1	Morgan Sansing	2/21/2015	10:13.54
2	Tess Silva	2/11/2024	10:26.22
3	Ariel Vaillancourt	12/28/2013	10:28.0h
4	Ashley Morgenstern	2/6/2005	10:33.57
5	Meghan Cross	2/3/2019	10:34.33
6	Liz Stokinger	2/11/2000	10:34.77
7	Maison D'Amelio	2/7/2016	10:42.81
8	Amy Kruschwitz	2/2/1985	10:42.8h
9	Britney Johnson	12/30/2016	10:43.3h
10	Aryon Trujillo	2/3/2007	10:45.36

1 Mile

1	Britney Johnson	3/4/2017	5:04.04
2	Ariel Vaillancourt	1/11/2014	5:18.54
3	Cindy Collins	2/11/1978	5:19.0h
4	Karyn Tomaini	2/21/1981	5:20.9h
5	Beth Latham	2/21/1981	5:21.9h
6	Aryon Trujillo	1/6/2007	5:26.52
7	Jordan Vaillancourt	1/7/2017	5:27.01
8	Liz Stokinger	1/8/2000	5:29.7h
9	Morgan Sansing	1/11/2014	5:29.72
10	Lynn Wentworth	1980	5:30.6h

2 Mile

1	Morgan Sansing	2/27/2015	10:55.50
2	Cindy Collins	2/8/1980	11:18.0h
3	Amy Kruschwitz	3/3/1985	11:25.5h
4	Meghan Cross	1/12/2019	11:31.36
5	Karen Tomaini	1/25/1980	11:32.7h
6	Bridget Riley	1/13/1984	11:40.9h
7	Sookie Folsom	1/12/2025	11:41.51
8	Ashley Morgenstern	1/7/2006	11:42.84
9	Beth Latham	2/21/1981	11:47.9h
10	Ariel Vaillancourt	3/1/2014	11:54.68